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# Equity and Family Engagement Newsletter

November 2024



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## Native American Heritage Month

Let us recognize the brilliance, the power and beauty of our Native youth-Every Single Day and not just in the month of November.

Though this is a great time to highlight the contributions and manner in which Native ways of knowing has enriched the world we walk in, I hope we can strive to make that recognition an integral part of who we all are.

In Lake Washington, Bellevue, and Northshore School districts we have hundreds of Native students representing hundreds of Tribal Nations.

Let us all come together to honor those students. Honor their history. Honor their ways of knowing. Honor their ways of being. Honor their traditions. Honor their inherent gifts, values, talents and brilliance.

### Honor Native Students

Important Note: I respectfully ask that you not perpetuate harm in your classrooms by having students dress up/"re-enact" the Pilgrims and Indians, no matter how "respectfully" you may believe that you are approaching the subject matter. If you have any questions about this, please feel free to reach out to me, aeshuN (thank you).

Lauren Nabahe, Eastside Native American Education Program Coordinator  
Email: [lnabahe@lwsd.org](mailto:lnabahe@lwsd.org)



### In this newsletter you can expect:

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# Community News

**ANNUAL ENAEP VETERAN'S POW-WOW**

**October 26<sup>th</sup>, 2024**

Juanita High School Athletic Center  
10601 NE 132nd St. Kirkland WA 98034

<b>Veteran's Dinner – 4:00 PM</b> (for Veterans, their families, volunteers & ENAEP)	<b>Host Drum:</b> Enyahyools <b>MC:</b> Arlie Neskahi <b>AD:</b> Rob Charles <b>Head Woman:</b> Sharon Akers <b>Head Man:</b> Ralph Akers
<b>Grand Entry – 6:00 PM</b> Veteran's honoring Inter-Tribals Tiny Tots Veteran's Exhibition Girls Exhibition (ages 17-) Boys Exhibition (ages 17-) Women's Exhibition (ages 18+) Men's Exhibition (ages 18+) ENAEP Coming Out Ceremony Raffle	 <b>Head Young Man</b> Cooper Allen Winebrenner - Puyallup Tribe of Indians
<b>Pow-Wow free &amp; open to the public!</b> <b>All Dancers &amp; Drummers WELCOME</b> Various Vendors on site Concessions & Food available for Purchase	 <b>Head Young Woman</b> Anpovichapiwi Tatankanupeatka Morning Star Woman Left Hand Ball Veda Mattila - Rosebud Lakota
Check out our program at <a href="http://www.enaep.org">www.enaep.org</a> Or our student led Instagram page @enaep_youth Or our FB page @ Eastside Native American Education Program	<b>All Drum Groups Paid – Dance Exhibition prizes: 1<sup>st</sup>: \$200 2<sup>nd</sup>: \$100 3<sup>rd</sup>: \$50</b>
Vendors Please Register at: <a href="https://forms.gle/sXjEUspfsUhp5ac7">https://forms.gle/sXjEUspfsUhp5ac7</a> Pow-Wow info or questions please contact: <a href="mailto:lnabahe@esad.org">lnabahe@esad.org</a>	

**ENAEP's 18th annual Veteran's Pow-Wow** on October 26th was a success. With dancers attending from across the nation, over 25 vendors present and especially our veteran's and their families attending, we are so grateful to be able to come together as a community.

This was an extra special Pow-Wow in that over 7 of our ENAEP students participated in the Coming Out Ceremony. This is essentially a ceremony for Natives to be officially brought out into the Pow-Wow circle, by the people, as Pow-Wow dancers. We are so very proud of them.

We also want to highlight the leadership of our Head Young Woman and Head Young Man. To be honored and chosen to serve as a Head Man or Head woman at a Pow-Wow is not only a huge recognition of an individual's contribution to the community, but also a huge responsibility. Both ENAEP students Veda Mattila and Cooper Winebrenner exhibit exemplary leadership qualities, walk in a good way as Native youth wherever they go and served with dignity as our Head young Woman and Head Young Man. We lift our hands to them and all Native youth.

