

**Willmar Middle School (6<sup>th</sup>- 8<sup>th</sup>), Lake Park (6<sup>th</sup>-12<sup>th</sup>), and ALC (9<sup>th</sup>-12<sup>th</sup>)**

**December 2024 Lunch Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Dec 2 Chicken Alfredo with Whole Grain Rotini Pasta and Garlic Toast <b>or</b> Hot Turkey and Cheese on Wheat Bun Steamed Broccoli Baby Whole Carrots Chilled Diced Pears Chilled Mixed Fruit (9-12)	<i>*New Item*</i> Dec 3 Chicken and Cheese Tamale with Spanish Rice <b>or</b> Cheese Quesadilla Pizza Refried Beans Romaine Lettuce Salsa Fresh Green Apple Chilled Mandarin Oranges (9-12)	Dec 4 Sloppy Joe on Wheat Bun <b>or</b> Stuffed Crust Cheese Pizza Sweet Potato French Fries Fresh Cucumber Slices with Ranch Dip Fresh Petite Banana Chilled Peaches (9-12)	Dec 5 <b>Kick'n Chicken:</b> Popcorn Chicken with Chicken Gravy <b>or</b> Yogurt Parfait with Sunflower Seeds Buttermilk Biscuit Mashed Potatoes Golden Whole Kernel Corn Fresh Fruit Selection Chilled Applesauce (9-12)	Dec 6 <b>No School: Willmar</b>  <b>Offered Daily: Skim or Lowfat Chocolate Milk</b>
Dec 9 Diced Roast Chicken and Gravy with Buttermilk Biscuit <b>or</b> Parmesan Chicken Sandwich Mashed Potatoes Baby Whole Carrots Chilled Fresh Apple Wedges Chilled Strawberry Slices (9-12)	Dec 10 Whole Grain Mini Corn Dogs <b>or</b> Meatball Sub Sandwich on Homemade Sub Roll Baked Beans Spinach Salad Fresh Petite Banana Chilled Mandarin Oranges (9-12)	Dec 11 Korean BBQ Popcorn Chicken with Seasoned Brown Rice <b>or</b> Stuffed Crust Cheese Pizza <b>or</b> Domino's Pizza (ALC Only) Fresh Mini Sweet Peppers Sugar Snap Peas Chilled Berry Blend Chilled Pineapple Tidbits (9-12)	Dec 12 <b>Taste of Italy:</b> Italian Meat Sauce with Whole Grain Rotini Pasta and Garlic Toast <b>or</b> Yogurt Parfait with Sunflower Seeds and Whole Wheat Sliced Bread Crisp Caesar Salad with Dressing Celery Sticks with Ranch Dip Chilled Peaches Chilled Applesauce (9-12)	Dec 13 Whole Grain Mozzarella Cheese Sticks with Italian Dipping Sauce <b>or</b> Smoked Turkey, Turkey Bacon, and Swiss Cheese on Bagel Seasoned Green Beans Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Pears (9-12)
Dec 16 Homemade Chili with Shredded Cheese and Frosted Whole Grain Cinnamon Roll <b>or</b> Stuffed Crust Cheese Pizza (Lake Park Only) Steamed Broccoli Creamy Coleslaw Fresh Whole Apple Chilled Mixed Fruit (9-12)	Dec 17 <b>Taco In A Bag:</b> Reduced Fat Doritos Chips with Beef Taco Meat, Shredded Cheese, and Spanish Rice <b>or</b> Whole Grain Breaded Chicken Sandwich Steamed Black Beans Romaine Lettuce Chilled Berry Blend Chilled Pears (9-12)	Dec 18 <b>Orange You Glad Day:</b> Chicken Nuggets with Seasoned Brown and Wild Rice Blend <b>or</b> Chicken Quesadilla Pizza with Salsa Sweet Potato French Fries Baby Whole Carrots Fresh Orange Smiles Chilled Peaches (9-12)	Dec 19 Homemade Tator Tot Casserole <b>or</b> Yogurt Parfait with Sunflower Seeds and Tator Tots Dinner Roll Golden Whole Kernel Corn Red Grape Cluster Chilled Applesauce (9-12)	Dec 20 Domino's Pepperoni or Cheese Pizza <b>or</b> Individual Deep Dish Cheese Pizza (Lake Park) <b>or</b> Turkey Ranch Wrap Seasoned Green Beans Fresh California Blend Vegetables with Ranch Dip Mixed Berry Jonny Pop <b>or</b> Fresh Fruit Selection (Lake Park Only) Assorted Fresh <b>and/or</b> Canned Fruit (9-12)
		<b>No School:</b> <b>December 23, 2024 – January 3, 2025</b> <b>Winter Break</b>		

**This Institution is an Equal Opportunity Provider**

**Please note: First Entree Listed = Main Choice; Second Entree Listed = Alternate Choice**

**Menu Subject to Product Availability**

**Allergy Information: The menus may contain one or more of the following ingredients:**

**milk, eggs, soy, wheat, peanuts, or tree nuts**

**Deli Meat is sliced lowfat turkey breast or turkey ham**

