



# HOPKINS FALL ATHLETIC OPPORTUNITIES 2024-2025

## HIGH SCHOOL

SPORT	GRADES	LEVELS	START DATE	HEAD COACH CONTACT
Boys & Girls Adapted Soccer	7-12	Varsity	9-Sep	CI- Rosinta_Wilker@rdale.org PI - Marcus@robinsathletics.com
Boys Cross Country	9-12	Varsity/JV	12-Aug	Mike Harris - Mike.Harris@hopkinsschools.org
Girls Cross Country	9-12	Varsity/JV	12-Aug	Mike Harris - Mike.Harris@hopkinsschools.org
Football	9-12	Varsity/JV/9th	12-Aug	Chauncy Williams-Barefield coachchauncy@gmail.com
Boys Soccer	9-12	Varsity/10/9	12-Aug	Robby Hill - coachrobby.hopkinsboyssoccer@gmail.com
Girls Soccer	9-12	Varsity/JV/B/9	12-Aug	Sara Rosenblum - coachsrosenblum@gmail.com
Girls Swim & Dive	7-12	Varsity/JV	12-Aug	Megan Schill - schillmschillm@gmail.com
Girls Tennis	7-12	Varsity/JV	12-Aug	Philippa Palmer- ppalmer707@gmail.com
Girls Volleyball	9-12	Varsity/JV/B/9	12-Aug	TBD TBD
Fall Dance	9-12	Varsity/JV/B/9	12-Aug	Emily Shaw - