

Evergreen School District
 Child Nutrition Services
 K-8 Entrees Dec 2024-2025

Ingredients and menu items are subject to change or substitution without notice.
Allergen information is for entrée dishes only and does not include any condiments or side dishes.
Please consult a medical professional for assistance in planning for or treating a medical condition.

| Week of Dec 2, 2024 | | Carb Count | Dairy | Eggs | Peanut | TreeNut | Sesame | Fish | Shellfish | Soy | Wheat | Beef | Poultry | Pork | Vegan (V) | Gluten Free (GF) |
|-----------------------------|---------------------|------------|-------|------|--------|---------|--------|------|-----------|-----|-------|------|---------|------|-----------|------------------|
| Monday | Manufacturer | | | | | | | | | | | | | | | |
| WG Strawberry Pop-Tart | Kellogg's | 36g | | | | | | | | x | x | | | | | |
| String Cheese | Land O Lakes | 2g | x | | | | | | | | | | | | | GF |
| Pizzaboli | Tastybrands | 35g | x | | | | | | | | x | | | | | |
| Deep Dish Pepperoni Pizza | Wild Mike's | 36g | x | | | | | | | | x | x | | | | |
| Tuesday | | | | | | | | | | | | | | | | |
| Chorizo Cheese Bolillo | Ardella's | 20.92g | x | | | | | | | | x | | x | | | |
| Nacho Pretzel Pocket | Buena Vista | 38g | x | ? | | | | | | x | x | | | | | |
| Chicken Corn Dog | Foster Farms | 27.8g | x | x | | | | | | x | x | | x | | | |
| Wednesday | | | | | | | | | | | | | | | | |
| Pull-apart Soft Mini Bagels | Pillsbury | 42g | x | | | | | | | | x | | | | | |
| French Bread Cheese Pizza | Nardone Bros. | 28g | x | | | | | | | | x | | | | | |
| Sweet & Sour Chicken & Rice | | 64.2g | ? | ? | ? | ? | x | ? | ? | x | x | | x | | | |
| Thursday | | | | | | | | | | | | | | | | |
| Buttermilk Bar | Dave's | 46g | x | x | | | | | | x | x | | | | | |
| Vegan Patty | Don Lee Farms | 7g | | | | | | | | x | | | | | V | |
| Bun | Shannon's | 29g | | | | | x | | | x | x | | | | | |
| Fries | USDA | 17g | | | | | | | | | | | | | | |
| Turkey & Cheese Sandwich | Tastybrands | 28g | x | | | | | | | x | x | | x | | | |
| Friday | | | | | | | | | | | | | | | | |
| French Toast Sticks | Bake Crafters | 37g | x | x | | | | | | x | x | | | | | |
| Bean & Cheese Pupusa | Buena Vista | 35g | x | | | | | | | | | | | | | |
| Spaghetti & Meatballs | | 52.21g | x | ? | ? | ? | ? | ? | ? | x | x | x | | | | |

