

Redmond High (Lake Washington School District)

Highlights from the 2023 Healthy Youth Survey (February 15, 2024)

Student Participation Redmond High (Lake Washington School District)

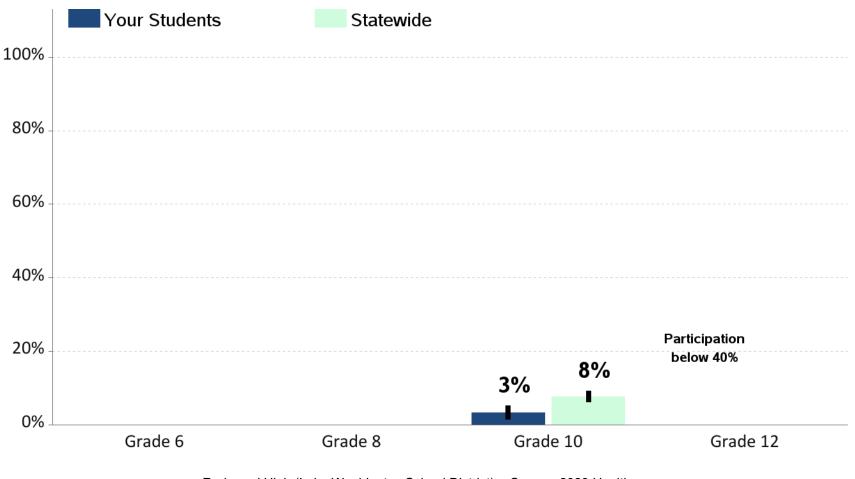
- Not Reported: Grade 6 students
- Not Reported: Grade 8 students
- 412 (69%) of Grade 10 students
- 179 (33%) of Grade 12 students

Current Cigarette Smoking Percent of students who report smoking cigarettes in the past 30 days

	Your Students	Statewide			
100% -					
80% -					
60% -					
40% -					
20% -					Participation below 40%
				20/	
0% -			1%	2%	
U70 -	Grade 6	Grade 8	Grade	e 10	Grade 12
	Redmond High	(Lake Washington School	District) Sources	· 2023 Healthy	

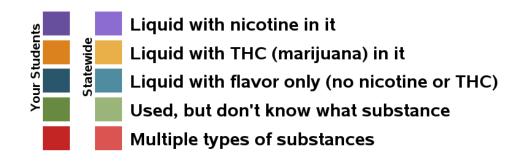
Current E-Cigarette Smoking or Vaping

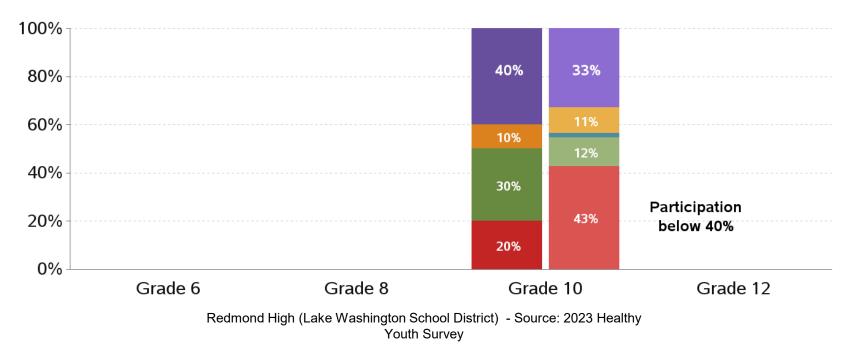
Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen in the past 30 days



Type of Substance Used in E-Cigarette or Vaped in Past 30 Days

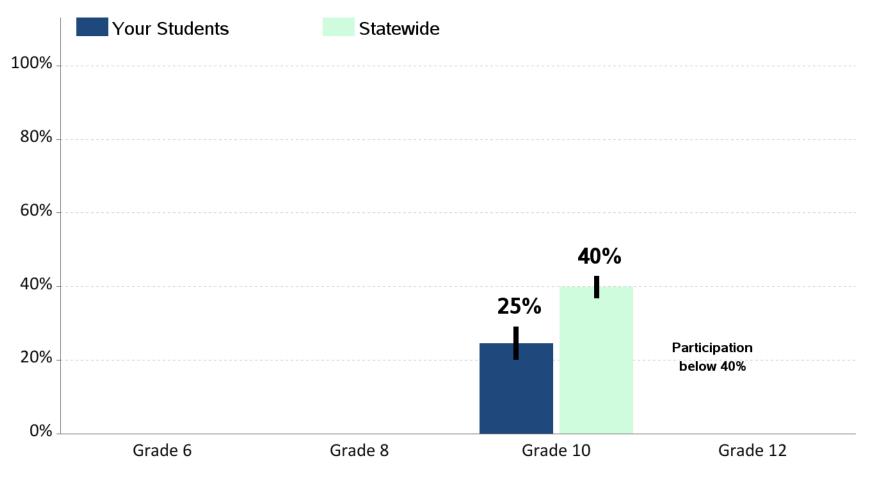
Percentages are of students who used e-cigarettes in the past 30 days





Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



Current Alcohol Use

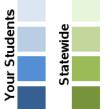
Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days

	Your Students	State	ewide			
100% -						
80% -						
60% -						
40% -						
20% -						Participation
				5%	9%	below 40%
0%						
070 -	Grade 6	Grade 8		Grad	de 10	Grade 12

Current Binge Drinking Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

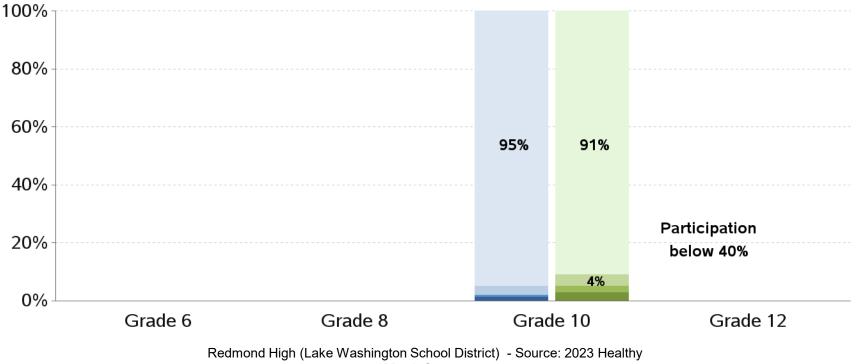
	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -				Participation below 40%
0%			2% 4%	
	Grade 6	Grade 8	Grade 10	Grade 12
	Redmond High	(Lake Washington Schoo	l District) - Source: 2023 Healthy	

