

main pool schedule



Free to Members
Dec. 1 - 7, 2024

Pool schedule subject to change as needed.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
POOL HOURS: 8:00 am - 5:45 pm	POOL HOURS: 6:00 am - 8:45 pm	POOL HOURS: 6:00 am - 8:45 pm	POOL HOURS: 6:00 am - 8:45 pm	POOL HOURS: 6:00 am - 8:45 pm	POOL HOURS: 6:00 am - 8:45 pm	POOL HOURS: 8:00 am - 5:45 pm
8:00 - 11:30 am Laps (6) Adult 18 and Over Swim at Your Own Risk	6:00 - 9:00 am Laps (6) Adult 18 and Over Swim at Your Own Risk	6:00 - 9:00 am Laps (6) Adult 18 and Over Swim at Your Own Risk	6:00 - 9:00 am Laps (6) Adult 18 and Over Swim at Your Own Risk	6:00 - 9:00 am Laps (6) Adult 18 and Over Swim at Your Own Risk	6:00 - 9:00 am Laps (6) Adult 18 and Over Swim at Your Own Risk	8:00 - 11:30 am Laps (6) Adult 18 and Over Swim at Your Own Risk
11:30 - 2:15 pm Laps (4). Open (2)	9:00 - 10:00 am Laps (2). Aquarobics (3)	9:00 - 10:00 am Laps (2). Aquapower (3)	9:00 - 10:00 am Laps (2). Aquarobics (3)	9:00 - 10:00 am Laps (2). Aquapower (3)	9:00 - 10:00 am Laps (2). Aquarobics (3)	11:30 - 5:15 pm Laps (4). Open (2)
2:15 - 4:30 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	10:00 am - 11:00 am Laps (4). Open (2)	10:00 am - 11:00 am Laps (4). Open (2)	10:00 am - 11:00 am Laps (4). Open (2)	10:00 am - 11:00 am Laps (4). Open (2)	10:00 am - 11:00 am Laps (4). Open (2)	
4:30 pm - 5:45 pm Laps (6) All Ages Guard on duty	11:00 - 12:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	11:00 - 12:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	11:00 - 12:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	11:00 - 12:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	11:00 - 12:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	
	12:15 - 1:00 pm Laps (2). Aqua HIIT (3)	12:15 - 1:15 pm Laps (2). Masters (4)	12:15 - 1:00 pm Laps (2). Aqua HIIT (3)	12:15 - 1:15 pm Laps (2). Masters (4)	12:15 - 1:00 pm Laps (2). Aqua HIIT (3)	
	1:00 - 3:15 pm Laps (6) All Ages Guard on duty	1:15 - 3:15 pm Laps (6) All Ages Guard on duty	1:00 - 3:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	1:15 - 3:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	1:00 - 3:15 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	
	3:15 - 4:00 pm Jesuit (5). Laps (1)	3:15 - 4:00 pm Jesuit (5). Laps (1)	3:15 - 4:00 pm Jesuit (5). Laps (1)	3:15 - 4:00 pm Jesuit (5). Laps (1)	3:15 - 5:00 pm Jesuit (5). Laps (1)	
	4:00 - 4:45 pm Jesuit (4). Laps (2)	4:00 - 4:45 pm Jesuit (4). Laps (2)	4:00 - 4:45 pm Jesuit (4). Laps (2)	4:00 - 4:45 pm Jesuit (4). Laps (2)	5:00 - 6:00 pm Stingrays (4). Laps (2)	
	4:45 - 5:15 pm Stingrays (5). Laps (1)	4:45 - 5:15 pm Stingrays (5). Laps (1)	4:45 - 5:15 pm Stingrays (5). Laps (1)	4:45 - 5:15 pm Stingrays (5). Laps (1)	6:00 - 8:45 pm Laps (6) All Ages Guard on duty	
	5:15 - 5:30 pm Stingrays (6)	5:15 - 5:30 pm Stingrays (6)	5:15 - 5:30 pm Stingrays (6)	5:15 - 5:30 pm Stingrays (6)		
	5:30 - 6:45 pm Stingrays (5). Laps (1)	5:30 - 6:45 pm Stingrays (5). Laps (1)	5:30 - 6:45 pm Stingrays (5). Laps (1)	5:30 - 6:45 pm Stingrays (5). Laps (1)		
	6:45 - 7:00 pm Laps (6)	6:45 - 7:00 pm Laps (6)	6:45 - 7:00 pm Laps (6)	6:45 - 7:00 pm Laps (6)		
	7:00 - 8:00 pm Laps (2). Masters (4)	7:00 - 8:00 pm Laps (2). Rentals (4)	7:00 - 8:00 pm Laps (2). Masters (4)	7:00 - 8:00 pm Laps (2). Rentals (4)		
	8:00 - 8:45 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	8:00 - 8:45 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	8:00 - 8:45 pm Laps (6) Adult 18 and Over Swim at Your Own Risk	8:00 - 8:45 pm Laps (6) Adult 18 and Over Swim at Your Own Risk		

(#) = the number in parentheses notes the number of lanes available

* Indicates that there is a fee to participate.

Children age 12 & under must pass our swim test or wear a lifejacket to participate in open swim. Please visit: oregonjcc.org/poolrules for our full supervision policy and pool rules.