Avalon Menu

December 2024



ITEMS OF THE MONTH: **ORGANIC TANGERINES** AND RAINBOW CARROTS

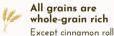


House-Made



Vegan Entrees All fruits, fresh vegetables, & cereals are vegan.

Contains Pork



New Item

*MENUS ARE SUBJECT TO CHANGE



Scan QR code for more menu information.





BREAKFAST Cinnamon Waffle Pizza Bagel LUNCH Orange Chicken w/Rice BBQ Turkey Sliders Grades 6-12 only: Beef & Bean Burrito

BREAKFAST French Toast Sticks w/Fruit Dip Breakfast Bar LUNCH

Grilled Cheese Sandwich Boneless Wings w/Cornbread Grades 6-12 only: Chicken Tamale w/Spicy Beans

BREAKFAST Blueberry Waffle Pizza Bagel LUNCH

Orange Chicken w/Rice Bean Burrito V Grades 6-12 only: Buffalo BBQ Chicken Sliders

BREAKFAST Breakfast Bites Egg, Cheese, & Sausage Croissant Sandwich LUNCH

23

30

WINTER

BREAKFAST

LUNCH

Hot Doa

Muffin

LUNCH

Breakfast Bites

Grades 6-12 only:

BREAKFAST

Egg & Cheese Bites

Peach Yogurt Parfait

Pancakes & Sausage

Grades 6-12 only:

Chicken w/Biscuit

RECESS

Egg, Cheese & Sausage

Croissant Sandwich

Bean & Cheese Pupusa

Buffalo BBQ Chicken Sandwich

Chicken & Cheese Taquitos w/Guacamole Hot Doa Grades 6-12 only: PB&J Sandwich

Macaroni & Cheese Chicken Tenders Grades 6-12 only: Meatball Sub Sandwich 🕮 24

BREAKFAST

LUNCH

Sandwich

w/Rice

BREAKFAST

Pizza Stick

Quesadilla

Beef Tacos

BREAKFAST

LUNCH

Grades 6-12 only:

LUNCH

Grades 6-12 only:

House-Baked Cinnamon Roll

Chickpea Butter & Jelly (CB&J)

House-Baked Cinnamon Roll

Kung Pao Chicken w/Rice

Mini Maple Pancakes

House-Baked Cinnamon Roll

Meatball Sub Sandwich

Thai Sweet Chili Chicken

Mini Maple Pancakes

RECESS

25

OFFERED DAILY OFFERED DAILY

Fruit V
Whole Grain Cereals V

• 100% Fruit Juice V Low-Fat White Milk

Pan Dulce Concha PB&I Sandwich LUNCH

BREAKFAST

Cheesy Garlic Bread w/Marinara 🕮 🤭 BBQ Turkey Mac & Cheese Grades 6-12 only: Cheeseburger/Hamburger

BREAKFAST Cinnamon Crumb Cake 🔎 🥕 Eaa. Cheese. & Turkey Sausage Breakfast Burrito

LUNCH Chicken & Veggie Chow Mein Corn Dog Farm to School Organic Tangerines Grades 6-12 only:

Buffalo Chicken Mac & Cheese BREAKFAST

Pan Dulce Concha PB&J Sandwich W LUNCH

Cheesy Breadsticks w/Marinara Cheeseburger/Hamburger Farm to School Rainbow Carrots Grades 6-12 only: Teriyaki Chicken w/Rice

BREAKFAST House-Baked Cinnamon Roll

Egg & Cheese Biscuit Sandwich 🔎 🤭 LUNCH

Spicy Bean Nachos Chili Cheese Dog W Grades 6-12 only: Chicken and Waffle

13 BREAKFAST House-Baked Cinnamon Roll Chicken Biscuit Sandwich

LUNCH Chili Cheese Nachos

Spaghetti w/Meatballs 📖 Grades 6-12 only: Bean & Cheese Burrito

BREAKFAST

House-Baked Cinnamon Roll Egg & Cheese Biscuit Sandwich 🔎 🤭

20

LUNCH

Spicy Bean Nachos 🕾 🔭 Chicken Stars and Waffle Grades 6-12 only: Bacon Chicken Ranch Wrap 🧼 🦏

26

LUNCH:

Yogurt with Granola Property

 Low-Fat White Milk Nonfat Chocolate Milk Fruits & Vegetables

Grades 6-12 only: • 100% Fruit Juice

BREAKFAST:

• Fruit

Yogurt with Granola

String Cheese

Nonfat Chocolate Milk