Levels of Alcohol Use



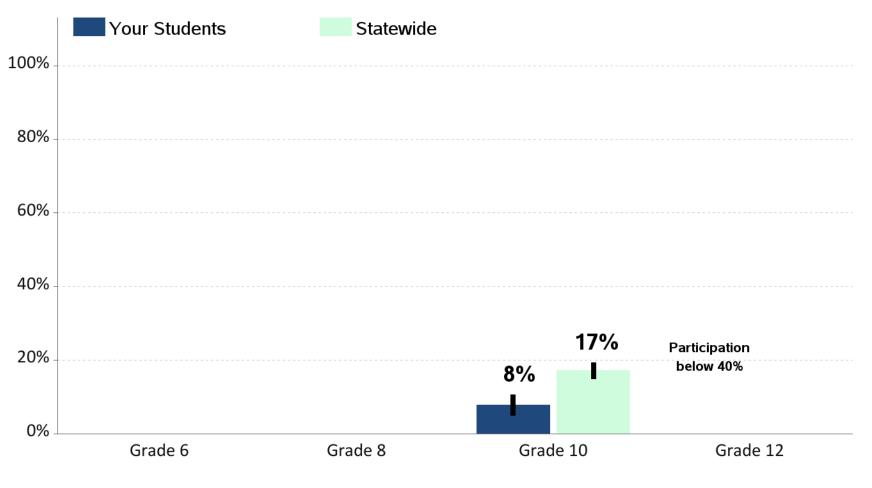
No drinking: (no drinking in the past 30 days)

Experimental drinking: (1-2 days drinking in the past 30 days, no binge drinking) Problem drinking: (3-5 days drinking in the past 30 days and/or 1 time binge drinking) Heavy drinking: (6+ days drinking in the past 30 days and/or 2+ binge drinking)

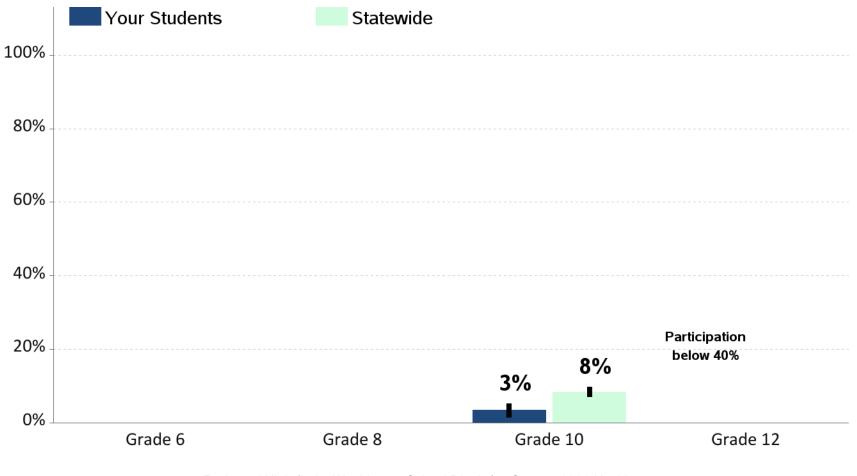


Lifetime Marijuana Use

Percent of students who report having ever used marijuana



Current Marijuana Use Percent of students who report using marijuana in the past 30 days



Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)

	Your Students	State	wide			
100% -						
80% -						
60% -						
40% -						
20% -						Participation
						below 40%
0%				1%	2%	
U70 -	Grade 6	Grade 8		Gra	de 10	Grade 12
	Redmond High (La	ake Washingtor	n School Dis	trict) - Sourc	e: 2023 Health	ý

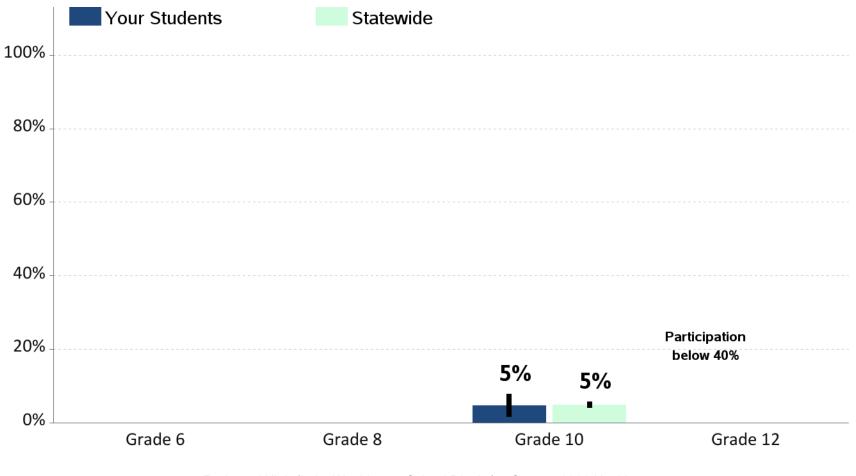
Current Prescription Drug Use

Percent of students who report using prescription drugs not prescribed to them in the past 30 days

	Your Students	Statewide			
100% -					
80% -					
60% -					
0078 -					
40% -					
					Deuticia etica
20% -					Participation below 40%
			2%	3%	
0%				•	
	Grade 6	Grade 8	Grade	10	Grade 12
				0000 11	

Current Over-the-Counter Drug Use

Percent of students who report using over-the-counter drugs, like cough syrup or cold medicine for non-medical purposes in the past 30 days



Alcohol Drinking while Using Marijuana

Percent of students who report drinking alcohol at the same time they were using marijuana in the past 30 days

	Your Students	Statewide			
100% -					
900/					
80% -					
60% -					
40% -					
20% -					Participation below 40%
00/			1%	2%	
0% _	Grade 6	Grade 8	Grad	e 10	Grade 12
	Podmond High	(Lake Washington Schoo	District) Source	· 2023 Health	,

Substance Use at School

Percent of students who report being drunk or high while participating in school in the past year

	Your Students	Statewid	e		
100% -					
80% -					
60% -					
40% -					
20% -				8%	Participation below 40%
0%			1%	•	
070 -	Grade 6	Grade 8	Grad	e 10	Grade 12
	Podmond High (I	aka Washington Sa	bool District) Source		

Tobacco Use on School Property

Percent of students who report using cigarettes, cigars, or chew/dip on school property in the past 30 days

