

DECEMBER 2024

BREAKFAST



School Information:

K-12 Breakfast Price \$3.00

K-12 Reduced \$.30.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



MONDAY

Mini Waffles w/Syrup or Cereal
Pineapple
Fruit Juice Choice
Milk Choice

2

TUESDAY

Pancakes w/Sausage Patty or Cereal
Tropical Fruit
Fruit Juice Choice
Milk Choice

3

WEDNESDAY

Bagel w/Toppings or Cereal
Strawberries
Fruit Juice Choice
Milk Choice

4

THURSDAY

Scrambled Eggs and Bacon or Cereal
Sliced Pears
Fruit Juice Choice
Milk Choice

5

FRIDAY

Biscuits & Gravy or Cereal
Mandarin Oranges
Fruit Juice Choice
Milk Choice

6

Assorted Cereal or Pop Tarts
Yogurt Cup
Apple
Fruit Juice Choice
Milk Choice

9

French Toast Sticks w/Syrup or Cereal
Fruit Cocktail
Fruit Juice Choice
Milk Choice

10

Coffeecake or Cereal
Citrus Cup
Fruit Juice Choice
Milk Choice

11

Western Omelet w/Salsa or Cereal
Grapes
Fruit Juice Choice
Milk Choice

12

Biscuits & Gravy or Cereal
Pineapple Chunks
Fruit Juice Choice
Milk Choice

13

Cinnamon Roll or Cereal
Banana
Fresh Juice Choice
Milk Choice

16

Mini Pancakes or Cereal
Apricot Halves
Fresh Juice Choice
Milk Choice

17

Breakfast Pita
Peach Slices
Fruit Juice Choice
Milk Choice

18

Egg Taco w/Salsa or Cereal
Graham Snacks
Kiwi
Fruit Juice Choice
Milk Choice

19

Biscuit & Gravy or Cereal
Applesauce
Fruit Juice Choice
Milk Choice

20

Christmas Vacation

23

Christmas Vacation

24

Christmas Vacation

25

Christmas Vacation

26

Christmas Vacation

27

Christmas Vacation

30

Christmas Vacation

31



*This institution is an equal opportunity provider.
Menu is subject to change without notification.*