

Hampton Township School District
Elementary Breakfast Menu

December 2024



**Meet Your Nutritious Friend:
You "Tuber"**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily	
2 Thanksgiving Break NO SCHOOL	3 Whole Grain Egg & Sausage Bagel Pizza Assorted Cereals or Cereal Bar with Graham Crackers	4 Sausage, Egg & Cheese on WG Croissant Assorted Cereals or Cereal Bar with Graham Crackers	5 Whole Grain Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	6 Whole Grain Mini Waffles Assorted Cereals or Cereal Bar with Graham Crackers	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (Served with <i>Graham Cracker</i>) Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Frosted Flakes, Lucky Charms</p> <p>Whole Grain PopTarts Chocolate, Cinnamon, Strawberry</p> <p>Whole Grain Muffin/ Loaf (Served with <i>Graham Cracker</i>) Blueberry, Chocolate, Chocolate Chip</p> <p>Whole Grain Donuts Blueberry, Chocolate, Glazed, Powdered</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>	
9 Whole Grain Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	10 Whole Grain Sausage Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	11 Whole Grain Sausage Pancake on Stick Assorted Cereals or Cereal Bar with Graham Crackers	12 Whole Grain Soft Filled Cinnamon Toast Crunch Assorted Cereals or Cereal Bar with Graham Crackers	13 Whole Grain Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers		
16 Whole Grain Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	17 Whole Grain Egg & Sausage Bagel Pizza Assorted Cereals or Cereal Bar with Graham Crackers	18 Sausage, Egg & Cheese on WG Croissant Assorted Cereals or Cereal Bar with Graham Crackers	19 Whole Grain Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	20 Whole Grain Mini Waffles Assorted Cereals or Cereal Bar with Graham Crackers		
23 Winter Break NO SCHOOL	24 Winter Break NO SCHOOL	25 Winter Break NO SCHOOL	26 Winter Break NO SCHOOL	27 Winter Break NO SCHOOL		
30 Winter Break NO SCHOOL	31 Winter Break NO SCHOOL	<p>NOW HIRING Part Time & Substitute Positions</p> <p>Email: ma1052@metzcorp.com</p>				<p>Reminder: Breakfast is Free for All Students!</p> <p>Must Select a Complete Reimbursable Meal</p>

Your Team
Jenna Ossler, General Manager
412.492.6390
ma1052@metzcorp.com

Meal Prices
Student Breakfast \$0.00
Reduced Breakfast \$0.00
Faculty Breakfast \$2.50



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.