(among those on school property in the past 30 days)

	Your Students	Statewide					
100% -							
80% -							
60% -							
40% -							
20% -					Participation below 40%		
0%			1%	1%			
070 -	Grade 6	Grade 8	Grade	e 10	Grade 12		
Redmond High (Lake Washington School District) -Source: 2023 Healthy Youth Survey							

E-Cigarette Use on School Property

Percent of students who report using an electronic cigarette, e-cig, JUUL, or vape pen on school property in the past 30 days

(among those on school property in the past 30 days)

	Your Students	Statewide			
100% -					
80% -					
60% -					
0070 -					
40% -					
20% -					Participation below 40%
			1%	4%	
0%				•	
	Grade 6	Grade 8	Grade	10	Grade 12
	Redmond High (La	ake Washington Scho Youth Su		: 2023 Healthy	/

Alcohol Use on School Property

Percent of students who report having at least one drink of alcohol on school property in the past 30 days

(among those on school property in the past 30 days)

	Your Students	Statewide				
100% -						
80% -						
60% -						
40% -						
					Participation	
20% -					below 40%	
			1%	2%		
0% -	Grade 6	Grade 8	Grade	• 10	Grade 12	
	Redmond Hig	h (Lake Washington School Youth Surve		: 2023 Health	У	

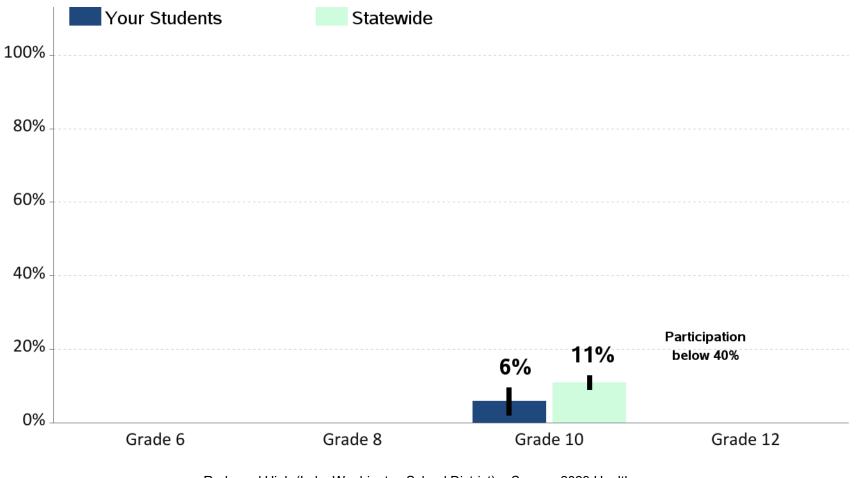
Marijuana Use on School Property Percent of students who report using marijuana on school property in the past 30 days (among those on school property in the past 30 days)

	Your Students	Statewide			
100% -					
80% -					
60% -					
40% -					
20% -					Participation below 40%
			1%	3%	
0%			_	•	
	Grade 6	Grade 8	Grade	10	Grade 12
	Redmond High	(Lake Washington School Youth Surv		2023 Health	у

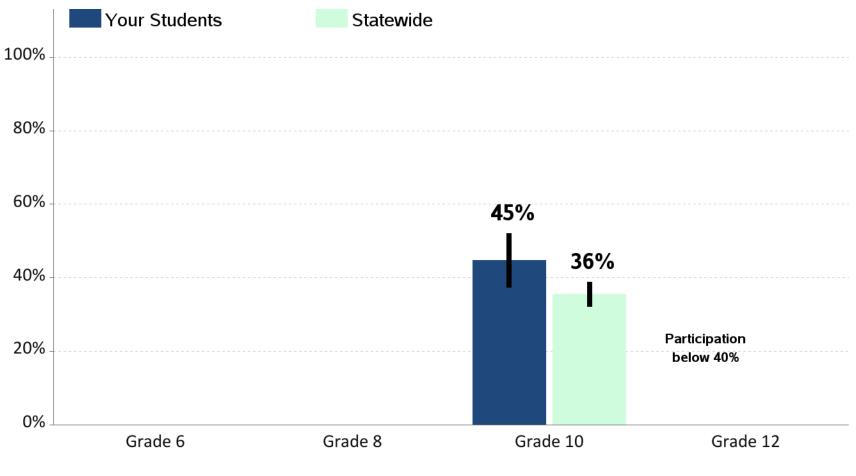
Riding with a Drinking Driver Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -			9% 129	Participation 70 below 40%
0% -	Grade 6	Grade 8	Grade 10	Grade 12
	Redmond Hig	h (Lake Washington Schor	District) - Source: 2023 F	lealthy

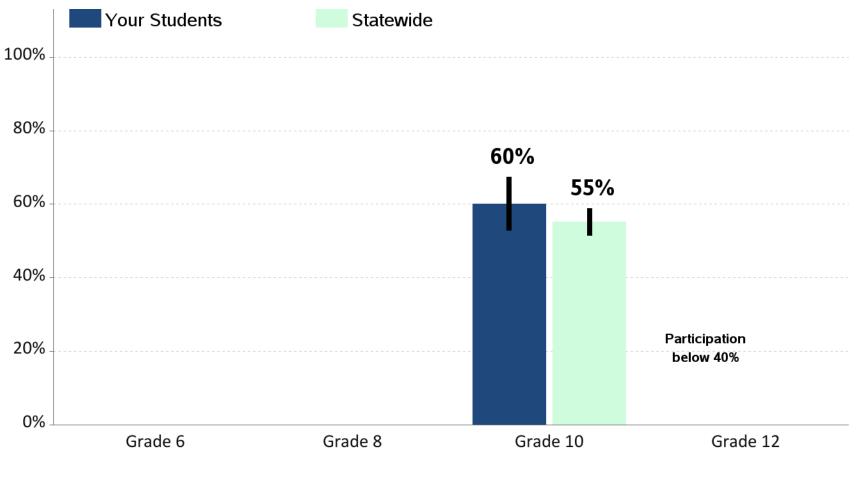
Riding With a Recent Marijuana User Percent of students who report having ridden in the past 30 days with a driver who had been using marijuana



