

Prairie Centre North Stars



Team Handbook

2022 -2023

“EVERYTHING AFFECTS EVERYTHING”

Player Guidelines and Expectations:

- Perform at the highest level in practices, games, and in the classroom.
- Be on the ice and ready to practice at the scheduled time.
- If available, take advantage of ice time before scheduled practice.
- Put the team goals above individual desires.
- Conduct yourself in a manner that will bring honor to our program.
- Commit to improving your skills, hockey sense, and conditioning.
- Respect teammates and coaches.
- HAZING of any kind will not be tolerated.
- Have FUN!

Team Expectations:

1. Attendance is mandatory:
 - Excused missed practice – In order for a missed practice to be considered excused, the player or a parent must personally contact Coach Wehrman prior to the start of practice.
 - Each player must attend and help at a minimum of **two** youth practices.
2. School Absenteeism:
 - Players must be in school to play or practice.
 - On days after games, all players **MUST** be in school **ON TIME!**
3. Dress Code:
 - Road games: Team warm-up suits. No ballcaps.
 - Home games: Dress up for school.
 - Players should have warm up clothes for all games.
 - Players should have warm weather gear at all times.
4. Cell Phones:
 - Cell phones will not be allowed during team activities.
 - **BE CAREFUL WHAT YOU POST ON SOCIAL MEDIA!!**

5. Care of Equipment and Facilities:

- Each player is responsible for his own equipment.
- Your equipment stall and the dressing room will be clean at all times.
- All equipment stalls will be organized in a uniform manner.
- All away dressing rooms will be left in better condition than when we arrived.

6. Team Travel:

- Make sure that you double check your equipment bag.
- *Always have warm-up clothes in your bag!*
- Bus behavior will be relaxed. Do homework, listen to music, etc.
- Players are allowed to travel home with their parents. Coaches will need a note prior.

7. MSHSL Rules will be followed at all times!

Playing Time:

- Playing time will be discussed with players only. Coaches will not discuss playing time, game plans, or strategy with anyone except players.
- Players will have an “open door” to discuss whatever they would like with the coaches.
- We encourage parents to contact us to discuss any other questions they may have.

Lettering Policy:

- Any senior who is a positive member of the North Stars Hockey team will earn a letter regardless of game participation.
- Any player who participates in one half of all varsity hockey games during the season.
- Any player who is on the section playoff roster.
- Coach discretion

Contact Information:

All questions regarding the program should be directed to the head coach. Feel free to contact any of the coaches with immediate needs.

- Chad Wehrman
Cell: 320-808-7421
cwehrman@isd740.org

Purpose Statement: I coach to help young people understand honesty, integrity, and leadership while navigating the successes and challenges life presents.

- Noah Fletcher
Cell: 320-429-4317
Noah_Fletcher10@hotmail.com
- Hunter Fletcher
Cell: 320-429-4318
hunterfletcher33@yahoo.com