What is a Pow-Wow?: A Pow-Wow originated from many tribal traditional ceremonies that included gathering together to sing, drum, dance and be in community. It is a contemporary gathering of Native People across tribes, clans, bands and languages to come together to share in drumming, singing, dancing, art and food. Typically, at modern day Pow-Wows, there is both a drumming competition and Dancing Competition wherein winners receive gifts and prizes. There are certain styles of dances typically seen at most modern day Pow-Wows. They are as follows with links to videos showcasing what these dances look like:

Men's Dance Categories:

- Grass Dance: [Men's Grass special @ mandaree powwow 2023 - YouTube](#)
- Fancy Dance: [Mens Fancy Compilation 2023 - YouTube](#)
- Traditional: [MGBHLM Powwow 2022, Jr. Adult Men's Traditional Dancers - YouTube](#)

Women's Dance Categories:

- Jingle Dress: [2016 Gathering of Nations Powwow - YouTube](#)
- Fancy Shawl: [Jayda Gadwa White Shawl Special - YouTube](#)
- Traditional: [Women's Northern Traditional - 2018 Gathering of Nations Pow Wow - YouTube](#)

Video examples of a modern day Pow-Wow:

- WA Daybreak Star Seafair Pow-Wow 2022: [2022 Seafair Indian Days Powwow Day 1 - YouTube](#)
- MT Crow Fair Pow-Wow 2023: [2023 Crow Fair - Saturday Grand Entry - YouTube](#)
- AZ Gathering of Nations Pow-Wow 2022: [2022 Gathering of Nations Pow Wow - YouTube](#)

**Note:** it is not respectful of Native people to refer to anything other than these Native gatherings as a Pow-Wow. So, for example, referring to meeting together as a Pow-Wow, or even how the Boy Scouts utilized the word Pow-Wow for their events is not respectful.

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## THE FLOWER SHOP

### Site Based Equity Team (SBET) Nights

Thirty-seven schools participated in the Site-Based Equity Team (SBET) Nights held within each learning community. During these events, staff received information about SBETs, gained insights into our department's focus on Family Engagement, and had the opportunity to connect and collaborate on best practices across learning communities.

Thank you all for joining us and learning alongside our Equity and Family Engagement Team!

## Upcoming Community Events

### [ENAEP The True History of Thanksgiving/Frybread night](#)

November 25th at 6:30 PM  
Lake Washington High School

### [United Indians- Gala Fundraiser](#)

November 2 @ 5:30 pm - 9:30 pm  
Bell Harbor International Conference Center  
2211 Alaskan Way, Seattle, WA, United States

### [United Indians- Native Art Market](#)

November 23, 24 @ 10:00am - 5:00pm  
Daybreak Star Indian Cultural Center  
5011 Bernie Whitebear Way, Seattle, WA, United States



### [November Native Art Market — Duwamish Tribe](#)

Friday, November 29 & Sunday, December 1 from  
10 AM- 5 PM  
Duwamish Longhouse & Cultural Center 4705  
West Marginal Way Southwest Seattle, WA, 98106



### [United Indians - Veterans Day Powwow](#)

November 9 @ 12:00pm - 6:00pm  
Daybreak Star Indian Cultural Center 5011  
Bernie Whitebear Way, Seattle, WA, United  
States

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### **Roc your Mocs from November 12- 18th**

Wear your Moccasins, encourage others to do the same. If you do not have moccasins, you can also wear a Roc your Moc's t-shirt OR sticker to showcase your support.