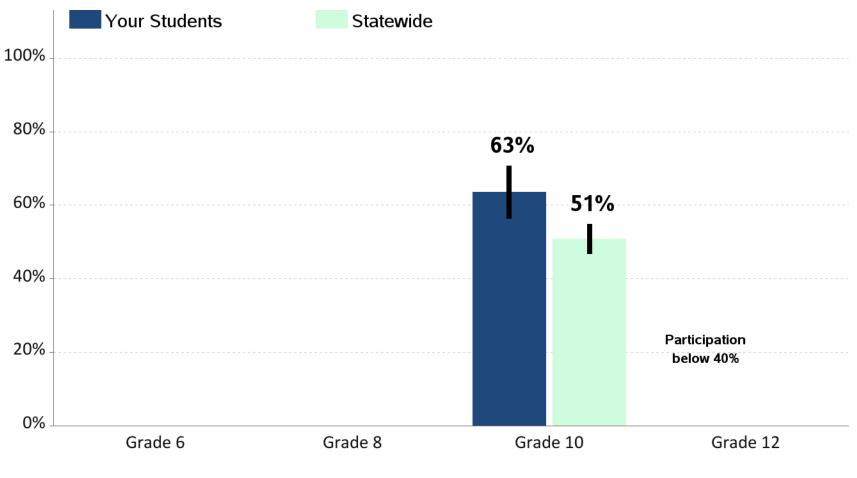
Perceived Availability of Alcohol Percent of students who report alcohol would be "very hard" to get



Perceived Availability of Cigarettes Percent of students who report cigarettes would be "very hard" to get

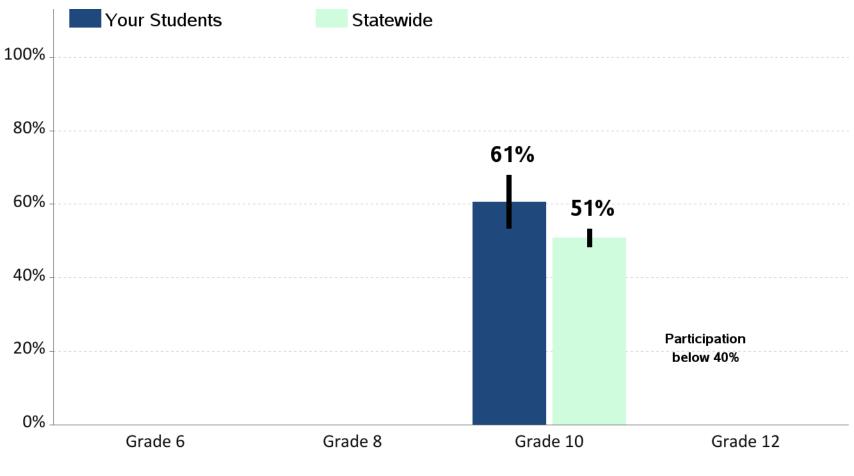


Perceived Availability of Marijuana Percent of students who report marijuana would be "very hard" to get

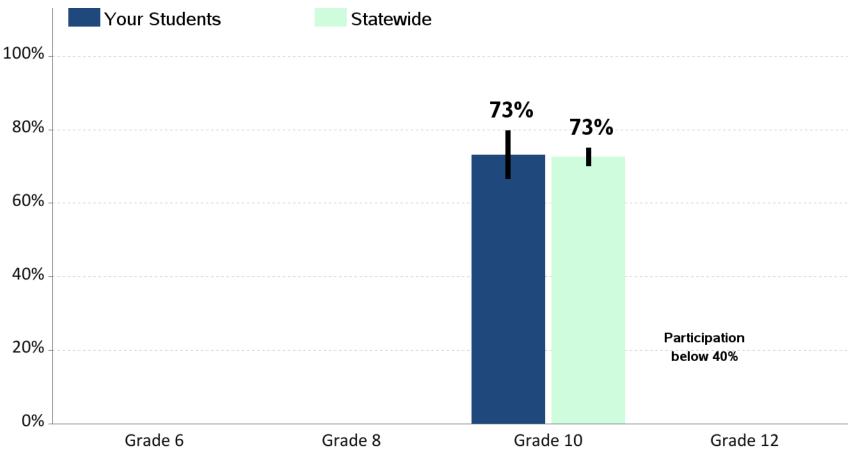


Perceived Risk of Regular Alcohol Use

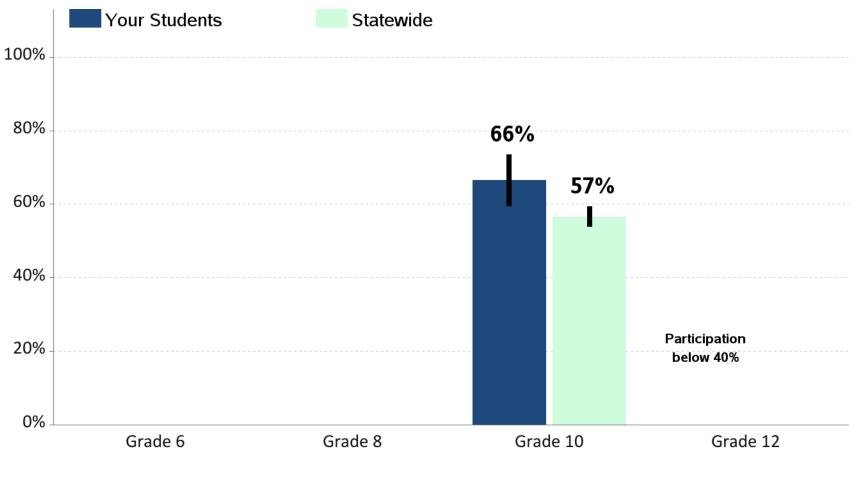
Percent of students who report "great risk" of harm from drinking alcohol daily



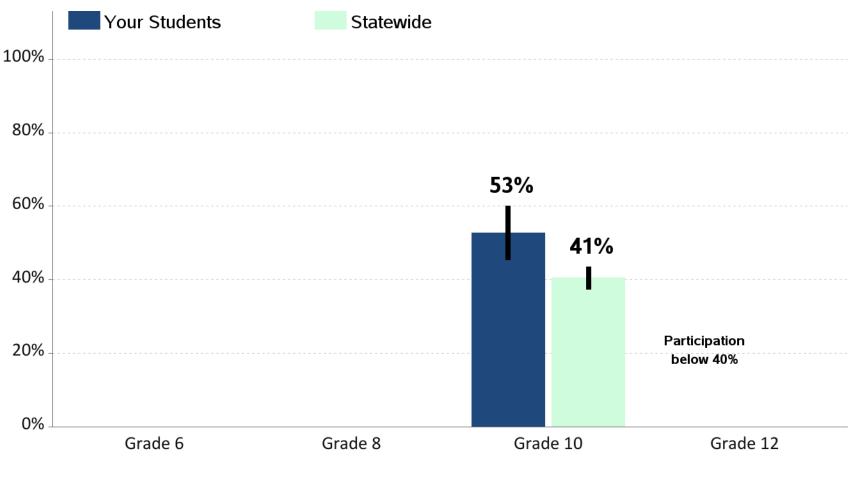
Perceived Risk of Regular Cigarette Smoking Percent of students who report "great risk" of harm from smoking a pack or more a day