Items in GREEN print are meatless

? = Manufactured on equipment or contains trace amounts of this allergen

| Week of Dec 9, 2024 | | Carb Count | Dairy | Eggs | Peanut | TreeNut | Sesame | Fish | Shellfish | Soy | Wheat | Beef | Poultry | Pork | Vegan (V) | Gluten Free (GF) | |
|--------------------------------------|---------------------|------------|--|------|--------|---------|--------|------|-----------|-----|-------|------|---------|------|-----------|------------------|--|
| Monday | Manufacturer | | | | | | | | | | | | | | | | |
| Turkey Pancake Wrap | Kellogg's | 17g | | X | | | | | | X | X | | X | | | | |
| Bean & Rice Burrito | Michael B's | 44g | | | | | | | | | X | | | | | | |
| Mini Chicken Corn Dog | Foster Farms | 30g | | X | | | | | | X | X | | X | | | | |
| Fries | USDA | 17g | | | | | | | | | | | | | | | |
| Tuesday | | | | | | | | | | | | | | | | | |
| Mini Waffle | Kellogg's | 36g | X | X | | | | | | X | X | | | | | | |
| Cheese & Green Chile Tamale | Los Cabos | 29.66g | X | | | | | | | X | | | | | | | |
| Chicken Dumpling w/ Stir Fry Rice | Schwans | 42.5g | | | | | | | | X | X | | X | | | | |
| Wednesday | | | | | | | | | | | | | | | | | |
| Beef Sausage Mini Bagel | Integrated | 26.27g | X | | | | | | | X | X | X | | | | | |
| Vegetarian Dumpling w/ Stir Fry Rice | Schwans | 43.5g | | | | | X | | | X | X | | | | | | |
| Chicken & Cheese Tamale | Michael B's | 45g | X | | | | | | | | | | X | | | | |
| Thursday | | | | | | | | | | | | | | | | | |
| Mini Cinnamon Roll | Pillsbury | 40g | X | | | | | | | | X | | | | | | |
| Chile & Cheese Flauquito | Michael B's | 31g | X | | | | | | | X | X | | | | | | |
| Chicken Tikka Masala & Rice | | 27.99g | X | ? | ? | ? | ? | ? | ? | ? | ? | | X | | | | |
| Friday | | | | | | | | | | | | | | | | | |
| Danimals Strawberry Banana Yogurt | Dannon | 12g | X | | | | | | | | | | | | | | |
| Granola | Bake Crafters | 15g | | | | | | | | | | | | | V | GF | |
| Mac & Cheese | | 47.74g | X | ? | ? | ? | ? | ? | ? | X | X | | | | | | |
| BBQ Rib Sandwich | Integrated | 33g | | | | | | | | X | X | X | | | | | |
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| Week of Dec 16, 2024 | | Carb Count | Dairy | Eggs | Peanut | TreeNut | Sesame | Fish | Shellfish | Soy | Wheat | Beef | Poultry | Pork | Vegan (V) | Gluten Free (GF) |
|-----------------------------------|-------------------|------------|--|------|--------|---------|--------|------|-----------|-----|-------|------|---------|------|-----------|------------------|
| Monday | Manufacturer | | | | | | | | | | | | | | | |
| Bagel | Western Bagel | 33g | | | | | | | | | X | | | | | |
| Cream Cheese | Schreiber | 2g | X | | | | | | | | | | | | | |
| Italian Nada | Bell Tasty Foods | 31g | X | | | | | | | X | X | | | | | |
| Chicken Double Dog | Michael B's | 29g | | | | | | | | X | X | | X | | | |
| Tuesday | | | | | | | | | | | | | | | | |
| Oat & Raisin Benefit Bar | J & J Snack Food | 47g | X | X | | | | | | X | X | | | | | |
| Cheese Ravioli | Tastybrands | 29g | X | | | | | | | | X | | | | | |
| Meatball Hoagie | Michael B's | 32g | X | X | | | | | | | X | X | | | | |
| Wednesday | | | | | | | | | | | | | | | | |
| Egg & Cheese Wrap | Los Cabos | 17.9g | X | X | | | | | | X | X | | | | | |
| Cheese Quesadilla | Rose & Shore | 25g | X | | | | | | | X | X | | | | | |
| Chicken Nuggets | Tyson | 16g | | | | | | | | X | X | | X | | | |
| Fries | USDA | 17g | | | | | | | | | | | | | | |
| Thursday | | | | | | | | | | | | | | | | |
| Cinnamon French Toast | Michael Foods | 52g | X | X | | | X | | | | X | | | | | |
| Veggie Chik' Nuggets | Rebellyous Foods | 13g | | | | | | | | X | X | | | | | |
| Fries | USDA | 17g | | | | | | | | | | | | | | |
| Mandarin Chicken & Rice | | 44.86g | ? | X | ? | ? | ? | ? | ? | X | X | | X | | | |
| Friday | | | | | | | | | | | | | | | | |
| Chocolate Chip Muffin | Buena Vista Foods | 41g | X | X | | | | | | X | X | | | | | |
| Pizza Stick | Conagra | 32g | X | | | | | | | X | X | | | | | |
| Longboard Pepperoni Pizza | Ardellas | 30.28g | X | | | | | | | X | X | X | | X | | |
| Sno Joe Sweet Apple Cup | Rosati | 25g | | | | | | | | | | | | | | |
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Milk and Juice Carb Count

| Item | Flavors | Brand | Size | Carbs (g) |
|------------------|------------------|-------------|-----------|------------|
| Beverages | | | | |
| Milk 1% | White Milk | Producers' | 8 fl. oz. | 16g |
| Milk Fat Free | Chocolate Milk | Producers' | 8 fl. oz. | 20g |
| 100% Fruit Juice | Apple | Apple & Eve | 4 fl. oz. | 14g |
| 100% Fruit Juice | Fruit Punch | Apple & Eve | 4 fl. oz. | 15g |
| 100% Fruit Juice | Orange Tangerine | Apple & Eve | 4 fl. oz. | 12g |