



# October 2024

	<b>Tue 1</b>	<b>Wed 2</b>	<b>Thu 3</b>	<b>Fri 4</b>
	Beef (H) Taco Salad Seasonal Fruit Spanish Rice Cinnamon Churro Fire Roasted Homemade Salsa	Alfredo Penne Rigatoni (V) Seasonal Fruit Greek Broccoli Pasta Salad	Chicken Stir Fry (H) Seasonal Fruit Fried Rice Fortune Cookie	Bagel Cheese Pete'saa Seasonal Fruit Homemade Pasta Salad
<b>Mon 7</b>	<b>Tue 8</b>	<b>Wed 9</b>	<b>Thu 10</b>	<b>Fri 11</b>
All Beef Hot Dog (H) Seasonal Fruit Cajun Seasoned French Fries	Grilled Cheese (V) Seasonal Fruit Chicken Noodle Soup (H)	Garden Burger (H)(V) Beyond Brand Seasonal Fruit Fresh Diced Roasted Red Potato Hash Browns in	Chicken & Waffles (H) Fresh Mixed Fruit Syrup Cup	Penne w/ Marina Sauce (V) (H) Seasonal Fruit Carrot/Celery Sticks Garlic Bread W/ EVOO
<b>Mon 14</b>	<b>Tue 15</b>	<b>Wed 16</b>	<b>Thu 17</b>	<b>Fri 18</b>
No School	Institute Day	Arroz con Pollo (H) Seasonal Fruit Fire Roasted Homemade Salsa	Sliced Roasted Turkey(H) Seasonal Fruit Mashed Potatoes & Gravy	Meatball Mostaccioli (H) Beef and Chicken (H) Seasonal Fruit Carrot/Celery Sticks Homemade Buttermilk Ranch Dressing
<b>Mon 21</b>	<b>Tue 22</b>	<b>Wed 23</b>	<b>Thu 24</b>	<b>Fri 25</b>
Beef (H) and Chicken (H) Hamburger Seasonal Fruit Cajun Seasoned French Fries American Cheese Slice	Beef Taco Tuesday Seasonal Fruit Mexican Street Corn Cinnamon Churro Fire Roasted Homemade Salsa	Pesto Penne Pasta Rigate (V) Fresh Mixed Fruit Homemade Tomato Basil Soup (v)	Mandarin Orange Chicken Seasonal Fruit Fried Rice Fortune Cookie	Lincolnwood Beef Pepperoni (H) Pete'saa Seasonal Fruit Homemade Pasta Salad
<b>Mon 28</b>	<b>Tue 29</b>	<b>Wed 30</b>	<b>Thu 31</b>	
Macaroni & Cheese(V) Seasonal Fruit Roasted Mediterranean Broccoli	Cheese Quesadilla Seasonal Fruit Spanish Rice	Chicken Shawarma (H) Yogurt Sauce Seasonal Fruit Shoe String Fries	No Lunch - Half Day	