

Avalon Menu

December 2024

Farm to School



ITEMS OF THE MONTH:
**ORGANIC TANGERINES
AND RAINBOW CARROTS**

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich

Except cinnamon roll



New Item

MON	TUE	WED	THU	FRI
<p>BREAKFAST 2</p> <p>Cinnamon Waffle Pizza Bagel</p> <p>LUNCH</p> <p>Orange Chicken w/Rice BBQ Turkey Sliders Grades 6-12 only: Beef & Bean Burrito</p>	<p>BREAKFAST 3</p> <p>Breakfast Bites Egg, Cheese & Sausage Croissant Sandwich</p> <p>LUNCH</p> <p>Bean & Cheese Pupusa Hot Dog Grades 6-12 only: Buffalo BBQ Chicken Sandwich</p>	<p>BREAKFAST 4</p> <p>House-Baked Cinnamon Roll Mini Maple Pancakes</p> <p>LUNCH</p> <p>Chickpea Butter & Jelly (CB&J) Sandwich Meatball Sub Sandwich Grades 6-12 only: Thai Sweet Chili Chicken w/Rice</p>	<p>BREAKFAST 5</p> <p>Pan Dulce Concha PB&J Sandwich</p> <p>LUNCH</p> <p>Cheesy Garlic Bread w/Marinara BBQ Turkey Mac & Cheese Grades 6-12 only: Cheeseburger/Hamburger</p>	<p>BREAKFAST 6</p> <p>House-Baked Cinnamon Roll Egg & Cheese Biscuit Sandwich</p> <p>LUNCH</p> <p>Spicy Bean Nachos Chili Cheese Dog Grades 6-12 only: Chicken and Waffle</p>
<p>BREAKFAST 9</p> <p>French Toast Sticks w/Fruit Dip Breakfast Bar</p> <p>LUNCH</p> <p>Grilled Cheese Sandwich Boneless Wings w/Cornbread Grades 6-12 only: Chicken Tamale w/Spicy Beans</p>	<p>BREAKFAST 10</p> <p>Muffin Egg & Cheese Bites</p> <p>LUNCH</p> <p>Peach Yogurt Parfait Pancakes & Sausage Grades 6-12 only: Chicken w/Biscuit</p>	<p>BREAKFAST 11</p> <p>House-Baked Cinnamon Roll Pizza Stick</p> <p>LUNCH</p> <p>Quesadilla Beef Tacos Grades 6-12 only: Kung Pao Chicken w/Rice</p>	<p>BREAKFAST 12</p> <p>Cinnamon Crumb Cake Egg, Cheese, & Turkey Sausage Breakfast Burrito</p> <p>LUNCH</p> <p>Chicken & Veggie Chow Mein Corn Dog Farm to School Organic Tangerines Grades 6-12 only: Buffalo Chicken Mac & Cheese</p>	<p>BREAKFAST 13</p> <p>House-Baked Cinnamon Roll Chicken Biscuit Sandwich</p> <p>LUNCH</p> <p>Chili Cheese Nachos Spaghetti w/Meatballs Grades 6-12 only: Bean & Cheese Burrito</p>
<p>BREAKFAST 16</p> <p>Blueberry Waffle Pizza Bagel</p> <p>LUNCH</p> <p>Orange Chicken w/Rice Bean Burrito Grades 6-12 only: Buffalo BBQ Chicken Sliders</p>	<p>BREAKFAST 17</p> <p>Breakfast Bites Egg, Cheese, & Sausage Croissant Sandwich</p> <p>LUNCH</p> <p>Chicken & Cheese Taquitos w/Guacamole Hot Dog Grades 6-12 only: PB&J Sandwich</p>	<p>BREAKFAST 18</p> <p>House-Baked Cinnamon Roll Mini Maple Pancakes</p> <p>LUNCH</p> <p>Macaroni & Cheese Chicken Tenders Grades 6-12 only: Meatball Sub Sandwich</p>	<p>BREAKFAST 19</p> <p>Pan Dulce Concha PB&J Sandwich</p> <p>LUNCH</p> <p>Cheesy Breadsticks w/Marinara Cheeseburger/Hamburger Farm to School Rainbow Carrots Grades 6-12 only: Teriyaki Chicken w/Rice</p>	<p>BREAKFAST 20</p> <p>House-Baked Cinnamon Roll Egg & Cheese Biscuit Sandwich</p> <p>LUNCH</p> <p>Spicy Bean Nachos Chicken Stars and Waffle Grades 6-12 only: Bacon Chicken Ranch Wrap</p>
23	24	25	26	27
WINTER RECESS				
30	31	OFFERED DAILY	OFFERED DAILY	
WINTER RECESS		<p>BREAKFAST:</p> <ul style="list-style-type: none"> Fruit Whole Grain Cereals Yogurt with Granola String Cheese 100% Fruit Juice Low-Fat White Milk Nonfat Chocolate Milk 	<p>LUNCH:</p> <ul style="list-style-type: none"> Yogurt with Granola Low-Fat White Milk Nonfat Chocolate Milk Fruits & Vegetables <p>Grades 6-12 only: • 100% Fruit Juice</p>	

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.

