

# December Menu

12/2	12/3	12/4	12/5	12/6
<b><u>Breakfast</u></b> Whole Grain Breakfast Pizza Whole Grain Bagel with Cream Cheese	<b><u>Breakfast</u></b> Whole Grain Breakfast Burrito Whole Grain Waffles	<b><u>Breakfast</u></b> Whole Grain Molletes Whole Grain Cinnamon Oatmeal Round	<b><u>Breakfast</u></b> Low Fat Yogurt Parfait Whole Grain Concha	<b><u>Breakfast</u></b> Whole Grain Banana Bread Slice Whole Grain Turkey Pancake Wrap
<b><u>Lunch</u></b> Whole Grain Spicy or Plain Chicken Sandwich Whole Grain Grilled Cheese Sandwich Whole Grain Turkey & Cheese Sandwich	<b><u>Lunch</u></b> Whole Grain Chicken Tenders Whole Grain Cheese Stuffed Breadsticks Chicken Caesar Salad with Roll	<b><u>Lunch</u></b> Pulled Pork with Whole Grain Tortilla Whole Grain Bean & Cheese Burrito Whole Grain Turkey-Ham & Cheese Sandwich	<b><u>Lunch</u></b> Teriyaki Beef with Brown Rice Whole Grain Quesadilla Chef's Salad with Roll	<b><u>Lunch</u></b> BBQ Chicken Whole Grain Pizza Pepperoni Whole Grain Pizza Cheese Whole Grain Pizza
12/9	12/10	12/11	12/12	12/13
<b><u>Breakfast</u></b> Whole Grain Breakfast Pizza Whole Grain Bagel with Cream Cheese	<b><u>Breakfast</u></b> Whole Grain Breakfast Burrito Whole Grain Waffles	<b><u>Breakfast</u></b> Scrambled Egg with Turkey Bacon Whole Grain Cinnamon Oatmeal Round	<b><u>Breakfast</u></b> Low Fat Yogurt Parfait Whole Grain Concha	<b><u>Breakfast</u></b> Whole Grain Banana Bread Slice Whole Grain Turkey Pancake Wrap
<b><u>Lunch</u></b> Whole Grain Turkey Taco Nada Whole Grain Mac & Cheese Whole Grain Turkey & Cheese Wrap	<b><u>Lunch</u></b> Whole Grain Chicken Nuggets Whole Grain Bean & Cheese Pupusa Chicken Caesar Salad with Roll	<b><u>Lunch</u></b> Whole Grain Spaghetti with Meat Sauce Whole Grain Cheese Stuffed Breadsticks Whole Grain Turkey-Ham & Cheese Sandwich	<b><u>Lunch</u></b> Beef Taco Salad Whole Grain Bean & Cheese Burrito Chef's Salad with Roll	<b><u>Lunch</u></b> Pepperoni Whole Grain Pizza Cheese Whole Grain Pizza

