

DECEMBER 2024*Health-e Pro* **MON****TUE****WED****THU****FRI**

2 Bacon Cheeseburger Baby Carrots & Mandarin Oranges	3 Tacos Plant Based Meat Tacos* Garbanzo Beans & Peaches Churro	4 Pasta w/ Meat Sauce & Breadstick / Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll* Broccoli & Mixed Berry Cup	5 Sweet & Sour Chicken w/ Brown Rice Celery & Apple Sugar Cookie	6 No M.S. Lunch BBQ Pulled Turkey Sandwich Peas & Craisins
9 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Baby Carrots & Applesauce Cup	10 Chicken Enchiladas w/ Green Chile Sauce Black Beans & Apple Krinkle Cookie	11 Mac & Cheese w/ Whole Grain Roll Broccoli & Fruit Cocktail	12 Chicken Teriyaki w/ Brown Rice Celery & Pears Chocolate Chip Cookie	13 Chicken Tenders w/ Mashed Potatoes & Gravy Corn & Grapes
16 Western Cheeseburger Baby Carrots & Pineapple Tidbits	17 Nachos Plant Based Meat Nachos* Pinto Beans & Strawberry Cup Pumpkin Cake	18 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll* Broccoli & Orange	19 Orange Chicken w/ Brown Rice Celery & Peach Cup Snickerdoodle	20 Chicken Meatball Sub Peas & Craisins
23 No School	24 No School	25 No School	26 No School	27 No School
30 No School	31 No School			

ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.25

Milk = \$0.50

Adults = \$5.25

A la carte items are available.
Prices vary by item.

The Issaquah School District provides equal opportunities in its programs, activities and employment.