**Show students this year's Roc Your Mocs video, made by our ENAEP students:** [Eastside Native American Education Program ROC YOUR MOCS](#)

- **Roc your Mocs t-shirts:**

- [Fox in Mocs - Steven Paul Judd Collaboration - Limited — The NTVS | Native American Clothing](#)
- [Rock Your Mocs Adult Ultra Cotton Tee - Etsy](#)

- **Roc your Mocs Stickers:**

- [Keep Calm and Rock Your Mocs Sticker - Etsy](#)
- [Rock Your Mocs Moccasin Sticker Beaded Moccasin Sticker - Etsy](#)

**Link to more info about Roc your Mocs and how to support:** [Rock Your Mocs – Worldwide Social Media Event | 2023 November 12 – 18](#)

**Other Roc Your Mocs videos:**

- ENAEP Coordinator in my college years Rocking my Mocs [Roc your Mocs - YouTube](#)
- NYC [ROCK YOUR MOCS 2013 - YouTube](#)

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## Things you can do to celebrate Native American Heritage Month

### **EDUCATE YOURSELF!**

One of the best ways to be a Native Advocate is to educate yourself and involve yourself in the Native community.

**Make Native Traditional Foods:** [Recipes | First Nations Development Institute](#)

**Watch Traditional Stories being shared by the ENAEP students:** [Restoring Project Video Library](#)

### **Attend Native Events and Art Markets**

- Audubon Multicultural Presentation: November 7th @ Audubon Elementary at 5:30 PM.
- ENAEP The True History of Thanksgiving/Frybread night November 25th at LWHS at 6:30 PM
- United Indians Gala Fundraiser: November 2 @ 5:30 pm - 9:30 pm PDT
- Bell Harbor International Conference Center 2211 Alaskan Way, Seattle, WA, United States
- United Indians of All Tribes Foundation- Veterans Day Powwow: November 9 @ 12:00 pm - 6:00 pm PST. Daybreak Star Indian Cultural Center 5011 Bernie Whitebear Way, Seattle, WA, United States
- United Indians Native Art Market: November 23 @ 10:00 am - November 24 @ 5:00 pm PST
- Daybreak Star Indian Cultural Center 5011 Bernie Whitebear Way, Seattle, WA, United States
- November Native Art Market — Duwamish Tribe: Friday, November 29, 2024 10:00 AM Sunday, December 1, 5:00 PM Duwamish Longhouse & Cultural Center 4705 West Marginal Way Southwest Seattle, WA, 98106

**Learn more about the Original Caretakers of this land, including traditions, history and language**

- [Lushootseed – The Language of Puget Sound](#)
- [Culture Class Tutorials | Snoqualmie Indian Tribe Culture Department](#)
- [Snoqualmie Tribe Ancestral Lands Movement | Snoqualmie Indian Tribe](#)
- [Lushootseed Dictionary | Duwamish Longhouse & Cultural Center](#)
- [Tribal Perspectives on Thanksgiving | Snoqualmie Indian Tribe](#)
- [Canoe Journey — Duwamish Tribe](#)
- Snoqualmie Rights Day Song: <https://www.youtube.com/watch?v=1PwIMn93ALY>
- [Native Case Studies | The Evergreen State College](#)

### Support Native Owned businesses:

- [ACONAV](#): Clothing, bags, face masks
- [Beyond Buckskin Boutique](#): Online boutique of Native-made jewelry, clothing, accessories
- [B.Yellowtail](#): Clothing, jewelry, accessories
- [NagamokweCreations](#): Beaded jewelry
- [Native Clay Co.](#): Clay earrings, gift baskets
- [She Native](#): Apparel, leather bags, earrings
- [ShiyooDesigns](#): Beaded jewelry
- [Sovernly](#): Apparel, jewelry
- [The NTVS](#): Apparel, accessories, art
- [Trickster Company](#): Clothing, stationery, home goods, art
- [Ally McKnight](#): Art prints
- [Eighth Generation](#): Blankets, towels, accessories
- [Ah-Shi Beauty](#): Makeup, skincare
- [Cheekbone Beauty](#): Makeup
- [Shima](#): Soap, face scrubs
- [Sister Sky](#): Lotion, soap, bath bombs, gift boxes
- [Haipazaza phezuta](#): soap, lotions, oils.

