



December 2024

UPK-3



Lunch

IROQUOIS



NYS Apples
NYS Spaghetti,
Butternut and
Acorn squash

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken Over Rice Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Tostitos Nachos Grande Sour Cream & Salsa Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Macaroni & Cheese Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 EARLY RELEASE	6 Loaded Tater Tots Taco Meat & Cheese Broccoli 1/2 C Fresh or Prepared Fruit 1/2C Milk-8oz
9 Chicken Patty On WG Roll Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 EARLY RELEASE	11 Cheeseburger On WG Roll Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Mozzarella Sticks Dipping Sauce on Side Fresh Carrots 1/2c NYS Butternut Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Shaved Steak Sub Baked Beans 1/2c 1c Romaine Lettuce= 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Chicken Tenders Dipping Sauce on Side Steamed Carrots 3/4c Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Taco Lettuce & Cheese Sour Cream & Salsa Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Chicken Nuggets (5) Roasted Potatoes Broccoli 1/2c Baked Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Grilled Cheese Sandwich Bell Pepper slices 1/2c NYS Acorn Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 EARLY RELEASE
25	24	25	26	27
<h1>Christmas Recess</h1>				
30				

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:
6" Subs and Wraps (2M2G)
Salads Made to Order (Includes Flatbread) 2M2G
Peanut Butter & Jelly Sandwich (2M2G)
Fruit & Yogurt Parfait w/Flatbread(2M2G)
Cheese or Pepperoni Pizza (2M2G)

Offered daily with all School Lunches:
Fresh or Prepared Fruit (Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)
NY State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

If your son/daughter has a particular food allergy, please contact the food service office @ (716)652-3000/7701

Student \$2.85
Adult \$5.10