

Elementary Breakfast Menu

Please be sure to fill out an application for free & reduced priced meals @ SchoolCafe Parent Portal

BREAKFAST PRICING
 FULL PRICE-\$2.00
 MILK ONLY-.50
 STAFF BREAKFAST-\$3.00

ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!

Thanks to the State of Connecticut all students eligible for reduced price meals will eat breakfast and lunch at no cost this school year!!

STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS



Mon	Tue	Wed	Thu	Fri
PLEASE NOTE MENU IS SUBJECT TO CHANGE				
2 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	3 BREAKFAST PIZZA (EGG,BACON & CHEESE) FRUIT COCKTAIL	4 WARM BLUEBERRY MUFFIN ASSORTED YOGURT FRESH ORANGE	5 PUMPKIN ROLL DICED PEACHES	6 STUFFED HASH BROWN APPLE SLICES
9 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	10 EGG & CHEESE ON A CROISSANT DICED PEARS	11 WARM CHOCOLATE CHIP MUFFIN ASSORTED YOGURT FRESH APPLE	12 POWDERED DONUT HOLES FRESH BANANA	13 OVEN FRESH CINNAMON ROLL APPLE SLICES
16 ASSORTED CEREAL GOLDFISH GRAHAMS FLAVORED CRAISINS	17 BREAKFAST PIZZA (EGG,BACON & CHEESE) FRUIT COCKTAIL	18 WARM BLUEBERRY MUFFIN ASSORTED YOGURT APPLESAUCE	19 WARM BANANA BREAD STRING CHEESE FRESH ORANGE	20 WARM APPLE ROLL STRING CHEESE DICED PEACHES
23 WINTER HOLIDAY RECESS! NO SCHOOL!	24 WINTER HOLIDAY RECESS! NO SCHOOL!	25 WINTER HOLIDAY RECESS! NO SCHOOL!	26 WINTER HOLIDAY RECESS! NO SCHOOL!	27 WINTER HOLIDAY RECESS! NO SCHOOL!
30 WINTER HOLIDAY RECESS! NO SCHOOL!	31 WINTER HOLIDAY RECESS! NO SCHOOL!	This Institution Is an Equal Opportunity Provider		

8 oz low fat or fat-free milk, assorted fresh and pre-packaged fruit and 100% Fruit Juice are offered