

December 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



MIDDLE SCHOOL MENU

Monday

2
Pancake on a Stick
CHEESE STUFFED STICKS
Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

9
Breakfast Burrito
CHICKEN NUGGETS w/ MAC & CHEESE
Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

16
Pancake on a Stick
GENERAL TSO CHICKEN RICE BOWL
Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

Tuesday

3
Biscuits & Gravy
HAWAIIAN, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

10
Pancakes
HAWAIIAN, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

17
Biscuits & Gravy
HAWAIIAN, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Wednesday

4
French Toast Sticks
TERIYAKI BEEF DIPPERS w/FRIED RICE
Grab & Go - Southwest & Veggie Salad PB & J AND Turkey & Cheese Sandwich

11
Breakfast Pizza
TURKEY STEAK DINNER
Grab & Go - Southwest & Veggie Salad PB & J Sandwich and Turkey & Cheese

18
French Toast Sticks
CORN DOG
Grab & Go - Southwest & Veggie Salad PB & J and Turkey & Cheese Sandwich

Thursday

5
Breakfast Pizza
BBQ, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

12
French Toast Sticks
BBQ, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

19
Breakfast Pizza
BBQ, PEPPERONI OR CHEESE PIZZA
Grab & Go - Chef, Veggie, & Chicken Caesar Salad PB & J and Ham & Cheese Sandwich

Friday

6
Apple Oatmeal Bar
SLOPPY JOE
Grab & Go - Southwest & Veggie Salad, PB & J and Italian Club Sandwich

13
Mini Waffle
GRILLED CHEESE SANDWICH w/TOMATO SOUP
Grab & Go - Southwest & Veggie Salad PB & J and Italian Club Sandwich

20
Apple Oatmeal Bar
CHILI & CHIPS w/ NACHO CHEESE SAUCE
Grab & Go - Southwest & Veggie Salad PB & J and Italian Club Sandwich

23 **24** **25** **26** **27**
No School December 23rd through January 3rd

30

31

Did you know?

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.

2024-2025 MEAL PRICES

PAID MEALS	
Breakfast	\$1.20
Lunch	\$2.30
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

During LUNCH, students must choose at least 3 of the following 5 components: *Low-fat milk, whole grains, fruits, vegetables, and protein.* When choosing ingredients and entrees to serve for our program we look for foods that are *lean, low-fat, low-sodium, low-sugar, and whole grain rich.* Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL