



Lunch Menu

December 2024

Mon 2	Tues 3	Wed 4	Thurs 5	Fri 6
Rosemary Baked Chicken	Home Style Fried Chicken	Grilled Garlic Chicken	Curry Chicken	Chicken Burger
Roast Beef in Mushroom Sauce	Stewed Pork	Grilled Garlic Lamb Chops	Curry Goat	Beef Burger
Oven Crisp Fish	Fried Fish in Tomato & Onion	Grilled Garlic Tuna Kebabs	Curry Fish	Salmon Burger
Tossed Rice	Pigeon Peas Pelau	Lemon Herb Rice	Potato & Channa	Veggie Burger
Pasta in Tomato Cream Sauce	Macaroni Pie	Roasted Potatoes	Pumpkin, Bodi	Lemon Pepper Fries
Cuban Style Black Beans	Cole Slaw	Stewed Lentil Peas	Mango, Dhal	
Salad		Salad	Rice	
			Buss up Shut	
Mon 9	Tues 10	Wed 11	Thurs 12	Fri 13
Citrus & Herb Baked Chicken	Pastelles- Chicken/Beef/Fish/ Veggie	Jerk Chicken	Hoisin Chicken	HALF DAY SCHOOL
Beef Bolognese	Trini Baked Ham w/Pineapple	Jerk Pork	Sweet n Sour Pork	
Citrus & Herb Baked Fish	BBQ Wings	Escovitch Fish	Fish in Black Bean Sauce	A LA CARTE MENU
Tossed Rice	Key Lime Fish	Red Beans Rice Pilaf	Fried Rice	ONLY
Penne Pasta	Festive Rice	Cassava Salad	Noodles	
Italian Bean Stew	Cheesy Baked Potatoes	Salad	Sauteed Vegetables in Oyster Sauce	
Salad	Stewed Pigeon Peas			
	Cranapple Salad			

MENUS ARE SUBJECT TO CHANGE