



MACCRAY COMMUNITY ED & REC

WINTER 2024-25
DEC - JAN - FEB



If you want a hard copy of the Community Ed booklets/newsletters through the mail, please contact Denise at 320-847-2154, Ext. 1106 or email her at smithd@maccray.k12.mn.us. We will no longer be doing bulk mailings to all box holders in our school district.

Winter 2024-25

December, January, February

Programs & Classes

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Call Denise at 320-847-2154, Ext. 1106 or email smithd@maccray.k12.mn.us if you would like to teach a class or coach an activity **AND/OR** you have an idea for a class or activity.

Together we can build the best Community Ed and Rec Department that serves all members of our communities!



Remember to register early to make sure you get a spot for the class!

Registration

Preregistration is required for all classes. Participants must be registered and fees paid prior to the first class/activity. Options are:

1. Mail registration form and payment to Box 690; Clara City, MN 56222.
2. Online Option: Go to <http://maccray.k12.mn.us/communityed>. Click on "Register and Pay" to find the class and registration for it.

Register early so you don't miss out. Often classes reach the maximum enrollment early. Also, the classes depend on minimum enrollments to hold them and classes may be cancelled due to low numbers.

Confirmation: You will either receive an email or text confirmation of your registration for a class/activity.

Inclement Weather & School Closings: If MACCRAY classes and activities are cancelled, Community Education & Recreation classes/activities may be cancelled as well. Tune to Q102/102.5 FM for notification of cancellations or check on the school's website and the CER Facebook page for updates.

Cancellation & Refund Policy

We reserve the right to cancel any class due to low enrollment and a full refund will be given to those that signed up for the class. If the class is postponed due to weather, another date will be selected for the class. If a person is unable to attend the new date, a full refund will be given out.

If you are not able to attend a class and want a refund, cancellations must be requested two days prior to the starting date of the class or activity. A \$5.00 processing fee will be charged. Forfeiture of your registration fee will occur if not done within this timeframe. No refunds will be given once class starts.



Pictures

We may take pictures during activities of groups or individuals and used for the promotion of CER. If you object to your or your child's photo being used, please notify Denise at 320-847-2154, Ext. 1106.

MACCRAY Community Education

Vision Statement

To create comprehensive educational, recreational, and wellness programs for community members of all ages – birth to golden ages.

Community Ed Staff

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CER Advisory Council

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Laura Bristle
Alli Freiborg
Jovita Harguth
Kristine Klosterboer
Sarah Macht
Kendra Peterson
Dave Plagge
Laine Rieger
Meghan Sunderland
Nancy Winter

Thank
You



"Like" us at MACCRAY Community Ed & Rec.

MACCRAY Early Education Programs

Early Childhood Programs are held at the MACCRAY Elementary School. Early childhood classes, events, and services are for families with children **ages birth to not yet in kindergarten**. **Remember to pre-register for all ECFE classes!** Each class has a minimum of five students needed to run the class.

We will decide the day after the deadline if a class will run.

Register with Denise at CER for all ECFE classes.

Early Childhood Programs offered include:



ECFE



(Early Childhood Family Education)

ECFE is based on the idea that the family provides a child's first and most significant learning environment. Parents are the child's first and most important teachers. ECFE's goal is to enhance the ability of all parents and other family members to provide the best possible environment for their child's learning and growth.

Register with Denise at CER
for all ECFE classes.



School Readiness



MACCRAY school readiness/preschool is a program for children 3 to 5 years of age who are not yet enrolled in Kindergarten. The goal of our preschool program is to provide children with a fun and enriched preschool experience that will assist parents with the emotional, social, intellectual, and physical development of their child. More information in the next couple of pages.

Contact Kristine Klosterboer with questions about our school readiness programming.



Early Childhood Screening



Early Childhood Screening is required for all children before starting kindergarten. Children may be screened beginning at age 3. Look for more information in the next couple of pages.

Contact Kristine Klosterboer for early childhood screening questions and information.

Early Childhood Staff:

Kristine Klosterboer:

Early Childhood Coordinator
ECFE, Early Childhood Screening, & School
Readiness/ Preschool

klosterboerk@maccray.k12.mn.us

or 320-847-2154, Ext. 1320

Heather Shamla:

Preschool Secretary
Preschool Billing/Questions

shamla@maccray.k12.mn.us

or 320-847-2154, Ext. 1306





Winter ECFE Classes



A night of holiday fun and games for you and your child to experience. We will be playing reindeer games, singing songs, creating art, and more!

Ages: 3-5 (Preschool)
Dates: Tuesday, December 10th
Time: 5:30 - 6:30 p.m.
Location: Preschool Classroom
Cost: \$5.00
Deadline: Tuesday, December 3rd



****Sibling care is available for all classes. Please let us know when you register so we have someone available. Also, indicate if your child has any allergies.**

No family will be denied access due to inability to pay.

