

# Grade Pre-K

## Weekly Grab & Go Breakfast Menu Cycle

# December 2024

**Free Breakfast and Lunch for All DPS Students!** The Community Eligibility Provision - CEP Allows a free breakfast & free lunch to students while in school

A Pre-K Student Breakfast consists of

The following meal items:

1. Bread/Grain
2. Bread/Grain Alternate
3. Fruit, 100% Fruit Juice
4. Milk (1% or Skim)

A Pre-K Student Lunch consists of

5 Meal Components:

1. Meat/ Meat Alternate
2. Bread/Grain
3. Vegetable Choice
4. Fruit Choice
5. Milk (1% or Skim)



<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
<b>Grab &amp; Go BREAKFAST</b> Breakfast Pizza Fruit, 100% Fruit Juice, Milk	<b>Grab &amp; Go BREAKFAST</b> Egg Patty & Toast Fruit, 100% Fruit Juice, Milk	<b>Grab &amp; Go BREAKFAST</b> Chicken Biscuit Fruit, 100% Fruit Juice, Milk	<b>Grab &amp; Go BREAKFAST</b> Sausage Biscuit Fruit, 100% Fruit Juice, Milk	<b>Grab &amp; Go BREAKFAST</b> Breakfast Bites Fruit, 100% Fruit Juice, Milk
Monday, December 2	Tuesday, December 3	Wednesday, December 4	Thursday, December 5	Friday, December 6
<b><u>Cheeseburger</u></b> Oven Fries Fruit, Milk	<b><u>Manager's Entrée Choices</u></b> Manager's Choice Veg Fruit, Milk	<b><u>Cheese Sticks</u></b> Marinara Sauce Garden Salad Fruit, Milk	<b><u>Chicken Tenders</u></b> w/ <i>Dipping Sauces</i> ) <i>Dinner Roll</i> Corn Fruit, Milk	<b><u>Pepperoni Pizza</u></b> <b><u>Cheese Pizza</u></b> Garden Salad Fruit, Milk
Monday, December 9	Tuesday, December 10	Wednesday, December 11	Thursday, December 12	Friday, December 13
<b><u>Manager's Entrée Choice</u></b> Baked Beans Fruit, Milk	<b><u>Tangerine Chicken</u></b> Dinner Roll, Rice Steamed Broccoli Fruit, Milk	<b><u>Popcorn Chicken</u></b> w/ <i>Dipping Sauces</i> Dinner Roll Garden Salad Fruit, Milk	<b><u>Cheese Burrito</u></b> Salsa Corn Fruit, Milk	<b><u>Pepperoni Pizza</u></b> <b><u>Cheese Pizza</u></b> Garden Salad Fruit, Milk
Monday, December 16	Tuesday, December 17	Wednesday, December 18	Thursday, December 19	Friday, December 20
<b><u>Chicken Tenders</u></b> Mac & Cheese Turnip Greens Fruit, Milk	<b><i>Holiday Meal</i></b> <b><u>Turkey &amp; Gravy</u></b> w/ <u>Stuffing</u> Dinner Roll Green Beans Fruit, Milk	<b><u>Lasagna Roll-up</u></b> w/ <u>Breadstick</u> Marinara Sauce Garden Salad Fruit, Milk	<b><u>Fish Sticks</u></b> Corn Muffin Waffle Cross Fries Fruit, Milk	<b><u>Pepperoni Pizza</u></b> <b><u>Cheese Pizza</u></b> Garden Salad Fruit, Milk
Monday, December 23	Tuesday, December 24	Wednesday, December 25	Thursday, December 26	Friday, December 27
<p>Winter Break - Holiday - No School December 23 - January 3</p>				
Monday, December 30	Tuesday, December 31			
		<p><i>Menu is Subject to Change due to Delivery Availability &amp; Nutrient Analysis</i></p>		



**Child Nutrition Program**  
"We Nourish Education"

This institution is an equal opportunity provider.

# Grades K-12

## Weekly Grab & Go Breakfast Menu Cycle

# December 2024

**Free Breakfast and Lunch for All DPS Students!** The Community Eligibility Provision - CEP Allows a free breakfast & free lunch to students while in school

A Student Breakfast consists of **4 Meal Items:**

1. Bread/Grain
2. Bread/Grain Alternate
3. Fruit, 100% Fruit Juice
4. Milk (1% or Skim)

**Offer Versus Serve - Student Choice:**

A **reimbursable student breakfast meal must consist of - (Student selecting a minimum of ) 3 meal items**

A balanced student **reimbursable meal requires a 1/2 cup fruit or vegetable with breakfast**

A Student Lunch consists of **5 Meal Components:**

1. Meat/ Meat Alternate
2. Bread/Grain
3. Vegetable Choice
4. Fruit Choice
5. Milk (1% or Skim)

**Offer Versus Serve - Student Choice:**

A **reimbursable student lunch meal must consist of - (Student selecting a minimum of ) 3 meal components.**

