December 2024

Medford Public Schools 6-12 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Egg & Cheese Croissant*** Tater Tots Mixed Fruit (V)	**3** **Chicken Drumstick** Garlic Bread* Roasted Broccoli Mixed Berry Cup	**4** **Beef or Veggie Burger*** w/ Local Lettuce & Tomato & Pickles Corn (V) Asian Pear	**5** **Chicken or Cheese Quesadilla*** Salsa, Sour Cream & Guacamole Seasoned Black Beans (V) Fruit Selection	**6** **Breaded Mini Ravioli*** w/ Marinara cup Green Beans Fruit Selection (V)
9 **Chicken or Vegan Chik'n Patty Sandwich*** Local Lettuce & Tomato Veg Baked Beans (V) Applesauce	**10** **Pasta* & Meatballs** Dinner Roll Garden Salad Fruit Selection	**Early Release!** **11** **Bento Box** Popcorn Chicken Cheese cubes Crackers* Apple Slices (V) Baby Carrots	**12** **Chicken Tikka Masala** Basmati Rice Flatbread* Roasted Broccoli Fruit Selection	**13** **French Toast Sticks*** Tater Tots Strawberry Cup (V)
16 **Popcorn Chicken* & Dutch Waffle*** Garden Salad Sliced Peaches	**17** **Beef & Cheese Nachos*** Seasoned Black Beans Sour Cream Fruit Selection	**18** **Chicken and Broccoli Ziti*** Garlic Bread* Local Apple	**19** **Pepperoni or Cheese Pizza*** Corn Pear Crisp (V)	**Early Release!** **20** **Super Snack Pack** Crackers* Sunflower Seeds Beef Jerky Crunchy Chickpeas Apple Juice
23	**24**	**25**	**26**	**27**
New Year Break!				
30	**31**	**Jan 1** Happy New Year	**Jan 2** **Chicken Tenders*** Sweet & Sour Sauce French Fries Applesauce	**Jan 3** **Mozzarella Sticks*** w/ Marinara cup Roasted Broccoli (V) Fruit Selection

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

(V) Ovo-lacto vegetarian option   *Whole-grain rich item

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