Household Size	2	3	4	5	6	7	8
Monthly Income	2,583	3,204	3,870	4,536	5,202	5,868	6,534

Sliding Fee Scale

Free: Current family monthly gross income of \$1800 or less

Half Price: If family monthly income is below the following guidelines

Full Price: If family monthly exceeds the guidelines below



Participate with your young child in singing, dancing and playing instruments in this lively, musical class with our elementary music teacher, Ms. Meyer!

Ages: 3-5 (Preschool)
Date: Tuesday, February 11th
Time: 5:30 - 6:30 P.M.
Location: Elementary music room
Cost: \$5.00
Deadline: Tuesday, February 4th

**** Remember to pre-register for all classes! Each class has a minimum of five students needed to run the class and will have a maximum of twelve students. We will decide the day after the deadline if a class will run. You can register with Denise at CER for all ECFE classes.**

Zzzz.... Hibernation Adventures

Come on a hibernation adventure with us as we learn about different animals that hibernate for the winter through games, songs, stories, and more!

Ages: 3-5 (preschool)
Date: Tuesday, January 21st
Time: 5:30 - 6:30 P.M.
Location: Preschool Classroom
Cost: \$5.00
Deadline: Tuesday, January 14th



Early Childhood Screening

Is your child 3 years old? Then it's time for screening!

Screening date for 2024-25 school year:

Monday, January 13, 2025

Did you know that screening is required in the state of Minnesota? Screening allows health and developmental concerns to be addressed at least one to two years before a child enters kindergarten.

Screening is an early look at a child's development and is conducted by qualified professionals to help identify specific needs a child may have in these areas:

- *Fine and gross motor skills
- *Vision and hearing
- *Speech and language development
- *Height and weight
- *Cognitive development
- *Immunizations



The state of Minnesota requires a health and development screening for every child before kindergarten entry in a public school. The MACCRAY School District offers this service at no cost. Screening should be completed before a child turns five years old and may be scheduled as early as three years of age.

Please contact Kristine Klosterboer at klosterboerk@maccray.k12.mn.us or 320-847-2154, Ext. 1320 to schedule an appointment or if you are new to the district.

New baby or new to the district?

Being on the census ensures you will receive ECFE, screening, and kindergarten information when your child is eligible. If you are new to the community, recently had a new baby, or moved to a new address, call Heather at 320-847-2154, Ext. 1306 or shamlah@maccray.k12.mn.us to ensure that you are on our school census list.



Early
Childhood
Development

Milestones to age 5



Every child is unique. No two children develop, grow and learn at exactly the same pace. And yet children develop in predictable ways. The milestones indicated here are just some of the indicators that a child is developing typically. Take notes as your little one learns. Babies and toddlers are growing, learning and changing all the time. It's fun to watch! We suggest you keep track of the new things they do and the milestones they reach. If you are concerned about your child's growth, development or learning, we encourage you to contact us at HelpMeGrowMN.org or 1-866-693-4769

Track These Milestones



MACCRAY Preschool

Welcome to MACCRAY Preschool! MACCRAY preschool is a program for children 3 to 5 years of age who are not yet enrolled in kindergarten. The goal of our preschool program is to provide children with a fun and enriched preschool experience that will assist parents with the emotional, social, intellectual, and physical development of their child. Our preschool programs offer fun and meaningful experiences for the children through music, literacy, writing, math, science, technology, as well as fine and gross motor activities. We continue to implement Creative Curriculum for Preschool into the classrooms, along with the Teaching Strategies Gold to assess student progress throughout the school year.

2024-2025 Preschool Class Options

3-Year-Old Preschool Class

****Must be 3 by September 1, 2024***

- * School Day is 8:00 am to 3:30 p.m.
- 2 Full Days - Days TBD (\$160/Month)
- 4 Full Days - Tuesdays through Fridays (\$320/Month)

4-Year-Old Preschool Class

- * School Day is 8:00 am to 3:30 p.m.
- 2 Full Days - Days TBD (\$160/Month)
- 4 Full Days - Tuesdays through Fridays (\$320/Month)



Children who are eligible to participate in MACCRAY preschool programming for the 2024-25 school year must:

- *be 3 years old or older on September 1, 2024.**
- *be toilet trained.**
- *meet current Minnesota immunization requirements.**



ONLINE
RESOURCES

Registration Link:

<https://www.maccray.k12.mn.us/preschoolregistration>

Scholarship Link:

<https://www.maccray.k12.mn.us/preschoolscholarship>

Preschool Calendar Link:

<https://www.maccray.k12.mn.us/preschoolcalendar>

*Programming will run from September through May.

