

PASADENA UNIFIED SCHOOL DISTRICT MIDDLE SCHOOL LUNCH MENU

* Vegetarian Choice

| Cycle | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|--|
| Week 1 12/2-12/6 1/13-1/17 2/3-2/7 2/24-2-28 | BBQ or Buffalo Chicken Wings/Cheez Its *Pull Aparts/Dipping Sauce Crinkle Cut Fries Carrot Sticks Whole Apple | Chicken Taquito *Bean & Cheese Burrito Vegetable Juice Salsa Cup Frozen Peach Cup | Pasta/Meat Sauce Bread Sticks *Wow Butter Sandwich Vegetable Medley Carrot Sticks Kiwi | Orange Chicken/ Brown Rice/Crispy Noodles *Yogurt Parfait Steamed Broccoli Edamame Frozen Berry Cup | Cheeseburger or *Veggie Burger Corn Dog Side Salad Corn Oranges |
| Week 2 12/9-12/13 1/20-1/24 2/10-2/14 | Breaded Chicken Leg/ Dinner Roll *Pull Aparts/Dipping Sauce Tater Tots Carrot Sticks Whole Apple | Walking Taco *Bean & Cheese Burrito Pinto Beans Salsa Cup Frozen Peach Cup | *Macaroni & Cheese/Dinner Roll *Wow Butter Sandwich Vegetable Medley Carrot Sticks Kiwi | Chicken Teriyaki *Yogurt Parfait Steamed Broccoli Edamame Frozen Berry Cup | *Three Bean Chili/Corn Muffin Corn Dog Side Salad Corn Oranges |
| Week 3 12/16-2/20 1/6-1/10 1/27-1/31 2/17-2/21 | Hot Dog *Pull Aparts/Dipping Sauce Wedge Fries Carrot Sticks Whole Apple | Crunchy Beef Taco *Bean & Cheese Burrito Shredded Lettuce Salsa Cup Frozen Peach Cup | Crispy Chicken Sandwich *Wow Butter Sandwich Vegetable Medley Carrot Sticks Kiwi | Turkey Gravy/ Mashed Potatoes/ Dinner Roll *Yogurt Parfait Holiday Cookie Fall Salad Sliced Apples | *Cheese Pizza or Pepperoni Pizza Corn Dog Steamed Broccoli Edamame Oranges |

Visit www.pusd.us for monthly menus. For additional information or inquiries, please contact PUSD Food and Nutrition Services (626) 396-5852

*Menus are subject to change. *PUSD menus are nut allergy sensitive.

*Lunches are offered with NF Chocolate Milk & 1% White Milk

Food & Nutrition Services has open positions, apply with the QR Code!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