A balanced student **reimbursable meal requires a 1/2 cup fruit or vegetable with lunch**

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<b>Mondays</b> Grab & Go BREAKFAST Breakfast Pizza Fruit, 100% Fruit Juice, Milk  Additional Choices - Offered Daily: Cereal, Yogurt & Granola	<b>Tuesdays</b> Grab & Go BREAKFAST Cinnamon Roll Fruit, 100% Fruit Juice, Milk  Additional Choices - Offered Daily: Cereal, Yogurt & Granola	<b>Wednesdays</b> Grab & Go BREAKFAST Chicken Biscuit Fruit, 100% Fruit Juice, Milk  Additional Choices - Offered Daily: Cereal, Yogurt & Granola	<b>Thursdays</b> Grab & Go BREAKFAST Sausage Biscuit Fruit, 100% Fruit Juice, Milk  Additional Choices - Offered Daily: Cereal, Yogurt & Granola	<b>Fridays</b> Grab & Go BREAKFAST Muffin Fruit, 100% Fruit Juice, Milk  Additional Choices - Offered Daily: Cereal, Yogurt & Granola
<b>Monday, December 2</b> <b>Manager's Entrée Choice</b> <b>Cheeseburger</b> Baked Beans Oven Fries Fruit, Milk  <b>PBJ / Sun Butter Sandwich</b>	<b>Tuesday, December 3</b> <b>Manager's Entrée Choices</b> Manager's Choice Veg Steamed Broccoli Manager's Choice Bread/Grain Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Wednesday, December 4</b> <b>Calzone</b> <b>Cheese Sticks</b> Marinara Sauce Green Beans, Garden Salad Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Thursday, December 5</b> <b>Chicken Tenders</b> <i>w/ Dipping Sauces), Dinner Roll</i> <b>Cheese Quesadilla</b> Salsa, Pinto Beans, Corn, Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Friday, December 6</b> <b>Pepperoni Pizza</b> <b>Cheese Pizza</b> <b>Deli Sub</b> Baked Potato Garden Salad Fruit, Milk <b>PBJ / Sun Butter Sandwich</b>
<b>Monday, December 9</b> <b>Roasted Chicken</b> <b>Manager's Entrée Choice</b> Baked Beans Turnip Greens Fruit, Milk  <b>PBJ / Sun Butter Sandwich</b>	<b>Tuesday, December 10</b> <b>Tangerine Chicken</b> <b>Salisbury Steak w/ Gravy</b> Dinner Roll, Rice Steamed Broccoli Stir Fry Vegetables, Baby Carrots Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Wednesday, December 11</b> <b>Baked Spaghetti</b> <i>w/ Breadstick</i> <b>Popcorn Chicken</b> <i>w/ Dipping Sauces, Dinner Roll</i> Green Beans, Garden Salad Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Thursday, December 12</b> <b>Cheese Burrito</b> <b>Chicken Fillet on Bun</b> Salsa Pinto Beans Corn Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Friday, December 13</b> <b>Pepperoni Pizza</b> <b>Cheese Pizza</b> <b>Deli Sub</b> Baked Potato Garden Salad Fruit, Milk <b>PBJ / Sun Butter Sandwich</b>
<b>Monday, December 16</b> <b>Chicken Tenders</b> <b>Offered w/ Waffles or Dinner Roll</b> <b>Corn Dog</b> Mac & Cheese Turnip Greens, Baby Carrots Fruit, Milk  <b>PBJ / Sun Butter Sandwich</b>	<b>Tuesday, December 17</b> <b>Holiday Meal</b> <b>Turkey &amp; Gravy w/ Stuffing</b> <b>Sliced Ham</b> <b>Manager's Choice</b> Dinner Roll, Green Beans, Yams Fruit, Milk, Dessert <b>PBJ / Sun Butter Sandwich</b>	<b>Wednesday, December 18</b> <b>Lasagna Roll-up w/ Breadstick</b> <b>Calzone</b> Marinara Sauce Corn Garden Salad Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Thursday, December 19</b> <b>Dill Chicken Fillet on Bun</b> <b>Fish Sticks</b> Corn Muffin Cole Slaw, Waffle Cross Fries Pinto Beans Fruit, Milk <b>Chef Salad</b> <b>PBJ / Sun Butter Sandwich</b>	<b>Friday, December 20</b> <b>Pepperoni Pizza</b> <b>Cheese Pizza</b> <b>Deli Sub</b> Baked Potato Garden Salad Fruit, Milk <b>PBJ / Sun Butter Sandwich</b>
<b>Monday, December 23</b>	<b>Tuesday, December 24</b>	<b>Wednesday, December 25</b>	<b>Thursday, December 26</b>	<b>Friday, December 27</b>
<b>Winter Break - Holiday - No School December 23 - January 3</b>				
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