*Fees are charged to pay for program costs.

*Scholarships are available for qualifying families. Information available on the MACCRAY school website or email Heather at shamalah@maccray.k12.mn.us with questions.

*We are a four-star Parent Aware rated school readiness program with the goal of preparing all children for kindergarten.

*Parents interested in preschool classes can find information on the MACCRAY schools website at www.maccray.k12.mn.us or send inquiries to klosterboerk@maccray.k12.mn.us or shamalah@maccray.k12.mn.us



Join us for
**PRESCHOOL
REGISTRATION**

and a visit from
**Hemker
Zoo**

MARCH 4, 2025

5:00-5:25 Register, Questions, & Meet Staff
in the high school cafeteria

5:30-6:30 Zoo Animal Presentation & Explore
the animals in the high school gym

Auditorium Entrance

711 Wolverine Dr.

Clara City, MN 56222

The \$50 registration fee will be waived by
attending the night of registration!

Please contact me with questions:

Kristine at klasterboerk@maccray.k12.mn.us

or 320-847-2154 ext. 1320



Snowmen Painted Rocks

Just in time for winter! Kids will have fun painting rocks to make them look like melting snowmen. They will be able to be creative and make unique snowmen creations!

Dates/Grades: K - 2nd: Wednesday, December 11th
3rd – 5th: Wednesday, December 18th
Time: 3:30 – 4:30 p.m.
Cost: \$20.00
Location: Art Classroom
Instructor: Jasmine Goblisch
Deadline to Register: *K-2 (12-6) & 3-5 (12-13)*



Everything Grinch!

Kids will have a Grinchy time with this class. We will watch the short movie version, have Grinchy snacks/drinks, and make Grinchy crafts.

Grades: K – 2nd
Date: Wednesday, December 18th
Time: 3:30 – 5:00 p.m.
Cost: \$20.00
Location: MS/HS Kitchen
Instructor: Rachel Gueningsman
Deadline to Register: *December 12th*

Winter Wonderland Crafts & Snacks



Let's get out the glue, scissors, etc.!!! Kids will show their creative side when we do all sorts of winter wonderland crafts. We will also make wintry snacks.

Grades: 3rd – 5th
Date: Wednesday, January 15th
Time: After-School – 3:30 – 5:00 p.m.
Cost: \$20.00
Location: MS/HS Kitchen
Instructor: Rachel Gueningsman
Deadline to Register: *January 9th*

After School Art Club



Come hang out in the art room with Miss Goblisch and create four different projects! We will be going over different aspects of art and learning why we create what we create and how.

Grade: 3rd – 5th
Date: Wednesdays
January 22nd and 29th
February 5th and 12th
Time 3:30 – 4:30 p.m.
Fee: \$30.00
Location: Art Room
Instructor: Jasmine Goblisch
Maximum: 20
Deadline to Register: *January 17th*



All Things Snowmen

You don't need mittens and boots for building these snowmen...just your crafting skills! Kids will make many different crafts all with the theme of snowmen.

Dates/Grades: 3rd – 5th: Wednesday, January 8th
1st – 2nd: Wednesday, January 22nd
Time: 3:30 – 5:00 p.m.
Cost: \$20.00
Location: Elementary Classroom
Instructor: Linda Ruschen
Deadline to Register: *3-5 (Jan. 3) & 1-2 (Jan. 17)*



Please remember to pick up your child on time from all activities. The time of supervisors, instructors, and volunteers is very important, and they cannot leave until all children are picked up.



Build Your Own Robot!

Here's your chance to become robot engineers! This class will be a fun, hands-on approach to robotics that will teach and entertain students about the fundamentals of engineering by using tiny machines. Robots will walk, crawl, spin, and so much more! Students will be able to bring their robots home to continue the fun!

Dates/Grades: 1st - 2nd: Tuesdays, February 11th

3rd - 5th: Tuesday, February 18th

Time: 3:30 - 4:30 p.m.

Cost: \$35.00 (Includes the robot kit.)

Location: Elementary STEAM Classroom

Instructor: Renae Westbrook

Deadline to Register: 1-2 (Jan. 27) & 3-5 (Feb. 3)



Dreaming of Spring

Wishing it was spring? You are not alone! Here's your chance to spring into spring with arts and crafts. Kids will be making wind chimes, flowers, and more!

Dates/Grades: 3rd - 5th: Wednesday, February 19th

1st - 2nd: Wednesday, February 26th

Time: 3:30 - 5:00 p.m.

