

DECEMBER

What is a Lunch Meal?

Lunch includes 5 components:

Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable.

Choose all 5 for a nutritious meal!

State Road Lunch Menu 2024

Lunch \$2.75 (4-8)

Lunch \$3.25 (9-12)

AVON GROVE CHARTER SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Hot Dog on Roll
Pretzel & Cheese Bites
Yogurt/Cheese Stick/Mini Cinni
PBJ Uncrustable

Veggie Juice, Baked Beans
Strawberry Cups, Sour Raisins
Daily Milk Selection
Chex Mix (All grades)

3
Meatball Sandwich
Mini Cinnamon/Maple Cheese Bites
Ham & Cheese Club
Hard Boiled Egg/Diced Cheese/
Fruit Cup & Banana Bread Pack

Shoe String Fries, Veggie Juice
Mandarin Oranges, Apple Sauce
Daily Milk Selection
Blueberry/Lemon Bites (9-12 Only)

4
BBQ Chicken Chili w/Corn
Bread Poppers
Breaded Ravioli w/ Pretzel Rod
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Steamed Corn, Veggie Juice
Whole Apple, Diced Peaches
Daily Milk Selection

5
Tangy Chicken w/Rice
Fish Sticks w/ Roll
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Steamed Cauliflower w/Cheese Sauce
Cucumber Slices
Apple Slices w/PB, Plum
Daily Milk Selection
Nutri Grain Bar (9-12 Only)

6
Stuffed Crust Pizza
PBJ Uncrustable
Yogurt/Cheese Stick/Mini Cinni
Diced Ham & Cheese/Soft Pretzel & Grapes Pack

Chickpea Salad, Veggie Juice
Banana, Grapes
Daily Milk Selection

9
Popcorn Chicken w/Pretzel Rod
Ramen Noodles w/egg
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Baby Carrots, Steamed Corn
Apple Sauce, Fruit Juice
Daily Milk Selection

10
French Toast w/Sausage
Chicken Parmesan Sandwich
Ham & Cheese Club
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Hashbrown, Veggie Juice
Whole Pear, Mixed Fruit Cup
Daily Milk Selection
Bug Bites (9-12 Only)

11
Sweet & Spicy Mango
Meatballs w/Rice
Cheese Steak Pinwheels
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Steamed Carrots, Veggie Juice
Mandarin Cup, Sour Raisins
Daily Milk Selection

12
BBQ Pork Sandwich
Chicken, Cheese & Salsa
Tamale w/Garlic Knot
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Fiesta Black Beans
Cucumber Slices
Apple Slices w/PB, Fruit Juice
Daily Milk Selection
Goldfish Pretzel (9-12 Only)

13
Mini Pepperoni & Cheese Calzones
PBJ Uncrustable
Yogurt/Cheese Stick/Mini Cinni
Diced Ham & Cheese/Soft Pretzel & Grapes Pack

Steamed Broccoli, Veggie Juice
Banana, Grapes
Daily Milk Selection

16
Stromboli
Spaghetti W/Meatballs & Garlic Toast
Yogurt/Cheese Stick/Mini Cinni
Garden Salad w/ Soft Pretzel

Steamed Green Beans, Baby Carrots
Strawberry Wiggles, Diced Pears
Daily Milk Selection

17
Bosco Sticks
Chicken Veggie Dumplings w/Rice
Ham & Cheese Club
Hard Boiled Egg/Diced Cheese/
PB/Apples & Banana Bread Pack

Steamed Corn, Veggie Juice
Whole Apple, Mixed Fruit
Daily Milk Selection
Grandmom Cookies (9-12 only)

18
Holiday Nuggets w/ Roll
Grilled Cheese
Yogurt/Cheese Stick/Mini Cinni
Chicken Wrap

Sugar Cookie Trees

Tomato Soup, Pickles
Sour Raisins, Fruit Juice
Daily Milk Selection

19
Walking Taco
Egg & Cheese English Muffin w/or w/o Sausage
PBJ Uncrustable
Garden Salad w/ Soft Pretzel

Fiesta Black Beans, Lettuce/Tomato
Apple Slices w/PB, Fruit Juice
Daily Milk Selection
Goldfish Crackers (9-12 Only)

20
**1/2 Day
No Lunches
Served**

23



24

Merry Christmas

25



26

27

30



31

To make a payment to your child's lunch account, please send in check or cash with the student's name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Daily Milk Selection includes:
1% White Milk
Non-Fat Chocolate Milk
Non-Fat Strawberry Milk



www.agcharter.org

Breakfast is free for all students
during the 2024-2025 School year!

DECEMBER

State Road Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

Bagel w/cream
cheese or jelly
Assorted Donuts

Fruit Juice
Clementine
Daily Milk Selection

TUESDAY

Stuffed
Hashbrown
Assorted Pastries

Fruit Juice
Sour Raisins
Daily Milk Selection

WEDNESDAY

Bagel w/cream
cheese or jelly
Assorted Muffins
Yogurt

Fruit Juice
Craisins
Daily Milk Selection

THURSDAY

Sausage & Cheese
Pizza Bagel
Assorted
Breakfast Bars

Cheese Stick
Fruit Juice
Apple Slices w/ PB
Daily Milk Selection

FRIDAY

Fruit & Yogurt
Parfait
Mini Pancakes

Fruit Juice
Banana
Daily Milk Selection

Students must choose at least 3 items for a complete breakfast meal and 1 must be
 $\frac{1}{2}$ cup of fruit or fruit juice.

*Ala Carte Items are charged at \$1.00 each

FROSTY GETS CAUGHT
PICKING HIS NOSE



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Q: What do
snowmen eat for
breakfast?

A: Frosted Flakes
or Ice Crispies.



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