

OUR STUDENT WELLBEING TEAM CONSISTS OF School Social Workers, Counselors, & Character Coaches

We are fortunate to have a Character Coach and a School Counselor or Social Worker at each Elementary Site. At the Upper Elementary we have a Character Coach, School Counselor, and a part-time Counselor. At our Middle School we have a School Counselor and a part time Counselor. At our Highschool we have 2 Social Workers, 1 School Counselor, and 3 Academic Advisors.

OUR STUDENT WELLBEING VISION

All PUSD students will have the opportunity to achieve academically and be positive contributing members of society.

OUR STUDENT WELLBEING MISSION

PUSD will provide students with the skills needed for academic success by teaching self awareness, self regulation, and interpersonal skills to increase positive relationships on a personal, school, family and community level.

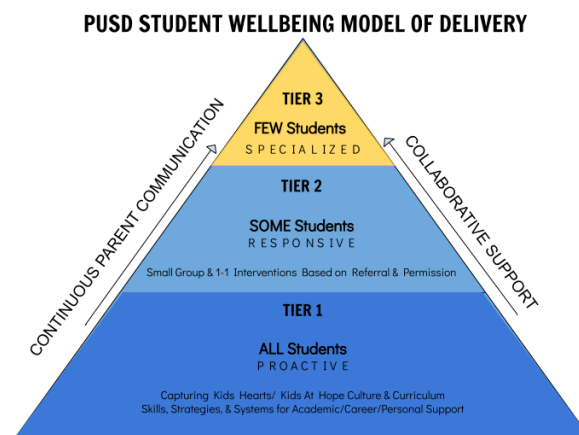
3 SWB COMMITTEE RECOMMENDATIONS TO FULFILL THE MISSION & VISION ARE

1. We recommend that School Teams implement Student Wellbeing standards into their DIGS (Culture)
2. We recommend that the Student Wellbeing Counselors create and facilitate more targeted skill building and topic oriented small groups at each site.
3. We recommend that as a district we increase the amount of opportunities for parent education and engagement for students' wellbeing.

The top student needs and skills we work on are: (based on SWB Data/ Committee Feedback / ASCA Model / ADE Competencies)

- Family Supports/Skill Building Opportunities
- Digital Citizenship (Safety & Responsibility)
- Self Regulation/Awareness/Management - Coping Skills for: Grief, Anxiety, Depression, Anger
- Empathy/Love for Self and Others
- Communication Skills
- Self Efficacy
- Conflict Resolution

TO FULFILL THESE NEEDS WE HAVE CREATED A TIER SYSTEM OF DELIVERY



GOAL FOR EACH TIER

TIER 1

- Districtwide student wellbeing DIGS/standards/goals

- CKH with Fidelity on all campuses/All staff trained under CKH model
- Consistent language across the district
- CKH/Character lessons done by Character Coaches & School Counselors

TIER 2

- More small groups targeted at SKILL BUILDING
 - Conflict resolution, social skills, & academic support
 - Social contract for playgrounds/peer culture during unstructured times

TIER 3

- Increase the amount of parent engagement
 - Promote community collaborators events and opportunities.
 - Invite them to attend a already scheduled event so parents can learn more about the resources that are available

STUDENTS STATED THAT THE FOLLOWING AREAS IMPROVED AFTER RECEIVING SWB SERVICES

1. Focus
2. Feeling Supported
3. Time Management
4. Communication Skills
5. Proactiveness
6. Emotional Regulation
7. Positivity
8. Mood
9. Amount of Healthy Coping Skills
10. Community Resources

For more information you can go to our Student Wellbeing Website at :

<https://sites.google.com/prescottschools.com/pusd-social-emotional-services?usp=sharing>

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