



## Orange County Schools Elementary Menus for December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>December 2</b> Pancake on a Stick  Chicken Wrap or Cheeseburger on Bun or Nacho Snack Pack Carrots Tater Tots Fruit Choice	<b>December 3</b> Bacon & Cheese Biscuit  Chicken Fajita Rice Bowl or Beef Teriyaki Bites w/Rice Mexicali Corn Pinto Beans Fruit Choice	<b>December 4</b> Strawberry Bagel Bar  Corn Dog or Manager's Entrée Choice or Nacho Snack Pack Deli Potato Roasters Seasoned Greens Fruit Choice	<b>December 5</b> Sweet Bread Slice  Macaroni & Cheese w/Chicken Nuggets or Pork BBQ w/Corn Muffin Cole Slaw Green Beans Fruit Choice	<b>December 6</b> Manager's Choice Entrée  Assorted Pizza or Nacho Snack Pack Buttered Corn Carrots w/Dip Fruit Choice
<b>December 9</b> Pancakes  Hot Ham & Cheese on Croissant or Cheeseburger on Bun or Pizza Fun Box Vegetable Soup Oven Fries Fruit Choice	<b>December 10</b> Sausage Biscuit  Loaded Beef Nachos or Loaded Chicken Nachos Pinto Beans Salsa Fruit Choice	<b>December 11</b> Banana Bread  Mandarin Chicken w/Rice or Chicken Dumplings or Pizza Fun Box Oriental Vegetable Blend Broccoli Fruit Choice	<b>December 12</b> Honey Bun  Roasted Turkey w/Gravy & Stuffing or Manager's Entrée Choice Green Beans Sweet Potatoes Baked Apple Slices	<b>December 13</b> Manager's Choice Entrée  Assorted Pizza or Pizza Fun Box Buttered Corn Vegetable Choice Fruit Choice
<b>December 16</b> Waffle  Grilled Cheese Sandwich or Hot Dog on Bun or Yogurt Snack Pack Tomato Soup Oven Fries Fruit Choice	<b>December 17</b> Donut  Chicken & Waffle or French Toast Sticks w/Sausage Hash Browns Carrots Fruit Choice	<b>December 18</b> Chicken Biscuit  Beef Soft Taco w/Trimmings or Crispy Chicken Chef Salad w/Crackers or Yogurt Snack Pack Seasoned Black Beans Tater Tots Fruit Choice	<b>December 19</b> Muffin  Salisbury Steak w/Rice or Manager's Entrée Choice Green Beans Garden Salad Fruit Choice	<b>December 20</b> Manager's Choice Entrée  Assorted Pizza or Yogurt Snack Pack Buttered Corn Broccoli Fruit Choice
<b>December 23</b>  No School Winter Break	<b>December 24</b>  No School Winter Break	<b>December 25</b>  No School Winter Break	<b>December 26</b>  No School Winter Break	<b>December 27</b>  No School Winter Break
<b>December 30</b>  No School Winter Break	<b>December 31</b>  No School Winter Break	<b>Meal Prices</b> Breakfast: Free Lunch: \$2.75 Adults: A la carte pricing  <b>Menus are subject to change.</b>	<b>Daily Alternate Breakfast Entrée Options include:</b> Cereal w/Graham Crackers Assorted Grab & Go Options	Breakfast includes 100% Fruit Juice and Fruit Choice,  Breakfast and Lunch include choice of fat-free chocolate or 1% milk.

## Families Making the Connection

### Celebrate the Healthy Way!

Schools have many reasons to celebrate – birthdays, holidays, team wins, good grades, etc.! Often those celebrations involve food – sugary drinks, cupcakes, donuts, cookies, ice cream, or candy. These types of foods don't offer nutrients to nourish students and help them focus and learn. Families can suggest and help with different strategies to celebrate and support health. Learn more at [www.actionforhealthykids.org/activity/healthy-active-parties](http://www.actionforhealthykids.org/activity/healthy-active-parties).

- Work with your school to find healthy ways to recognize special events or accomplishments. Try options that don't involve food or screens like time for reading, listening to music, or participating in active games, sports, or dancing.
- Offer water, 100% juice, and/or lowfat or fat free milk instead of sodas or other drinks that have sugar and caffeine.
- Make sure everyone can participate, celebrate, and have fun!