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## Resources for Native American Heritage Month

### [Eastside Native American Education Program – Reclaiming our languages one word at a time](#)

ENAEP is a federally funded program that supports Native American, Alaska Native and American Indian students in our district, as well as Bellevue and Northshore School Districts grades K-12. This program is intended to provide students with the opportunity to succeed academically and also provide opportunities that enrich their cultural lives. If you know that there are Native students in your schools that have not yet connected with ENAEP, please let your administrator know.

### CLASSROOM LEARNING

#### [\(luliláš\) Since Time Immemorial: Tribal Sovereignty in Washington State](#)

In 2015, the Legislature passed Senate Bill 5433 that requires the Since Time Immemorial: Tribal Sovereignty in Washington state be taught in all schools. Incorporate this resource into your lesson planning to enhance your practice.

Watch Traditional Stories being shared by the ENAEP students: [Restorying Project Video Library](#)  
[Search NK360° Educational Resources | Native Knowledge 360° - Interactive Teaching Resources](#)  
[Lushootseed – The Language of Puget Sound](#)

[Culture Class Tutorials | Snoqualmie Indian Tribe Culture Department](#)  
[Snoqualmie Tribe Ancestral Lands Movement | Snoqualmie Indian Tribe](#)  
[Lushootseed Dictionary | Duwamish Longhouse & Cultural Center](#)  
[Tribal Perspectives on Thanksgiving | Snoqualmie Indian Tribe](#)  
[Canoe Journey — Duwamish Tribe](#)

Snoqualmie Rights Day Song: <https://youtu.be/IPwIMn93ALY>

[Native Case Studies | The Evergreen State College](#)

[Indigeneity Curriculum](#) by Bioneers

Thanksgiving from an Indigenous Perspective: [Thanksgiving from an Indigenous Perspective | Smithsonian Voices | National Museum of the American Indian Smithsonian Magazine](#)

Thanksgiving - Study and Discussion Questions and Ideas

[Teaching About Thanksgiving](#)

Thanksgiving Curriculum from the Coos County Indian Education Coordination Program

[Thanksgiving, ... A Resource Guide/Indian Education Curriculum Unit](#)

[The Suppressed Speech of Wamsutta James, Wampanoag](#)

[Decolonizing Thanksgiving](#) by Bioneers

[Teaching Thanksgiving in a Socially Responsible Way](#) by Learning for Justice

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# Book and Media Recommendations

Please be mindful that while these media sources can offer valuable insights into rich perspectives, they may not fully capture the diverse experiences of all people within a particular identity group. It is important to recognize that each student's and family's journey is unique and cannot be wholly represented by a single narrative.



## Children

### [American Indians in Children's Literature 2023 Best Book List](#)

A curated list of books put together by Native people through American Indians in Children's Literature. *"Our emphasis is books by Native writers and illustrators whose Nations are on the continent we know as North America. Most are ones that came out in 2023. In some way, they've touched our hearts as parents of Native children or as former schoolteachers who want children to have accurate and honest books about Native peoples."*

### [American Indians in Children's Literature \(AICL\): Best Books](#)

Previous book lists and rich resources from American Indians in Children's Literature.

## Adults

Listen to DAYBREAK star Radio: [Daybreak Star Radio](#)

### Listen to Native American Podcasts

- [All My Relations](#). Hosted by Matika Wilbur, from the Swinomish and Tulalip peoples of coastal Washington, and Adrienne Keene, a citizen of the Cherokee Nation, the two explore what it means to be a modern Native individual.
  - [The Red Nation Podcast](#). The series focuses on a range of Indigenous topics, from history to politics and culture.
  - [Toasted Sister Podcast](#). This podcast follows the culinary journey of Andi Murphy, a Navajo journalist, as she finds her roots and makes waves in the Native American Food Movement.
  - [Coffee With My Ma](#). This series documents the passing of stories between host Kaniehtiio Horn and her mother, activist Kahentinetha Horn, who shares stories of her very long adventurous life with humor and wisdom.
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# Holidays and Observances

In addition to Veteran's Day and Thanksgiving, November also includes the following observances and holidays. This is not a complete list. As always, check in with students and families to ensure that their cultural celebrations are included.

11/1	Native American Heritage Month	Celebrate Native American heritage and contributions to America.
11/1	National Diabetes Awareness Month	Raise awareness about diabetes and prevention.
11/1	Diwali	Festival of lights celebrated by Hindus, Jains, Sikhs and Newar Buddhists.
11/2	Dia de los Muertos	Catholic celebrations of All Saints' Day and All Souls' Day. Known as Day of the Dead.
11/2	Birth of the Báb	Bahá'í holiday. Bahá'í observance of the anniversary of the birth, in 1819, of "the Báb," the prophet-herald of the Bahá'í faith.
11/3	Birth of Baha u llah	Bahai holiday celebrating the birth of Bahai, the founder of Bahai faith.
11/3	Daylight savings time	Time adjustment to set clocks back an hour in autumn.
11/3-11/7	National School Psychology Week	Honor and recognize the important work of psychologists in schools.
11/5	Election Day	Day to vote.
11/11	Veterans Day	Honor and recognize military veterans of the U.S. forces.
11/4-11/8	American Education Week	Co-sponsored by the NEA, National PTA, National School Public Relations Association and other national education associations to keep the public aware of what schools are doing.
11/14	World Diabetes Awareness Day	Raise awareness about diabetes and prevention.
11/15	Guru Nanak Dev Sahib's Birthday Festival	Sikh religious festival.
11/20	Education Support Professional Day	Honor and recognize support staff in schools.
11/22	Substitute Educators Day	Honor and recognize substitute educators in schools.
11/24-11/30	National Family Week	Recognize and honor families and the role in caring for individual members.
11/25	Day of the Covenant (begins sunset Nov. 25)	Bahá'í holiday. Baha'i celebration of the covenant given in the last will and testament of Baha'u'llah.
11/28	Thanksgiving	Celebrate the harvest and blessings of the past year.
11/29	Native American Heritage Day	Celebrate Native American heritage and contributions to America.
11/29	Louisa May Alcott's Birthday	American novelist and poet.
11/30	Mark Twain's Birthday	American author, journalist, and humorist, Samuel Langhorne Clemens.

