

PASADENA UNIFIED SCHOOL DISTRICT HIGH SCHOOL LUNCH MENU

* Vegetarian Choice

Cycle	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 12/2-12/6 1/13-1/17 2/3-2/7 2/24-2-28	BBQ or Buffalo Chicken Wings/Cheeze Its Crinkle Cut Fries Carrot Sticks Canned Pears Whole Apple	Chicken Taquito Vegetable Juice Salsa Cup Frozen Peach Cup Dried Fruit	Pasta/Meat Sauce Bread Sticks Vegetable Medley Carrot Sticks Applesauce Kiwi	Orange Chicken/ Brown Rice/Crispy Noodles Steamed Broccoli Edamame Frozen Berry Cup Grapes	Grilled Cheese Side Salad Corn Oranges Naked Juice
Week 2 12/9-12/13 1/20-1/24 2/10-2/14	Breaded Chicken Leg/ Dinner Roll Tater Tots Carrot Sticks Canned Pears Whole Apple	Walking Taco Pinto Beans Pico de Gallo Frozen Peach Cup Dried Fruit	*Macaroni & Cheese/ Dinner Roll Vegetable Medley Carrot Sticks Applesauce Kiwi	Chicken Teriyaki Steamed Broccoli Edamame Frozen Berry Cup Grapes	Three Bean Chili/Corn Muffin Side Salad Corn Oranges Naked Juice
Week 3 12/16-2/20 1/6-1/10 1/27-1/31 2/17-2/21	Hot Dog Wedge Fries Carrot Sticks Canned Pears Whole Apple	Crunchy Beef Taco Shredded Lettuce Salsa Cup Frozen Peach Cup Dried Fruit	*Pull Aparts Vegetable Medley Carrot Sticks Applesauce Kiwi	Turkey Gravy/ Mashed Potatoes/ Dinner Roll Holiday Cookie Fall Salad Sliced Apples Grapes	*Bean & Cheese Burrito Steamed Broccoli Edamame Oranges Naked Juice

Daily: Pizza (cheese*, pepperoni & veggie*), Burger (Cheese, Veggie*), Spicy & Regular Chicken Sandwich, Yogurt Parfait*, Chef's Salad, Italian Hoagie

Visit www.pusd.us for monthly menus. For additional information or inquiries, please contact PUSD Food and Nutrition Services (626) 396-5852

*Menus are subject to change. *PUSD menus are nut allergy sensitive.

*Lunches are offered with NF Chocolate Milk & 1% White Milk

Food & Nutrition Services has open positions, apply with the QR Code!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