Cost: \$20.00

Location: Elementary Classroom

Instructor: Linda Ruschen

Deadline to Register: 3-5 (Feb. 14) & 1-2 (Feb 21)



Ukulele Playing 101

This class is perfect for beginners and for students that took the class in the fall. Emphasis will be on basic chords and moving up to techniques like slides and the shuffle strum. We make it easy to master this beginner-friendly instrument. Ukuleles will be provided.

Grades: 3rd - 5th

Date: Thursdays, Jan. 16th - Feb. 27th

Time: 3:30 - 4:30 p.m.

Location: High School Music Room

Fee: \$35.00

Instructor: Michaela Mankenberg

Deadline to Register: January 10th

Spotlight Theatre Workshop



Calling all actors and actresses! Nikki Erickson of Spotlight Theatre is offering a wonderful opportunity for our kids to show off their gifts and talents! Check out the below:

Cinderella

Enjoy bringing to life the story of Cinderella with a twist. You will act, sing, dance, and wear fun costumes. There will be a performance on February 18th at 7:30 p.m. for families, friends, and the community. Never acted before? No Problem! All experience levels welcome!

Grades: 1st - 7th

Dates: Tuesdays & Thursdays
February 6th, 11th, 13th, 18th

Time: 6:00 - 7:45 p.m.

Cost: \$35.00

Location: Willmar Community Center

To register, contact Nikki at 320-262-9170. Do **not** register through MACCRAY CER.

Scholarships are available for all youth programming. Contact

Denise at

320-847-2154, Ext. 1106 or email

her at smithd@maccray.k12.mn.us

to apply for one.





Exploring the FFA World

Come explore the diverse fields within the FFA organization, focusing on topics like animal science, plant science, natural resources, and agricultural mechanics. Through hands-on activities, students gain practical skills and a deeper understanding of how agriculture impacts everyday life. This class also emphasizes leadership, teamwork, and career development opportunities within FFA. You don't have to be from the farm to be in FFA or to sign up for this class.

- Grades:** 3rd – 5th
Date: Tuesday and Wednesday
 January 21st and 22nd
Time: 3:30 – 5:00 p.m.
Location: High School Ag Classroom
Fee: \$20.00
Instructor: Alecia Hanson & Tracy Nelson
Deadline to Register: *January 15th*



4-H LEGOs & Robots

This class will let students explore the world of science, technology, engineering, and mathematics through hands-on activities that include LEGOs and robots. Students will collaborate with other students and develop logical thinking, scientific reasoning, and problem-solving skills.

- Grades:** 3rd - 6th
Date: Mondays
 January 27th and February 3rd
Time: 9:00 – 11:00 a.m.
Location: HS Ag Kitchen Classroom
Fee: \$25.00
Deadline to Register: *January 20th*



Snowmobile Safety

Prior to taking the Riding Performance Course, students must go online and complete one of the online courses below and must print out certificate of completion and bring with them.

Things to bring to class: Snowmobile Helmet, Snow Pants, Hat, Gloves, Certificate of Completion of online course. The course will consist of inside and outside training, so please dress accordingly. **ONLINE COURSE REQUIREMENTS:**

- Youth ages 11-15.
- Complete online course via link at: <https://www.snowmobilecourse.com/usa/minnesota/>
 - Fee for the online course is \$29.95 – pay online on this online course website. In-person class is free.
 - Student attends a classroom review class and participates in a riding performance course.
 - Led by trained volunteer instructors.
 - Certificate becomes valid at age 12.

To register or if you have questions, contact Mike Bosch at boschml08@gmail.com or call him at 320-894-0485.

- Ages:** 11 -15 years old
Date: Saturday, December 21st
Time: 1:00 – 4:00 p.m.
Location: HS Ag Kitchen Classroom
Instructor: Mike Bosch and Chris Thissen



"Like" our Facebook page at Maccray Community Ed & Rec.

Stay connected....plus it is a great way to check out pictures from our Community Ed activities.



Saturday Hoops

Boys & girls - join us to learn and practice basketball fundamentals and skills. Kids registered for this will have a chance to be picked at random to be a “mini-wolverine” at a varsity basketball game.

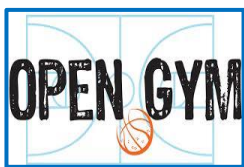
- Grades:** 1st – 2nd
- Time:** 9:00 – 10:30 a.m.
- Dates:** January 25th and February 1st
- Cost:** \$20.00
- Location:** Elementary Double Gym
- Coaches:** Lucas Post & Shaun Condon
- Deadline to Register:** *January 21st*



Volleyball Camp

Players will learn and/or advance their volleyball skills through drills and games. It’s a positive and encouraging environment where the main goal is to have fun while learning more about volleyball.

