







Gompers Menu

December 2024



ITEMS OF THE MONTH:
**ORGANIC TANGERINES
AND RAINBOW CARROTS**

Key

-  **House-Made**
-  **Vegetarian Entrees**
-  **Vegan Entrees**
All fruits, fresh vegetables, & cereals are vegan.
-  **Contains Pork**
-  **All grains are whole-grain rich**
Except cinnamon roll
-  **New Item**

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON	TUE	WED	THU	FRI
BREAKFAST 2 Cinnamon Waffle  Yogurt with Granola  LUNCH Bean Burrito  Chicken Sandwich	BREAKFAST 3 Bagel w/Cream Cheese Yogurt with Granola  LUNCH Pancakes & Sausage  Chicken Drumstick & Waffle	BREAKFAST 4 Egg, Cheese, & Turkey Ham Croissant Sandwich  Yogurt with Granola  LUNCH Pepperoni Pizza BBQ Turkey Mac & Cheese 	BREAKFAST 5 Cinnamon Crumb Cake  Yogurt with Granola  LUNCH Chili Cheese Nachos  Orange Chicken w/Rice 	BREAKFAST 6 Breakfast Bar  Yogurt with Granola  LUNCH Cheese Pizza  Grilled Cheese Sandwich 
BREAKFAST 9 Egg, Cheese, & Turkey Sausage Breakfast Burrito Yogurt with Granola  LUNCH Corn Dog Quesadilla  Chocolate Chip Cookie 	BREAKFAST 10 Pan Dulce Concha  Yogurt with Granola  LUNCH Kickin' Tenders w/Rolls  Chicken Sliders	BREAKFAST 11 House-Baked Cinnamon Roll  Yogurt with Granola  LUNCH Cheeseburger Chickpea Butter & Jelly (CB&J) Sandwich 	BREAKFAST 12 Egg, Cheese, & Turkey Ham Croissant Sandwich  Yogurt with Granola  LUNCH Grilled Cheese Sandwich  Boneless Chicken Wings & Waffle <i>Farm to School Organic Tangerines</i>	BREAKFAST 13 Mini Maple Pancakes  Yogurt with Granola  LUNCH Chicken Sandwich Pepperoni Pizza
BREAKFAST 16 Pizza Stick  Yogurt with Granola  LUNCH Beef & Bean Burrito Orange Chicken w/Rice 	BREAKFAST 17 Breakfast Bites  Yogurt with Granola  LUNCH Hamburger Macaroni & Cheese 	BREAKFAST 18 Egg, Cheese, & Turkey Ham Croissant Sandwich  Yogurt with Granola  LUNCH Pancakes & Sausage  Teriyaki Meatballs w/Rice & Roll 	BREAKFAST 19 Cinnamon Crumb Cake  Yogurt with Granola  LUNCH Chili Cheese Nachos  Chicken Drumstick & Waffle <i>Farm to School Rainbow Carrots</i>	BREAKFAST 20 Muffin  Yogurt with Granola  LUNCH Cheese Pizza  Chicken Stars w/Waffle 
23	24	25	26	27
WINTER RECESS				
30	31	OFFERED DAILY BREAKFAST: <ul style="list-style-type: none"> • Whole Grain Cereals  • Yogurt with Granola  • String Cheese  • 100% Fruit Juice  • Low-Fat White Milk  • Nonfat Chocolate Milk  	OFFERED DAILY LUNCH: <ul style="list-style-type: none"> • Fruits & Vegetables  • Salads  • Sandwiches  • Yogurt with Granola  • 100% Fruit Juice  • Low-Fat White Milk  • Nonfat Chocolate Milk  	
WINTER RECESS				