Perceived Risk of E-Cigarette Smoking or Vaping Percent of students who report "great risk" of harm from using e-cigarette, JUUL, or vape pen regularly (almost daily)

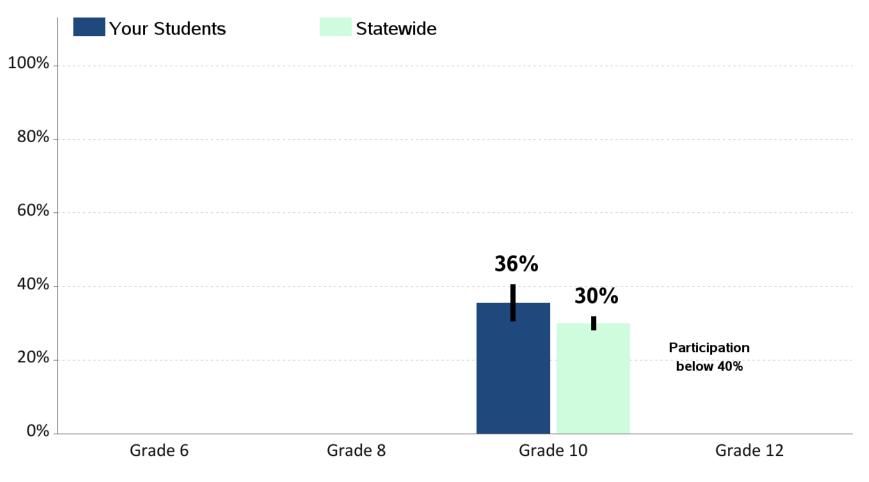


Perceived Risk of Regular Marijuana Use Percent of students who report "great risk" of harm from using marijuana at least once or twice a week



Enjoyment of School

Percent of students who report "often" or "almost always" enjoying school in the past year



Skipping School Percent of students who report skipping 1 or more whole days of school in the past 4 weeks

	Your Students	Statewide		
100% -				
80%				
60%				
40% -				
			20%	
20%			8% I	Participation below 40%
			- 1	
0%	Crada C	Crada 9	Crada 10	Crada 12
	Grade 6	Grade 8	Grade 10	Grade 12

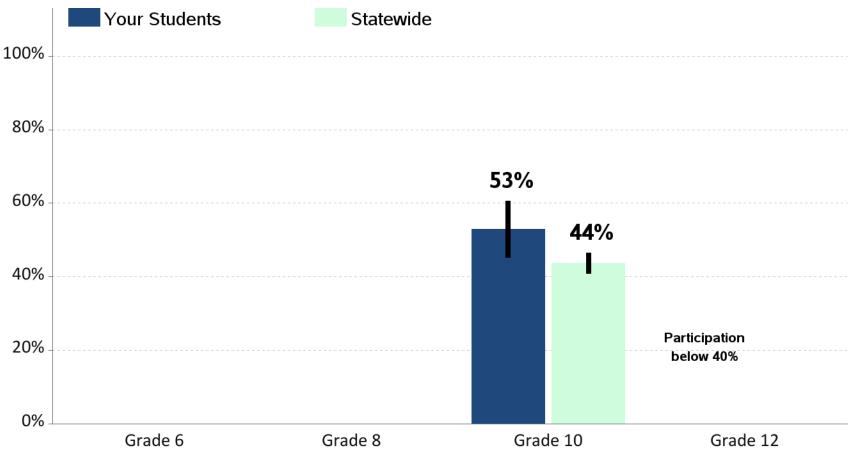
Bullying

Percent of students who report being bullied in the past 30 days

Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again.

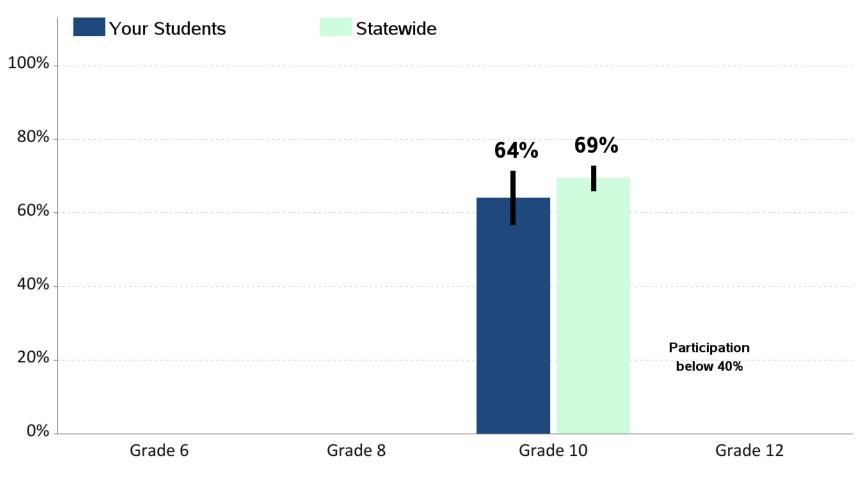
	Your Students	Statewid	e	
100% -				
80% -				
60% -				
0070-				
400/				
40% -				
			17%	Participation
20% -			10%	below 40%
0%				
	Grade 6	Grade 8	Grade 10	Grade 12

School Tries to Stop Bullying Percent of students who report teachers or other adults from school "almost always" or "often" try to stop bullying