- Grades** 3rd – 6th
- Dates:** Saturday, February 22nd
- Time:** 9:00 – 11:00 a.m.
- Cost:** \$20.00
- Location:** Elementary Double Gym
- Coach:** Tory Brouwer, Varsity Coach
- Deadline to Register:** *February 17th*



Getting cabin fever? Want some family fun time? Come to open gym for some fun and exercise! Kids under 12 need to have an adult with them. **No registration required. FREE!**

- Sundays:** January 5th through March 23rd
- Time:** 2:00 – 4:00 p.m.
- Location:** Elementary Double Gym



Youth Wrestling

We have a two-fold option for the program! We have a local practice option on Wednesdays for wrestlers 4 years old through 6th grade. Practice will be in the MACCRAY elementary cafeteria.

In addition to this, we are promoting the Quad County’s youth program. Practice will be at YME/Granite Falls.

You do not need to be a part of the Quad County program to do the onsite MACCRAY practice. Kids can do both or one or the other. If in both, you will get two different t-shirts.

Find open youth tournaments at:
<https://theguillotine.com/open-tournament-calendar/>

- Grades:** 4-Years Old Preschool – 6th
- Dates:** Wednesdays
January 15th through February 26th
- Time:** 3:30 – 4:30 p.m.
- Cost:** \$30.00 includes a t-shirt
- Location:** Elementary Cafeteria
- Instructor:** Mike Bristle & Jeremy Schafer
- Deadline to Register:** *January 10th*



Quad County Wrestling

To inquire about this program, contact Miles at 320-226-5138 or Nic at 320-226-0829.

- Grades:** K – 6th
- When:** Mondays & Thursdays
Starts on Monday, December 2nd
- Time:** 6:30 – 8:00 p.m.
- Cost:** \$100 SINGLET DEPOSIT – will be returned at the end of the season.
- Location:** YME Wrestling Room/Granite Falls

**NOTE: NOT SPONSORED THROUGH
MACCRAY COMMUNITY ED & REC.
THIS IS FOR INFORMATIONAL
PURPOSES. TO SIGN UP – SEE
INSTRUCTIONS BELOW.**



**MINNESOTA
DEPARTMENT OF
NATURAL RESOURCES
FIREARMS SAFETY AND
HUNTER EDUCATION
COURSE**

Norm Andresen
Certified Instructor
Clara City, MN

***Pre-registration is recommended. Please provide
a parent/guardian email address to
normandresen@yahoo.com.***

Class Details

This course is open to everyone who is 11 years old and above on class starting date. Firearm Safety Program is also required before a hunting license can be purchased for anyone born after 12/31/1979.

Classes will be held at the Citizens Alliance Bank in Clara City. Please use the south entrance door. We are working out location details for the “field day or range class”.

Students are asked not to bring either firearms or live ammunition to class or “field day”. All materials will be provided for the students.

Class dates are being determined – but they probably will be in March. Email Norm Andresen at normandresen@yahoo.com to sign up.

Class Expense

- The “Firearm Safety Class” is \$7.50 and needs to be paid in full on the first day. This fee includes:
 - Mailing, copying and other incidental class expense
 - Ammunitions and targets for “field day”
 - Training aids or safety equipment for program use
- The Minnesota DNR Firearm Safety Hunter Education will **require an additional licensing fee** (after successful class completion) to create the student’s official *Firearm Safety Certificate*.

Please visit www.mndnr.gov or call 1-877-348-0498 for more information.

Basic Course Guidelines

- To prevent firearm accidents.
- To ensure the future of hunting and shooting sports through compliance with laws, regulations, and ethics.
- To emphasize the importance of wildlife management, laws, and regulations so that students will obtain a better understanding of their obligations to the resources, landowners, other hunters, and themselves.



Family Movie at MACCRAY



Sunday, February 22, 2025

MACCRAY Performing Arts Auditorium

2:00 – 4:30 P.M.

Includes a 30-minute intermission for concessions.

Kids 12 and under need to have an adult w/them.

Cost: Free Will Offering & Non-Perishable Food Item

Brought to you by National Honor Society

HOMESCHOOL CLUB

Library Hub
3:30 - 4:30

Tuesdays & Thursdays

6th –
12th
Grade

For more information on our Homework Club, contact Sarah Macht, Dean of Students, at 320-847-2154, X1233 or email at machts@maccray.k12.mn.us

MACCRAY
Elementary
PARENTS' CLUB

MACCRAY Parents Club is a volunteer-based organization that all parents/guardians of MACCRAY Elementary students belong to. We work together with teachers and administration to strengthen, enhance, and encourage the educational environment of the MACCRAY Elementary School.

We encourage all parents to volunteer and help with events even in a small way. Your impact on students and staff goes a long way.

Visit our website for more information and see upcoming events we host.

View Teachers' Amazon Wishlists on our website under "More.." tab.

