




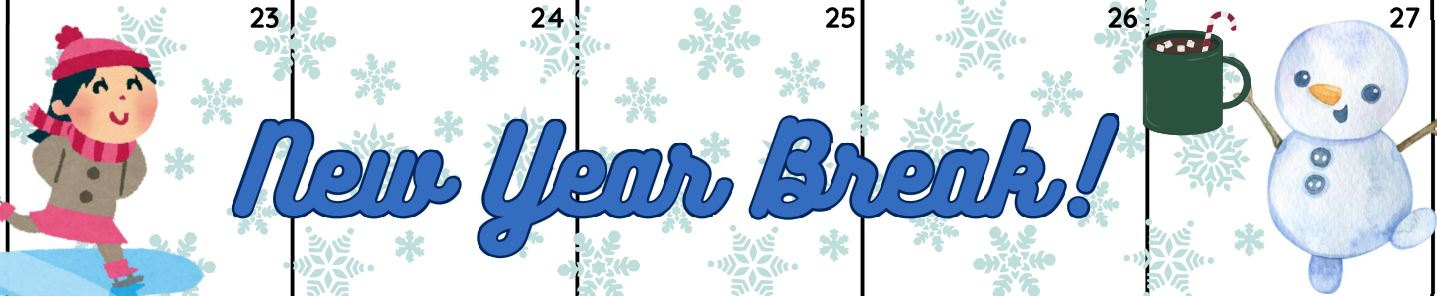





December 2024

Medford Public Schools K-5 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Egg & Cheese Croissant* Tater Tots Mixed Fruit 	3 Chicken Drumstick Dinner Roll* Roasted Broccoli Mixed Berry Cup	4 Hamburger* or Cheeseburger* w/ Local Lettuce & Tomato & Pickles Corn Asian Pear	5 Chicken or Cheese Quesadilla* Salsa, Sour Cream & Guacamole Seasoned Black Beans Fruit Selection 	6 Breaded Mini Ravioli* w/ Marinara cup Green Beans Fruit Selection 
9 Chicken Patty Sandwich* Local Lettuce & Tomato Veg Baked Beans Applesauce	10 Pasta* & Meatballs Garden Salad Fruit Selection	Early Release! 11 Bento Box Cheese cubes Goldfish* Apple Slices Baby Carrots 	12 Chicken Tikka Masala Basmati Rice Flatbread* Roasted Broccoli Fruit Selection	13 French Toast Sticks* Tater Tots Strawberry Cup 
16 Popcorn Chicken* & Dutch Waffle* Garden Salad Sliced Peaches	17 Beef & Cheese Nachos* Seasoned Black Beans Sour Cream Fruit Selection	18 Chicken and Broccoli Ziti* Garlic Bread* Local Apple	19 Pepperoni or Cheese Pizza* Corn Pear Crisp 	Early Release! 20 Super Snack Pack Pirate's Booty Sunflower Seeds Crunchy Chickpeas Apple juice
 <p>New Year Break!</p>				
30 	31 	Jan 1	Jan 2 Chicken Tenders* Sweet & Sour Sauce French Fries Applesauce	Jan 3 Mozzarella Sticks* w/ Marinara cup Roasted Broccoli Fruit Selection 

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.



Ovo-lacto vegetarian option

*Whole-grain rich item

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