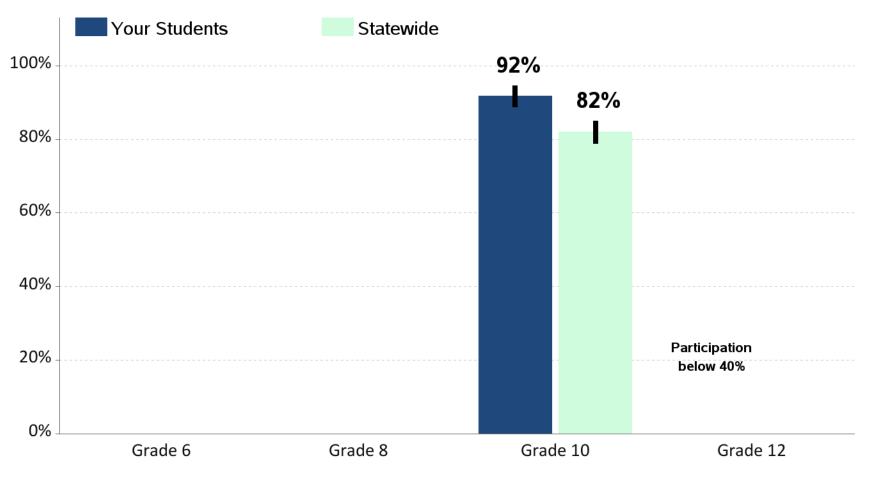
Students Know How to Report Bullying

Percent of students who report they know how to report bullying during school



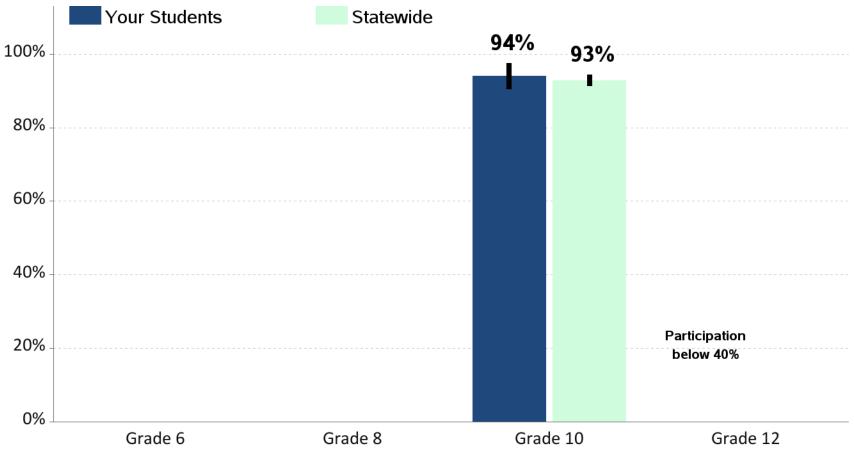
Feeling Safe During School

Percent of students who report that they feel safe during school



Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



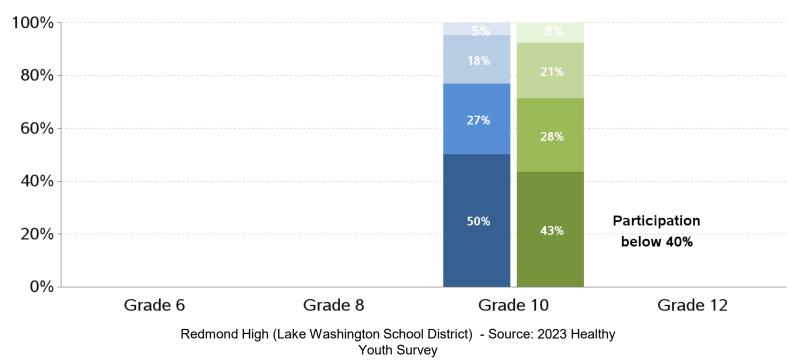
Physical Fighting Percent of students who report being in a physical fight in the past year

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -			16%	Participation below 40%
			7%	
0% -				
	Grade 6	Grade 8	Grade 10	Grade 12
	Redmond Hig	h (Lake Washington Scho	ol District) - Source: 2023 Healthy	

Children's Hope Scale

Hope reflects a future orientated mindset and motivational process toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being.



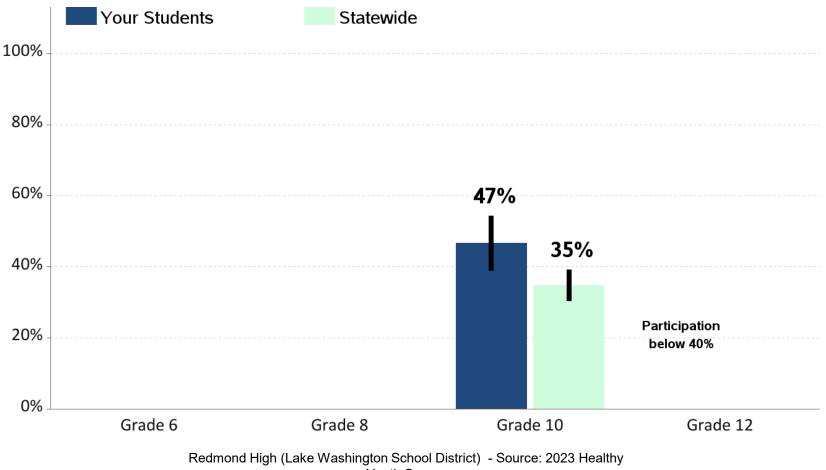


Gang Membership Percent of students who report being members of a gang in the past year

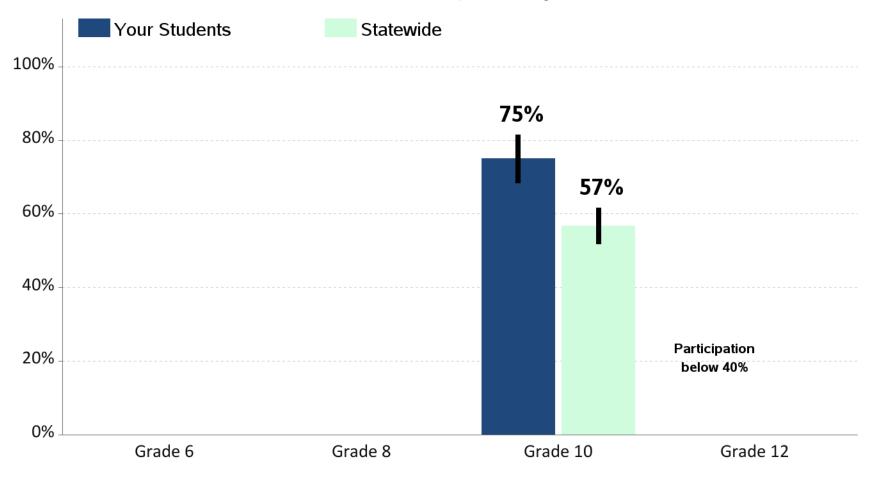
	Your Students	Statewide			
100% -					
80% -					
60% -					
40% -					
20% -					Participation below 40%
00/			1%	2%	
0% -	Grade 6	Grade 8	Grade	e 10	Grade 12
Redmond High (Lake Washington School District) - Source: 2023 Healthy					