Visit our website: <https://sites.google.com/maccray.k12.mn.us/maccrayparentsclub>
E-mail us: maccrayparentsclub@gmail.com
Find us on Facebook: <https://www.facebook.com/maccraywestparentsclub>



**American
Red Cross**

GIVE SOMETHING THAT
Means Something

GIVE BLOOD

Blood Drive
MACCRAY High School
Gym
711 Wolverine Lane - Clara City

Wednesday, December 4, 2024
9:00 a.m. to 3:00 p.m.

*Also, there
will be a
blood drive
on
Wednesday
February 19th
9-3:00 p.m.*

Contact an NHS Member to make an appointment or please visit RedCrossBlood.org
and enter: MACCRAY to schedule an appointment.

Donate to help a local student win a scholarship!



Scan to be directed to
RapidPass®



**Give Nov 18 to Dec 8 for two pairs of custom FRIENDS
+ Red Cross socks, ltd qty. Keep one, gift one!**



Scan to schedule
an appointment.

Order ID: 1738191 • Item ID: 8343766 • Qty: 1 of 1 • 191661 • 2024-APL-2577 • AR17 • 246150

Schedule your blood donation appointment today!

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

© 2024 The American National Red Cross | 469801-3 CW



Woodworking & Building

Back by popular demand! This course will provide a better understanding of how to plan and build wood projects. Basic to advanced level of woodworking techniques will be used depending on individual skill levels. Emphasis will be placed on the proper safety and use of all tools and machines.

- Dates:** Thursdays, January 16th - Feb. 20th
- Time:** 6:00 – 9:00 p.m.
- Cost:** \$50.00
- Location:** High School Shop Room
- Instructor:** John Hagemeyer
- Minimum :** 8
- Deadline to Register:** *January 9th*



Candle Making

You will learn how to make candles and wax melts from soy wax and bees wax with fragrances and essential oils. Lots of molds and candle jars to choose from. Participants will make one jar candle and two wax melt molds (about 12 pieces in each mold).

- Date:** Thursday, January 23rd
- Time:** 6:00 – 7:30 p.m.
- Cost:** \$60.00
- Location:** High School Ag Kitchen Classroom
- Instructor:** Taylor Donahue-Erickson
- Deadline to Register:** *February 13th*

Adult Basic English Class



This class will help adults learn the English language and how to navigate educational systems and more! Classes are on Tuesdays from 5:00 – 8:00 p.m. in the HS/MS Media Center. Also, we are offering daycare as part of our program. For more details and information, contact Sonja Stark at 320-847-2154, Ext. 1142 or email at starks@maccray.k12.mn.us.



Sourdough 101

In this hands-on class, you will discover the techniques used in working with sourdough and practice all of the steps of baking successful sourdough bread. This class walks you step by step from feeding your starter to stretching, folding, and shaping the dough to baking the bread. We will talk about the tools used in sourdough baking, starter maintenance, and what to do with sourdough discard. Each participant will leave with a sourdough essential tool set (valued at \$20), an active starter, and the dough to bake a loaf of bread at home.

- Date:** Saturday, January 11th
- Time:** 9:30 – 11:30 a.m.
- Cost:** \$65.00
- Location:** High School Ag Kitchen Classroom
- Instructor:** Taylor Donahue-Erickson
- Deadline to Register:** *January 3rd*



Freezer Meals

Is life keeping you so busy you don't have time to make family meals? Here's your chance to stock your freezer with family friendly meals that will take the stress out of answering, "What's for supper tonight?!" Participants will leave with 8 meals that feed 4-6 people. All ingredients are included in the price.

- Date:** Saturday, March 1st
- Time:** 9:00 – 11:00 a.m.
- Cost:** \$125.00*
- *Price may fluctuate up or down depending on grocery prices by registration date.

- Location:** High School Ag Kitchen Classroom
- Instructor:** Alli Freiborg
- Deadline to Register:** *February 21st*



Pickleball

One of the fastest growing sports in the country, pickleball appeals to players of all ages. The game of pickleball has been compared to tennis, badminton, and ping-pong. It is easy to learn but still challenging. We will have three different levels – beginner, intermediate, and advance. People can decide whatever level they want to be in and are free to move around between the levels. It will be a doubles format. Come with friends or by yourself and partners will be found for you. Paddles and balls provided.

- Dates:** Wednesdays
January 8th through February 26th
- Time:** 6:00 – 7:30 p.m.
- Cost:** \$25.00 per person
- Location:** High School Gym
- Coordinator:** Leanne Carmany
- Maximum #:** 24
- Deadline to Register:** *January 3rd*



Zumba Gold®

Zumba Gold is a lower-intensity version of the typical Zumba class. Zumba is a mix of dance moves for an interval-style, calorie-burning dance fitness party! Once the Latin and world rhythms take over, you'll see why this fitness class is often called exercise in disguise. It is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome.

