

December 2024

Heartland Therapeutic & Children's Square Council Bluffs Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Frosted Flake Breakfast ² *Fiestada Hot Pocket *Turkey & Cheese- Bun Broccoli-Carrots Pear Cup Raisins Sun Chips	Cereal, Double Chocolate Oat Bar ³ *Chicketti- Roll Corn Broccoli Peaches Raisels	Blueberry Bagel ⁴ *Walking Turkey Tacos Refried Beans Broccoli-Carrots Fresh Orange Wedges Raisins	Cereal, Trix Bar ⁵ *Beef Meatball Hoagie Green Beans Cauliflower Mixed Berry & Lemon Frozen Cup Craisins	Cereal, Muffin Top ⁶ *Hotdog- Bun Warm Carrot Coins Celery Pears Fresh Fruit Sun Chips
Strawberry Poptart Breakfast ⁹ *Italian Cheesy Pull Apart *Ham & Cheese- Bun Cucumbers-Broccoli Fruit Cup-Craisins Doritos	Chocolate Mini Donuts ¹⁰ *Mini Turkey Corndog Baked Beans Carrots Peaches Fresh Fruit Little Squares	Cereal, Oat Bar ¹¹ *Pork Choppette- Bun Mashed Potatoes- Gravy Sliced Green Peppers Jolly Sidekick Whole Fruit Holiday Cookie	Cereal, Cocoa Puffs Bar ¹² *Chicken Tenders- Roll Corn Carrots Banana Craisins	Cereal, Cheerio Bar ¹³ *Fish Square- Bun Tossed Salad Carrots Strawberry Fruit Cocktail Fresh Fruit
Fruit Loop Breakfast ¹⁶ *Chicken Nuggets- Roll Broccoli-Carrots Apple Slices Craisins Scooby Snacks	Cereal, Trix Bar ¹⁷ *BBQ Rib- Bun Corn Cucumbers-Carrots Wild Cherry Frozen Cup Fresh Fruit	Mini Cinni's ¹⁸ *Chicken Patty- Bun Tater Tots Broccoli Peaches Fresh Fruit Sun Chips	Cereal, Muffin ¹⁹ *Macho Nachos Sugar Snap Peas Broccoli Cherry Tomatoes Mandarin Oranges Craisins	Cereal, French Toast Snackbread ²⁰ *Cheeseburger- Bun Baked Beans Carrots-Celery Pineapple Raisins
NO SCHOOL ²³	NO SCHOOL ²⁴	NO SCHOOL ²⁵	NO SCHOOL ²⁶	NO SCHOOL ²⁷
NO SCHOOL ³⁰	NO SCHOOL ³¹	Did you know? December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.		

We Are Hiring!
 Work for us while your kids are in school! Various positions available. Apply online at cb-schools.org

Fruit of the Month: Kiwi
 Kiwi is a tiny, yummy fruit full of vitamin C and fiber! It helps fight germs and keeps your tummy happy. You can eat it with or without the skin. Let it ripen on the counter, then enjoy it when it's soft and sweet. Kiwi is fun to eat and super healthy!

*Milk Offered Daily
 *Menu Subject to Change Without Notice
 *This Institution is an Equal Opportunity Provider
 *Council Bluffs Schools Participates in the Fresh Fruit and Vegetable Program