Youth Survey

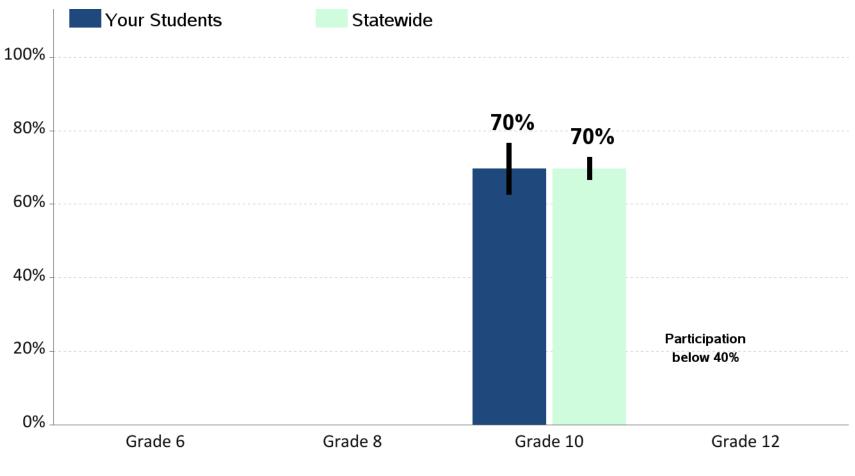
Walking/Biking To or From School Percent of students who report walking or riding a bicycle to or from school during an average week (among those who normally travel to school)



Eating Breakfast Percent of students who report eating breakfast



Sleep on a School Night Percent of students who report sleeping less than 8 hours on an average school night

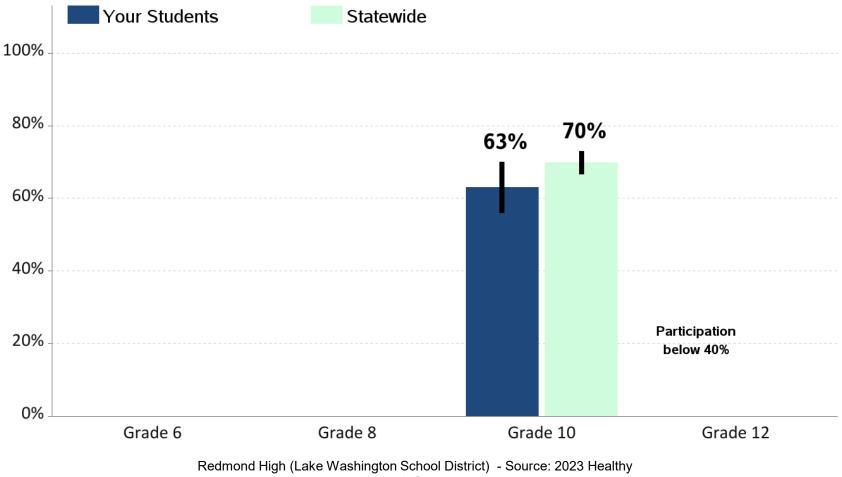


Sugar Sweetened Beverages Consumption Percent of students who report drinking sugar sweetened drinks (not including diet, sugar-free or drinks with artificial sweeteners) 2 or more times a day

	Your Students	Statewide			
100% -					
80% -					
60% -					
40% -					
20% -				10%	Participation below 40%
			6% •	10 /0	
0% -					
	Grade 6	Grade 8	Grad	e 10	Grade 12
Redmond High (Lake Washington School District) -Source: 2023 Healthy Youth Survey					

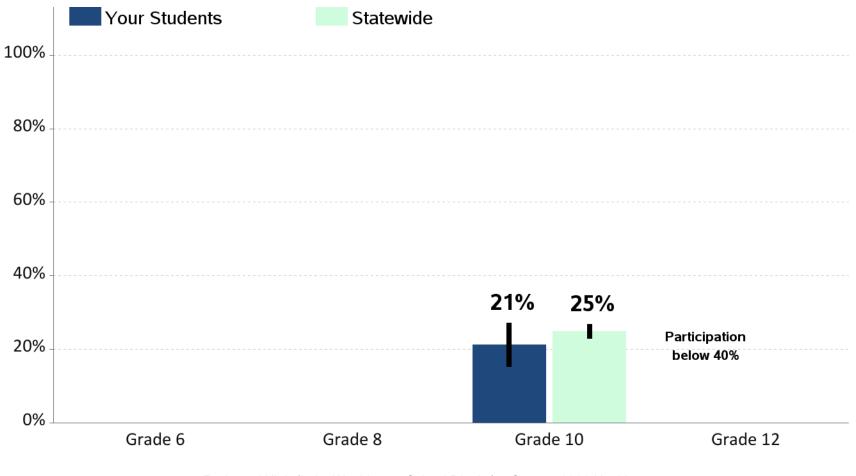
Excessive Screen Time

Percent of students who report 3 or more hours of screen time on an average school day (time spent in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media)