- Date:** Mondays
February 3rd – March 10th
- Time:** 6:30 – 7:30 p.m.
- Cost:** \$50.00
- Location:** Elementary Shelter Gym
- Instructor:** Sara Toov
- Minimum :** 10
- Deadline to Register:** *January 29th*



This fitness class is an evidence-based strength, balance and fitness program for older adults. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chances of falling. SAIL focuses on exercises which improve strength, balance and fitness levels. Attendees feel better and are able to stay independent longer.

Who should participate?

Primary focus is on community-dwelling older adults and people with a history of falls.



The SAIL program is able to accommodate people with a mild level of mobility difficulty (e.g. people who are occasional cane users). The program focuses on improving flexibility, strength and balance. It can be done standing or seated.

- Dates:** Tuesdays and Thursdays
December 3rd – February 27th
(Not on December 24th and 31st)
- Time:** 8:30 – 9:30 a.m.
- Cost:** \$25.00
- Location:** Bethany Reformed Church
- Instructor:** Eileen Brouwer
- Deadline to Register:** *On-Going Registrations*



Wolverine Walkers

Join the *Wolverine Walkers* and walk the hallways of our schools during the school year. The building will be open on Mondays, Wednesdays, and Fridays 6:00 – 7:15 a.m. and Mondays and Wednesdays 6:00 – 8:00 p.m. Enter the building through the elementary doors. ***There is no fee, but registration is required.***

Fitness & Weightlifting for Women



Feel more comfortable lifting weights and working out with only women in the Fitness Center? Here's your chance to sign up for time in the Fitness Center just for women!

Dates/Times: Wednesdays

January 8th – March 26th

6:00 – 7:30 p.m.

Sundays (**mixed genders**)

2:00 – 4:00 p.m.

January 5th – March 23rd

Cost: \$50.00

Location: Fitness Center

Supervisor: Seth Falk

Minimum: 12

Deadline to Register: *January 2nd*



Strength & Conditioning

Check out our amazing Fitness Center! From weightlifting to treadmills to step machines, the opportunities are endless to find a workout that helps you achieve your goal of getting stronger and living a healthier YOU!

There are two opportunities for workouts offered on Tuesday & Thursday nights and Sunday afternoons.

Dates/Times: Tuesdays and Thursdays

6:00 – 7:30 p.m.

January 7th – March 27th

Sundays

2:00 – 4:00 p.m.

January 5th – March 23rd

Cost: \$65.00

Location: Fitness Center

Instructor: Seth Falk and Staff

Minimum : 10

Deadline to Register: *January 2nd*



Getting cabin fever? Want some family fun time? Come to open gym for some fun and exercise! Kids under 12 need to have an adult with them. **No registration required. FREE!**

Sundays: January 5th through March 23rd

Time: 2:00 – 4:00 p.m.

Location: Elementary Double Gym



Men's Basketball

Here's the perfect opportunity to play some basketball and get exercise while playing a game with your buddies! Just show up and you'll get on a team.

Dates: Wednesdays

January 8th – March 26th

Time: 6:00 – 9:00 p.m.

Location: High School Gym – Door #46

Supervisor: Andrew DuHoux

Deadline to Register: *None – Just show up!*



Bus Drivers Needed

Palmer Bus Company is hiring bus drivers for school routes and activities. It will train people interested and donate \$250 to a school activity for anyone who begins and becomes a driver. Palmer's goal is to serve their communities by safely transporting students. If interested, contact Palmer Bus at 320-847-3109.



White Christmas @ Chanhassen

Coming to Chanhassen Dinner Theatre's Main Stage for the first time ever - it's *White Christmas*! This spectacular song-and-dance musical will delight audiences of all ages. Based on the beloved, timeless film, this heartwarming musical adaptation features 17 Irving Berlin songs and a book by David Ives and Paul Blake.

The Chanhassen show *White Christmas* revolves around two buddies. After World War II, they become a popular song-and-dance duo and they decide to help their former commanding general by putting on a show at his struggling Vermont inn. Along the way, they meet two talented sisters and love blossoms during the holiday season.

Date: Wednesday, January 22nd
Time: 9:00 a.m. – 6:00 p.m.
Meet @ Donners Crossroads
Fee: \$115
Maximum: 54

Deadline to Register: December 20th



Grease - Chanhassen Dinner Theatres

It's 1959 and Rydell High School's senior class is in rare form. The too-cool-for-school "Burger Palace Boys" are stealing hub-caps and acting tough and their gum-snapping, chain-smoking "Pink Ladies" are looking hot in bobby sox and pedal pushers. The 1950s high school dream is about to explode in this rollicking musical that is both an homage to the idealism of the fifties and a satire of high schoolers' age-old desire to be rebellious, provocative and rebellious.

