# Winter Fun with Girl Scouts!

Crafting Kindness: How the Grinch Grew His Heart
Calling All Non-Girl Scouts and Girl Scouts!
Come celebrate the spirit of kindness and the holiday season with fun activities and community service.

Where:Hendricks County Fairgrounds When:December 11th 6:00 PM - 8:00 PM

Cost:Non-Girl Scout: \$25.00 to Join Girl Scouts (Financial Assistance Available) Girl Scout: \$7.00 or FREE if you bring a friend to sign up!

#### Enjoy sunshine & exercise!

Sunshine might be hard to come by during winter in Indiana, but getting a little bit of fresh air and spending time outdoors can really be good for you. You can find lots of great outdoor opportunities on our events calendar at girlscoutsindiana.org.

#### Destress as a family!

Spend an evening exploring Christmas at the Zoo. Visit Santa's Village, wander over to the jolly animal encounters, or stop and get a memorable photo! Be sure to use this link for discount tickets on behalf of Girl Scouts of Central Indiana.

https://bit.ly/SaveOnZooXmas24

## Get plenty of sleep!

Most experts recommend 10-12 hours of sleep for elementary-aged kids. Not getting enough sleep can impact school performance, your immune system, and mental health. This tip is related to the Resilient. Ready. Strong. patch program.

### Wash your hands!

Hand washing helps keep germs from spreading around at home and at school. Check out the Healthy Living badges for your age level.









## JOIN HERE



girl scouts of central indiana