

# LUNCH MENU

## L-S Martin Meylin 6-8

Milk \$.60 Student Lunch \$3.00 Adult Lunch \$5.00

**December 2024**

Cabbage is good for your digestion. It helps you fill up so you eat less!! Try it on December 20<sup>th</sup>!!

Lunch includes one entrée, your choice of 2 vegetables and/or 2 fruits and a choice of milk.

Monday, 12/2	Tuesday, 12/3	Wednesday, 12/7	Thursday, 12/5	Friday, 12/6	Daily:
No School	Creamy Mac & Cheese Green Beans Pretzel Stick Mandarin Oranges Asst fruit/Milk  <i>Alt: Rib-B-Q on Roll</i>	Cheese Quesadilla/Salsa Baked Potato Grape Tomatoes w/Dip Fruit Slushie Asst Fruit/Milk  <i>Alt: Pork BBQ Sandwich</i>	Tangerine Chicken Broccoli Fried Rice Fortune Cookie Grapes Asst Fruit/Milk <i>Alt: Asian Dumpling</i>	Cheese Sticks/Marinara Romaine Tossed Salad Hummus/Celery Mixed Fruit Asst Fruit/Milk <i>Alt: Grilled Chic Pepperjack Wrap</i>	PBJ/Pizza Sandwiches/Wraps Salad w/ Protein Carrots/Celery <b>A La Carte Items</b> Drinks/snacks/Ice cream
Monday, 12/9	Tuesday, 12/10	Wednesday, 12/11	Thursday, 12/12	Friday, 12/13	Daily:
Popcorn Chicken Bowl Applesauce Cup Asst Fruit/Milk  <i>Alt: Calzone/Marinara</i>	Cheeseburger on Roll Curly Fries Baked Beans Pineapple Tidbits Asst Fruit/Milk <i>Alt: Shrimp Popper</i>	Sausage/French Toast  Hash Brown Peach Cups Asst Fruit/Milk <i>Alt: Scrambled Eggs/French Toast</i>	Chic Wing Ding w/ Cheese its Broccoli Salad Fruit Slushie Asst Fruit/Milk <i>Alt: Sausage Sandwich</i>	Dominos' Pizza Romaine Tossed Salad Sun Chips Mixed Fruit Asst Fruit/Milk <i>Alt: Sloppy Joe Sandwich</i>	PBJ/Pizza Sandwiches/Wraps Salad w/ Protein Carrots/Celery <b>A La Carte Items</b> Drinks/snacks/Ice cream
Monday, 12/16	Tuesday, 12/17	Wednesday, 12/18	Thursday, 12/19	Friday, 12/20	Daily:
Chicken Nuggets w/ Roll California Blend Apple Slices Asst Fruit/Milk <i>Alt: Mini Ranch Pierogis</i>	Grilled Cheese Tomato Soup WG Goldfish Mandarin Oranges Asst Fruit/Milk <i>Alt: Cheesesteak Sandwich</i>	Baked Ziti Garlic Knot Romaine Tossed Salad Fruit Slushie Asst Fruit/Milk <i>Alt: Turkey Bacon Melt</i>	Corn Dog Nuggets w/ Roll Baked Fries Mixed Veggies Hummus/Celery Grapes Asst Fruit/Milk <i>Alt: Chicken Parm Sandwich</i>	Stuffed Crust Pizza Hummus/Celery Asian Cabbage Salad Mixed Fruit Asst Fruit/Milk <i>Alt: Egg Roll</i>	PBJ/Pizza Sandwiches/Wraps Salad w/ Protein Carrots/Celery <b>A La Carte Items</b> Drinks/snacks/Ice cream
Monday, 12/23	Tuesday, 12/24	Wednesday, 12/25	Thursday, 12/26	Friday, 12/27	
NO SCHOOL	NO SCHOOL		NO SCHOOL	NO SCHOOL	<p><i>This institution is an equal opportunity employer and provider.</i></p> <p>11/11/24 KAS</p>

Martin Meylin Kitchen Manager: Allyson Brain [allyson\\_brian@l-spioneers.org](mailto:allyson_brian@l-spioneers.org) 717-464-3311 EXT 3013 Menu subject to change without notice.