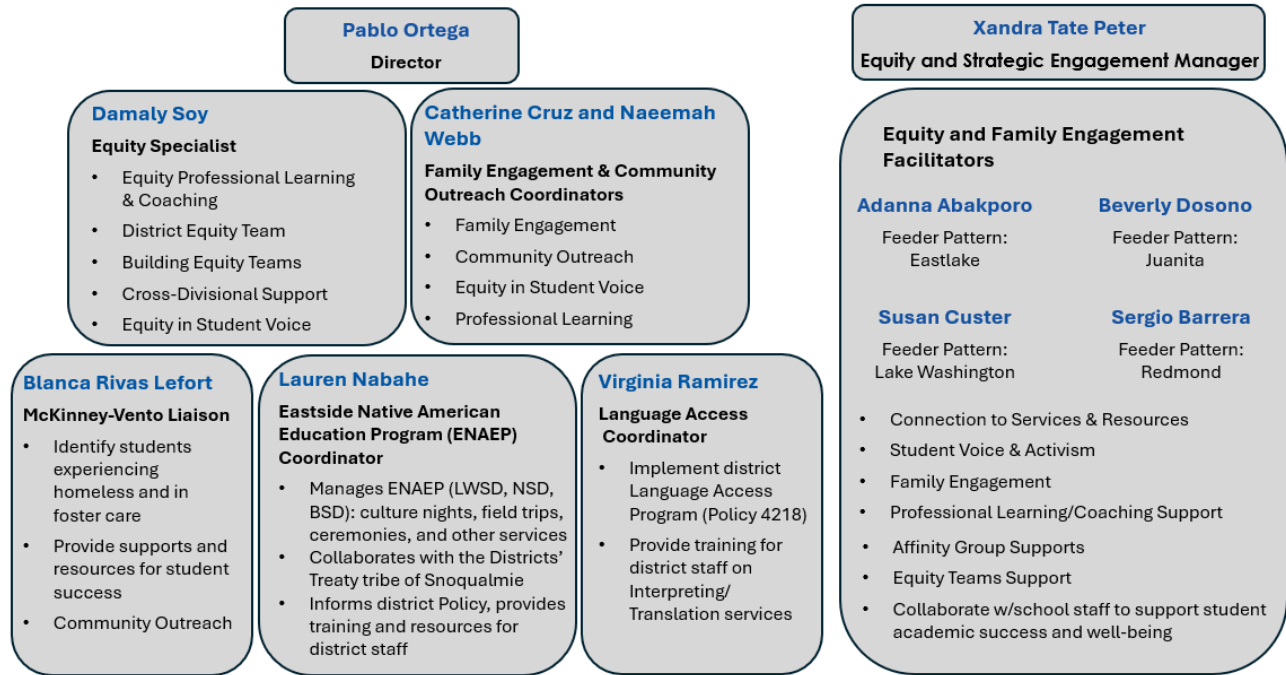
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# Contacts

## Equity and Family Engagement Department



### [Links to bios](#)

The Equity and Family Engagement Department is here to serve families and schools throughout the district. Below you'll find our roles and individual email addresses. Please reach out if we can be of assistance.

Pablo Ortega, Director [portega@lwsd.org](mailto:portega@lwsd.org)

Xandra Tate Peter, Equity and Strategic Engagement Manager [xpeter@lwsd.org](mailto:xpeter@lwsd.org)

Blanca Rivas Lefort, McKinney-Vento and Foster Care Liaison [brivaslefort@lwsd.org](mailto:brivaslefort@lwsd.org)

Damaly Soy, Equity Specialist [dsoy@lwsd.org](mailto:dsoy@lwsd.org)

Catherine Cruz, Family Engagement & Community Outreach Coordinator [catcruz@lwsd.org](mailto:catcruz@lwsd.org)

Na'eemah Webb, Family Engagement & Community Outreach Coordinator [nawebb@lwsd.org](mailto:nawebb@lwsd.org)

Adanna Abakporo, Equity & Family Engagement Facilitator, Eastlake [aabakporo@lwsd.org](mailto:aabakporo@lwsd.org)

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Susan Custer, Equity & Family Engagement Facilitator, Lake Washington [scuster@lwsd.org](mailto:scuster@lwsd.org)

Lauren Nabahe, Eastside Native American Education Program Coordinator [lnabahe@lwsd.org](mailto:lnabahe@lwsd.org)

Virginia Ramirez, Language Access Coordinator [vramirezromero@lwsd.org](mailto:vramirezromero@lwsd.org)

The department also has four Cultural and Language Liaisons to support LWSd families.

Isabelly Benites, Brazilian Portuguese-speaking, [c-ibenites@lwsd.org](mailto:c-ibenites@lwsd.org)

Terri Gatts Dayton, [c-tdayton@lwsd.org](mailto:c-tdayton@lwsd.org)

Diana Williams, [c-dwilliams@lwsd.org](mailto:c-dwilliams@lwsd.org)

Jenni Martinez Lorenzo, Spanish-speaking, [c-jmartinezlorenzo@lwsd.org](mailto:c-jmartinezlorenzo@lwsd.org)

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