

December 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

Monday

Pancake on a Stick 2
CHILI HOT DOG w/ tortilla chips
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
 PB & J and Turkey & Cheese Sandwich

Breakfast Burrito 9
GRILLED CHEESE SANDWICH w/ TOMATO SOUP
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
 PB & J and Turkey & Cheese Sandwich

Pancake on a Stick 16
CHICKEN CORDON BLEU SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
 PB & J and Turkey & Cheese Sandwich

Tuesday

Biscuits & Gravy 3
CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
 PB & J and Ham & Cheese Sandwich

Pancakes 10
CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
 PB & J and Ham & Cheese Sandwich

Biscuits & Gravy 17
MAC & CHEESE W/ NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
 PB & J and Ham & Cheese

Wednesday

French Toast Sticks 4
PULLED PORK SANDWICH
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
 PB & J and Turkey & Cheese Sandwich

Breakfast Pizza 11
MEATBALL STROGANOFF W/ PASTA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
 PB & J and Turkey & Cheese Sandwich

French Toast Sticks 18
CREAMY CHICKEN ENCHILADA
GENERAL TSO RICE BOWL
Grab & Go - Chef & Veggie Salad
 PB & J and Turkey & Cheese Sandwich

Thursday

Breakfast Pizza 5
CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest Veggie & Chicken Caesar Salad
 PB & J & Ham & Cheese Sandwich

French Toast Sticks 12
TURKEY STEAK DINNER
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie & Chicken Caesar Salad
 PB & J Sandwich & Ham & Cheese

Breakfast Pizza 19
SLOPPY JOE
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
 PB & J and Ham & Cheese Sandwich

Friday

Apple Oatmeal Bar 6
CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
 PB & J & Italian Club Sandwich

Mini Waffles 13
CORN DOG
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
 PB & J and Italian Club Sandwich

Apple Oatmeal Bar 20
TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef & Veggie Salad
 PB & J and Italian Club Sandwich

No School December 23rd through January 3rd

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Did you know?

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS	
Breakfast	\$1.20
Lunch	\$2.50
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

PIZZA SERVED DAILY -

PEPPERONI SERVED DAILY
 CHEESE SERVED DAILY
 HAWAIIAN SERVED TUESDAY
 BBQ SERVED THURSDAY

EL CHAVO SERVED DAILY -

CHILI, CHIPS & CHEESE SERVED DAILY
 CHEESE ENCHILADA SERVED MONDAY

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL