

Kings Canyon USD
MIDDLE SCHOOL LUNCH
MIDDLE SCHOOL MENU
LUNCH MENU
DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 2 Beef/Cheese Taco Stick DELI SANDWICH CHINESE CHIX SALAD CARROT STICKS GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 3 CHICKEN,OVEN FRIED Bean/Cheese Burrito SOUTHWEST SALAD Mashed Potatoes/Gravy Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 4 Teriyaki Beef Dunkers 6- WGR Grilled Cheese SALAD CHICKEN CAESAR Harvest Salad Stir Fry Veggie Blend Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 5 WGR Beef Rib Q WGR Chicken Strips Chicken Fajita Salad Steamed Broccoli Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 6 Stuffed Pizza Pocket Spicy Chix Strip Salad Harvest Salad POTATO WEDGES 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Dec - 9 Cheezy Bites 6-12 WGR Hot Dog CHINESE CHIX SALAD CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 10 Chicken & Gravy Beef/Cheese Taco Stick Harvest Salad Taco Salad GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 11 Chicken Burger WGR Corn Dog Spicy Chix Strip Salad Harvest Salad POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 12 Beef Tamale Chicken Smackers SALAD CHICKEN CAESAR BAKED BEANS Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 13 WGR French Bread Pizza SOUTHWEST SALAD Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Dec - 16 Bean & Cheese Tostada Smokey's Cheeseburger Taco Salad CARROTEENIES Sweet Corn 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Dec - 17 MEATLOAF & MASHERS Cheeseburger Buddies CHINESE CHIX SALAD Harvest Salad BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety* Assorted Condiments	Dec - 18 Chili Cheese Burrito WGR Chicken Strips Spicy Chix Strip Salad Vegetable Medley Harvest Salad RAISINS MILK - Variety* Assorted Condiments	Dec - 19 Beef Tamale Turkey and Gravy SOUTHWEST SALAD Harvest Salad CARROTEENIES Salad, Fruit, Ambrosia MILK - Variety* Assorted Condiments	Dec - 20 WGR Pizza Wedge SALAD CHICKEN CAESAR Harvest Salad POTATO WEDGES Fruit Cup, Variety MILK - Variety* Assorted Condiments
Dec - 23 NO SCHOOL TODAY	Dec - 24 NO SCHOOL TODAY	Dec - 25 HOLIDAY	Dec - 26 HOLIDAY	Dec - 27 NO SCHOOL TODAY
Dec - 30 NO SCHOOL TODAY	Dec - 31 NO SCHOOL TODAY			

This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.