


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<b>Available Daily:</b> Main Plate, Grill, Pizza, Salad Bar and Sandwiches					<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
2 <b>Thanksgiving Break</b> <b>NO SCHOOL</b>	3 Beef & Cheese Soft Tacos On WG Tortillas Salsa & Sour Cream on Side  Steak & Cheddar Cheese on WG Flatbread  <b>FEATURED VEGGIE</b> Steamed Corn	4 Chicken Nuggets w/ WG Buttered Noodles  Bacon Cheese Burger on WG Bun  <b>FEATURED VEGGIES</b> Steamed Green Peas	5 Macaroni & Cheese w/ Breadstick (V)  Pepperoni & Cheese on WG Hoagie Bun  <b>FEATURED VEGGIE</b> Steamed Green Beans	6 WG Pepperoni Roll w/ Pizza Dipping Sauce  Turkey, Bacon & Cheese on WG Pretzel Bun  <b>FEATURED VEGGIE</b> Steamed Broccoli	
<b>Available Daily:</b> Main Plate, Grill, Pizza, Salad Bar and Sandwiches					<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
9 WG Potato & Cheddar Pierogi w/ WG Roll (V)  Meatball Hoagie on WG Bun  <b>FEATURED VEGGIE</b> Steamed Carrots	10 Walking Taco Beef & Cheese w/ WG Nacho Cheese Doritos Salsa & Sour Cream on Side  Ham & Cheese on WG Croissant  <b>FEATURED VEGGIE</b> Steamed Corn	11 General Tso's Chicken w/ Brown Rice  Steak & Cheese Hoagie on WG Bun  <b>FEATURED VEGGIE</b> Steamed Broccoli	12 Penne Pasta w/ Breadstick Meat or Marinara Sauce  Chicken Parmesan Sandwich on WG Bun  <b>FEATURED VEGGIE</b> Steamed Green Beans	13 WG Cheese Pizza Sticks w/ Pizza Dipping Sauce (V)  BBQ Grilled Chicken on WG Bun  <b>FEATURED VEGGIE</b> Steamed Mixed Vegetables	
<b>Available Daily:</b> Main Plate, Grill, Pizza, Salad Bar and Sandwiches					<b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry  <b>Daily Alternates</b> <b>GRILL</b> Chicken Patty on WG Bun Spicy Chicken Patty on WG Bun Grilled Chicken on WG Bun Cheese Burger on WG Bun Hamburger on WG Bun  <b>PIZZA</b> WG Cheese Pizza (V) WG Pepperoni Pizza  <b>SALAD BAR</b> Made to Order Salad Bar Protein: Crispy Chicken, Grilled Chicken, Tuna or Cheese  <b>SANDWICHES (COLD)</b> WG Uncrustable PBJ (V) WG Crispy Chicken Wrap WG Buffalo Chicken Wrap WG Italian Hoagie
16 WG Mini Corn Dogs BBQ Chicken, Cheddar & Bacon Wrap  <b>FEATURED VEGGIE</b> Baked Beans	17 Chicken & Cheese Soft Tacos On WG Tortillas Salsa & Sour Cream on Side  Turkey & Cheese on WG Pretzel Bun  <b>FEATURED VEGGIE</b> Steamed Corn	18 WG Chicken Tenders w/ WG Rolls  Pizza Burger on WG Bun  <b>FEATURED VEGGIE</b> Steamed Carrots	19 WG Lasagna Roll Up w/ Sauce & WG Breadstick (V)  Italian Hoagie on WG Bun  <b>FEATURED VEGGIE</b> Steamed Green Beans	20 WG Pepperoni Roll w/ Pizza Dipping Sauce  Grilled Chicken & Bacon on WG Bun  <b>FEATURED VEGGIE</b> Steamed Broccoli	
23 <b>Winter Break</b> <b>NO SCHOOL</b>	24 <b>Winter Break</b> <b>NO SCHOOL</b>	25 <b>Winter Break</b> <b>NO SCHOOL</b>	26 <b>Winter Break</b> <b>NO SCHOOL</b>	27 <b>Winter Break</b> <b>NO SCHOOL</b>	
30 <b>Winter Break</b> <b>NO SCHOOL</b>	31 <b>Winter Break</b> <b>NO SCHOOL</b>	<b>NOW HIRING</b> <b>Part Time &amp; Substitute Positions</b>  Email: <a href="mailto:ma1052@metzcorp.com">ma1052@metzcorp.com</a>		Reminder: <b>Breakfast is Free for All Students!</b>  Must Select a Complete Reimbursable Meal	
<b>Your Team</b> Jenna Ossler, General Manager 412.492.6390 <a href="mailto:ma1052@metzcorp.com">ma1052@metzcorp.com</a>			<b>Meal Prices</b> Student Lunch \$2.80 Reduced Lunch \$0.00 Faculty Lunch \$4.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