At the heart of the story is the romance between hot-rodding gangster Danny Zuko and the sweet new girl in town, Sandy Dumbrowski. They had a secret romance in summer, but now back in the context of school, peer-pressure and cliques make their love a bit more complicated. Can Danny maintain his cool dude status and still make demure Sandy his girl? The whole gang sings and dances around Danny and Sandy's romance, through such hit songs as "Greased Lightnin'", "We Go Together", and "Mooning", recalling the music of Buddy Holly, Little Richard and Elvis Presley that became the soundtrack of a generation. Starting off with an eight-year Broadway run, *Grease* is among the world's most popular musicals and has a cult-like following, especially among youth & teens!

Your fee includes a chartered coach ride, lunch, and reserved ticket.

Date: Wednesday, April 23rd
Time: 9:00 a.m. – 6:00 p.m.
Meet @ Donners Crossroads
Lunch @ 11:00 am - Show @ 1pm
Fee: \$115.00
Maximum: 54

Deadline to Register: March 21st



SENIOR ACTIVITY FREE PASSES

Senior activity passes are available at the District Office for senior citizen residents of the District and senior citizen grandparents of MACCRAY athletes age 65 and older. Please stop in and receive your free pass or get one from the ticket taker at a game.





MACCRAY 2180 Foundation

"Improving the World One Student at a Time"

Box 690; Clara City, MN 56222

Greetings from the MACCRAY 2180 Foundation!

The MACCRAY 2180 Foundation is an organization that provides educational equipment, services, and support of pre - K-12 students at MACCRAY. The primary objective of the Foundation is to enhance and promote the educational learning experiences for all students.

If you are 70 ½ or older and own a Traditional IRA, you may be required to take a Required Minimum Distribution (RMD) each year. If yes, please consider a donation to the MACCRAY 2180 Foundation through a Qualified Charitable Distribution (QCD). A QCD allows you to donate tax-free directly from your Traditional IRA to our Foundation.

You can direct those funds to our Foundation through a QCD instead of taking the funds as taxable income to you. This is a great way to eliminate paying income taxes on funds you may not need or want, as well as a tax efficient way to send funds to our Foundation. This benefits you, as you're paying less tax, and you're also providing funds to further the MACCRAY 2180 Foundation's mission of helping the students in our district. These funds are valuable to our Foundation, as each dollar is used to enhance educational opportunities at MACCRAY, such as providing funds for band, choir, trips, equipment, supplies and sporting activities.

If you would like to send a QCD to the MACCRAY 2180 Foundation, funds must be sent from your IRA Custodian directly to the MACCRAY 2180 Foundation, P.O. Box 690, Clara City, MN 56222. If you have questions, please contact Kendra Peterson at 320-905-4550.

Please consult your Tax Professional or Financial Advisor before making a QCD donation.

Thank you for your consideration and your support of the students at MACCRAY!

Sincerely,

MACCRAY 2180 Foundation Board

*Nathan Bourne, Ben Donner, Cory Janssen, Mark Kasella, Tracy Neville, Kendra Peterson,
Sam Peterson, Linsey Saue and Susan Strandberg*



MACCRAY Community Ed & Rec

Denise R. Smith, Director

MACCRAY School District

P.O. Box 690; Clara City, MN 56222

320-847-2154, Ext. 1106; smithd@maccray.k12.mn.us

Facebook: Maccray Community Ed & Rec

COURSE REGISTRATION (*One form per person*)

To register, complete the below requested information and mail to the address listed above along with your payment. Make checks payable to MACCRAY Community Ed & Rec. Or, another option is to register and pay online through the school's website - <http://maccray.k12.mn.us/communityed>. See page 3 for instructions on this.

Participant Name: _____ Grade/Age (if applicable): _____

Parent's Name (if applicable): _____

Address & City/Zip: _____

Email Address: _____

Preferred Phone Number: _____

Class Name: _____ Fee: _____

Class Name: _____ Fee: _____

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If ECFE class, please list allergies: \_\_\_\_\_

If ECFE class, sibling care needed – list names & ages: \_\_\_\_\_  
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In consideration of participation in the MACCRAY Community Education and Recreation activities, I hereby acknowledge and do enter this program at my own risk, assuming all known and unknown risks. I also agree to indemnify and hold harmless the MACCRAY School District #2180, Community Education, and its employees from any and all injuries I may incur. All persons under the age of 18 years old must have a parent/guardian signature to participate in this activity.

Adult Participant Signature: _____

Parent/Guardian Signature (if applicable): _____

Date: _____

