

2024

## DECEMBER

Robertson County Schools Pre-K and Headstart Lunch Menu

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Whole Grain Popcorn Chicken ½ cup Broccoli and Cheese

½ cup Broccoli and Cheese ½ cup Fruit 1cup 1% White Milk 3

**Grilled Cheese Sandwich** 

On Whole Grain Bread ½ cup Green Beans ½ cup Fruit 1 cup 1% White Milk

4

Salisbury Steak in Gravy Chocolate Chip Cookie

Whole Grain Dinner Roll Mashed Potatoes 1 cup 1% White Milk 5

Whole Grain Cheese Pizza

½ cup Corn ½ cup Fruit 1 cup 1% White Milk 6

Taco Meat w/Tortilla Chips

½ cup Refried Beans
½ cup Fruit
1 cup 1% White Milk

9

**Boneless Chicken Chunks** 

½ cup Broccoli and Cheese ½ cup Fruit 1 cup 1% White Milk 10

Cheesy Spaghetti and Meat Sauce ½ cup Green Beans

½ cup Fruit 1 cup 1% White Milk 11

Grilled Cheese Sandwich

On Whole Grain Bread ½ cup Dragon Punch ½ cup Fruit 1 cup 1% White Milk 12

Whole Grain Cheese Pizza

½ cup Corn ½ cup Fruit 1 cup 1% White Milk 13

Chicken Sandwich

On Whole Grain Bun

½ cup French Fries

½ cup Fruit

1 cup 1% White Milk

16

Mandarin Orange Chicken ½ cup Whole Grain Fried Rice

½ cup Steamed Broccoli ½ cup Fruit 1 cup 1% White Milk 17

**Cheeseburger Macaroni and Cheese** 

½ cup Sweet Glazed Carrots ½ cup Fruit 1cup 1% White Milk 18

Meatball Sub

On Whole Grain Bun ½ Cup Green Beans 1 cup 1% White Milk

19

Whole Grain Cheese Pizza

½ cup Corn ½ cup Fruit 1 cup 1% White Milk Early Release

23



School Closed- Happy Holidays!

Menus are Subject To Change Due to Unforseen Circumstances
For Individual Detailed School Menus and Nutrition information visit
https://rcstn.nutrislice.com

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