



# Lunch Menu

North Merrick Elementary Schools

December 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

2 Homemade Baked Pasta with Cheese    
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Green Beans  
Celery & Carrot Sticks w/ Low Fat Dressing  
Apple Slices

NEW

MEATLESS MONDAY

## Tuesday

3 Cinnamon French Toast   
With Sausage Patty  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Crispy Potato Puffs  
Carrot Sticks  
Sliced Oranges

IT'S BRUNCH FOR LUNCH!





## Wednesday

4 Wing Shack Classic Buffalo Chicken Wings  
Or Wing Shack BBQ Style Chicken Wings  
Or Chicken Nuggets  
Whole Wheat Dinner Roll  
Sauteed Zucchini  
Celery Sticks  
Fresh Banana


## Thursday

5 Nachos Grande  
*tortilla chips topped with freshly prepared mexi style meat and cheese*  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Steamed Carrots  
Confetti Black Bean Salad  
Apple Slices


## Friday

6 Classic Cheese Pizza    
Or Meat Lovers Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Caesar Salad  
Carrot Sticks  
Fresh Pear

NEW

9 Cheesy Stuffed Bread Sticks   
Marinara Sauce Dip  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Steamed Carrots  
Grape Tomatoes  
Apple Slices

MEATLESS MONDAY

10 Chicken Lo Mein   
Or Chicken Nuggets  
Whole Wheat Dinner Roll  
Steamed Broccoli  
Carrot Sticks  
Sliced Oranges



STUDENT APPRECIATION DAY


Stir Fry Noodles w/ Chicken & Broccoli in Teriyaki Sauce  
Fortune Cookie!

11 Cheeseburger  
Or NY Beef Burger  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Oven Baked Fries  
Baked Beans  
Honeydew and Cantaloupe Cup



12 Meatball Hero  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Roasted Butternut Squash  
Cucumber Coins  
Apple Slices

13 Classic Cheese Pizza    
Or Pepperoni Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Garden Salad  
Celery & Carrot Sticks w/ Low Fat Dressing  
Fresh Pear

16 Homemade Mac & Cheese    
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Steamed Carrots  
Fresh Cucumber Salad  
Apple Slices

MEATLESS MONDAY

17 Chicken Corn Dog  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Sweet Potato Fries  
Confetti Garbanzo Bean Salad  
Sliced Oranges



NEW

18 Roasted Turkey with Gravy  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Mashed Potatoes  
Green Beans  
Cranberry Sauce  
Fresh Grapes

19 Cheese Quesadilla   
Or Chicken & Cheese Quesadilla  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Fiesta Corn  
Carrot Sticks  
Apple Slices



HARVEST

20 Classic Cheese Pizza    
Or Pepperoni Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
Spinach Salad  
Chilled Red Pepper Strips  
Fresh Pear

23 SCHOOL CLOSED TODAY

24 SCHOOL CLOSED TODAY



26 SCHOOL CLOSED TODAY

27 SCHOOL CLOSED TODAY

30 SCHOOL CLOSED TODAY

31 SCHOOL CLOSED TODAY



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



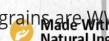
Student Price: \$3.40  
Adult Lunch \$5.29 + Tax

Lunch served with choice of grains, meat/meat alternative assorted fruit choices and milk

We serve Turkey Taco Meat, Chicken Sausage Patty, Chicken and Beef Pepperoni. Chicken



Meatballs. All grains are WW



Made With Natural Ingredients

Choice of FF, 1% White Milk or Fat Free Chocolate with meal  
**Available Daily:** Assorted Garden Salad w/ Grain & Shredded Cheese or Chicken Assorted Sandwiches, Yogurt w/ Grain and Cheese, Bagel or Pretzel Lunch w/ Cheese Stick & Yogurt. Fruity Yogurt Parfaits with Granola

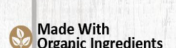
Assoc Fresh Fruit (Apple, Orange, Pear) and 100% Fruit Juice (Apple, Fruit Punch, Orange Tangerine) Assorted Fresh Vegetables (Carrots, Celery, Pepper, Salad)



Pork



Smart Choice



Made With Organic Ingredients

Assorted Condiments  
Any Question or Concerns Please Call

School Lunch Office 1-516-282-1882