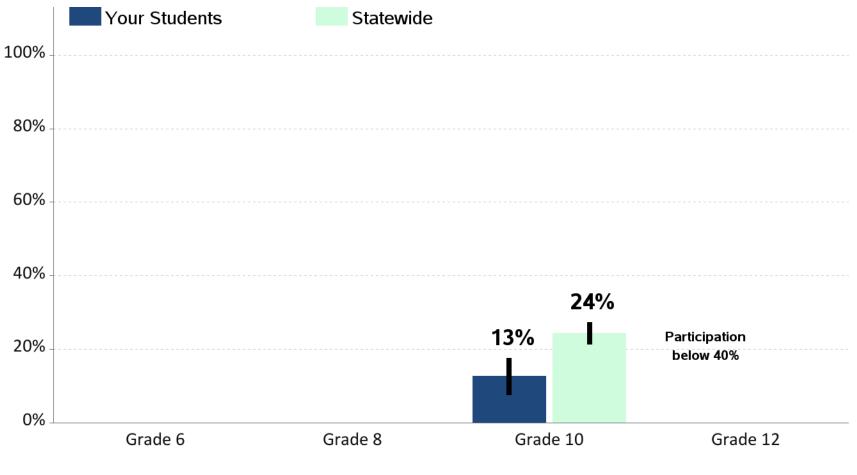


60 Minutes of Physical Activity per Day Percent of students who report being physically active

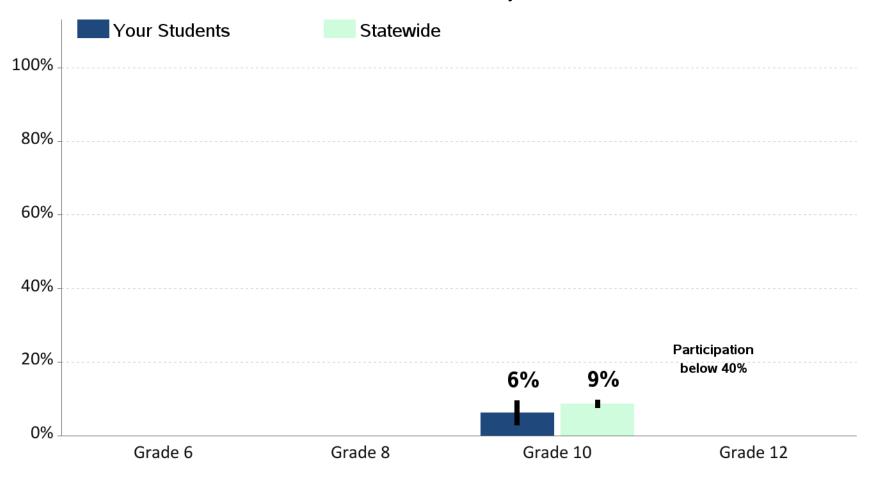
60 minutes per day, 7 days a week



Body Mass Index (BMI) Over 25.0 Percent of students who report a BMI over 25.0 (according to reported height and weight)



Current Asthma Percent of students who currently have asthma



Lifetime Sex Percent of students who report ever having sex in their lifetime

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -			17% 7%	Participation below 40%
0% -	Grade 6	Grade 8	Grade 10	Grade 12
	Redmond High (La	ke Washington School Dis	trict) - Source: 2023 Healthy	

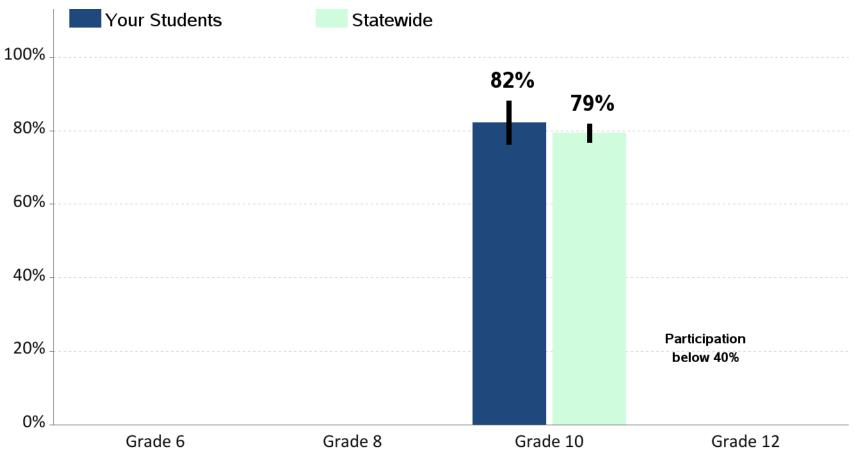
Lifetime Sexual Abuse

Percent of students who report having ever been in a in a situation where someone made them engage in kissing, sexual touch or sexual intercourse when they did not want to

	Your Students	Statewide		
100% -				
80% -				
60% -				
40% -				
20% -			15%	Participation below 40%
0%	Grade 6	Grade 8	Grade 10	Grade 12

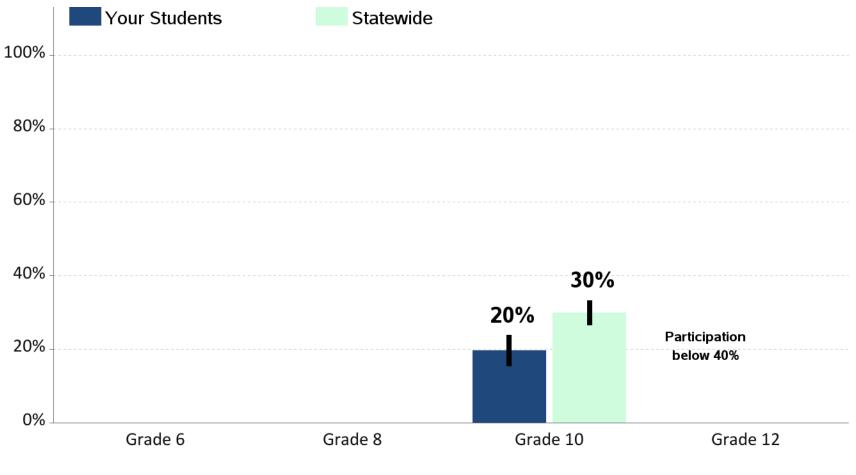
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



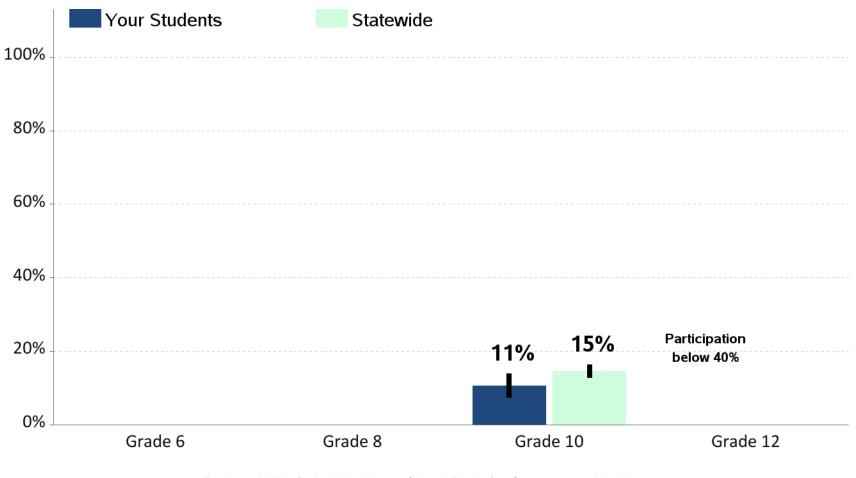
Depression

Percent of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year.



Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



Someone in Community to Talk To

Percent of students who report having an adult in their neighborhood or community they can talk to about something important

