



refresh. refuel. relax.

North Salem High & Middle School Lunch Menu

Student Lunch \$3.75

Adult Lunch \$5.50+Tax

DECEMBER

AVAILABLE DAILY

Cheese & Specialty Pizza

Chicken Nuggets or Chicken Patty
Grilled Cheese
Peanut Butter and Jelly/Sun Butter and Jelly
Parfaits
Smoothies
Made to Order
Boar's Head Deli
Salad Bar

Fruits and Vegetables listed for each day are
available with the above items.

**All Lunches Must Include Choice of Fruit or
100% Fruit Juice and/or Vegetable

Available Daily

Low Fat Milk, Skim Milk and Fat Free
Chocolate Milk
Apples, Oranges and Bananas

Food Service Director

Karen Seikovsky

914-669-5414 ext:2030

*Items Subjected to Change



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2

Whole Grain Pasta
w/Marinara Sauce
Chicken Meatballs
Roasted Cauliflower
Roasted Carrots
Garlic Bread
Banana
8oz Milk

3

Nachos

Seasoned Turkey, Chips,
Cheese and Salsa or
Chicken and Cheese
Burrito
Mexican Roasted Corn
Baby Carrots
Apple
8oz Milk

4

Chicken RBLT

Breaded Chicken, Lettuce,
Tomato, Bacon and Ranch
on Roll or BBQ Chicken
and Cheese Flatbread
Sandwich
Baked Waffle Fries
Green Bean Salad
Applesauce
8oz Milk

5

**SCHOOLS CLOSED
PARENT TEACHER
CONFERENCES**

6

Orange Chicken
Vegetarian Fried Rice
Steamed Broccoli
Chickpea Salad
Orange
8oz Milk

9

Chicken Parmesan
served over Spaghetti.
Steamed Broccoli
Butternut Squash
Orange
8oz Milk

10

Brunch for Lunch

Homemade French
Toast
Scrambled Eggs
Baked Tater Tots
Celery Sticks
Apple
8oz Milk

11

Southwest Chicken Wrap

Grilled Chicken,
Jalapenos, Lettuce,
Tomato and Salsa Mayo
Baked Waffle Fries
Red Pepper Strips
Orange
8oz Milk

12

Shepards Pie

Seasoned Beef with
Mashed Potatoes, Peas,
Carrots and Gravy
Whole Grain Biscuit
Apple
8oz Milk

13

Stromboli

Pepperoni (Beef &
Pork) and Cheese or
Chicken, Cheese and
Broccoli
Roasted Zucchini
Orange Glazed Carrots
Apple
8oz Milk

16

Homemade Turkey
Meatloaf
Mashed Potatoes
Steamed Green Beans
Corn Bread
Apple
8oz Milk

17

Homemade Macaroni
and Cheese
Mini Turkey Corn Dogs
Steamed Broccoli
Roasted Carrots
Apple
8oz Milk

18

Special

Jerk Chicken Pizza
with Sweet Potato
Fries with a Lime
Crema
Cucumber Slices
Apple
8oz Milk

19

Roasted BBQ Chicken
Roasted Potatoes
Chickpea Salad
Whole Grain Dinner
Roll
Banana
8oz Milk

20

Whole Grain Grilled
Cheese with Bacon
(Pork)
Tomato Soup
Baked French Fries
Apple
8oz Milk

23

24

25

26

27

HOLIDAY RECESS SCHOOLS CLOSED

30

**SCHOOLS CLOSED
HOLIDAY RECESS**

31

**SCHOOLS CLOSED
HOLIDAY RECESS**

**Food Allergies? If
you have a food
allergy, please
speak to the
manager, chef, or
your server.**