

Elementary Lunch Menu

Please be sure to fill out an application for free & reduced priced meals @ SchoolCafe Parent Portal

LUNCH PRICING
FULL PAY- \$3.25
MILK ONLY-.50
STAFF LUNCH-\$5.00

ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!

8 oz low fat or fat-free milk, our fantastic fruit tray and rainbow veggie tray offered with every school lunch

Bento Boxes served daily as an alternate lunch, please check your students school for the weekly options

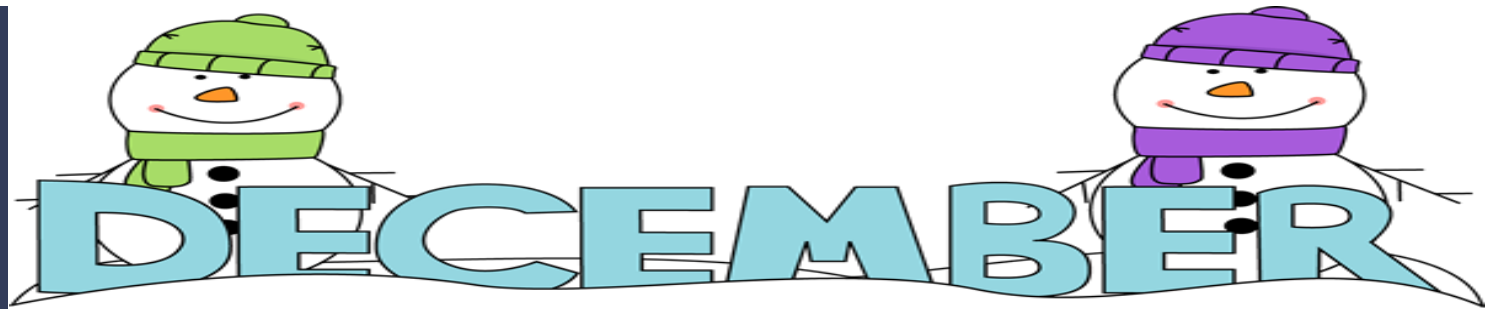
Thanks to the State of Connecticut all students eligible for reduced price meals will eat at no cost this school year

This Institution Is an Equal Opportunity Provider

STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS



Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE				
2 FUN SHAPES CHICKEN NUGGETS CRINKLE CUT FRIES ROASTED CAULIFLOWER ASSORTED FRUIT	3 MEATBALL GRINDER WITH MARINARA AND MELTED PROVALONE CHEESE ROMAINE MIXED SALAD ASSORTED FRUIT	4 TURKEY DINNER TURKEY TENDERLOINS MASHED POTATO & GRAVY CRANBERRY SAUCE STEAMED CORN DINNER ROLL ASSORTED FRUIT	5 BRUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE PATTY HASH BROWN POTATOS DILL ROASTED CARROTS ASSORTED FRUIT	6 FRENCH BREAD PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
9 MIKES CHEESE BITES MARINARA SAUCE WHEAT BREADSTICK STEAMED PEAS ASSORTED FRUIT	10 ALL BEEF HOT DOG ON A WHEAT ROLL BAKED BEANS TATER TOTS ASSORTED FRUIT EARLY DISMISSAL	11 HAM & CHEESE GRINDER NACHO CHEESE DORITOS CARROT STICKS ASSORTED FRUIT	12 NACHOS! SEASONED BEEF CREAMY CHEESE SAUCE TORTILLA CHIPS LETTUCE & TOMATO MEXICALI CORN ASSORTED FRUIT	13 CHEESE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
16 CHEESEBURGER ON A WHEAT ROLL SMILEY FRIES ROASTED GARLIC GREEN BEANS ASSORTED FRUIT	17 CHICKEN TENDERS DINNER ROLL SWEET POTATO FRIES ROASTED BROCCOLI ASSORTED FRUIT	18 TURKEY & PROVALONE GRINDER COOL RANCH DORITOS CUCUMBER CUPS ASSORTED FRUIT	19 MOZZARELLA STICKS MARINARA SAUCE HOUSE MADE COLE SLAW DINNER ROLL ASSORTED FRUIT	20 STUFFED CRUST PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
23 WINTER HOLIDAY RECESS! NO SCHOOL!	24 WINTER HOLIDAY RECESS! NO SCHOOL!	25 WINTER HOLIDAY RECESS! NO SCHOOL!	26 WINTER HOLIDAY RECESS! NO SCHOOL!	27 WINTER HOLIDAY RECESS! NO SCHOOL!
30 WINTER HOLIDAY RECESS! NO SCHOOL!	31 WINTER HOLIDAY RECESS! NO SCHOOL!			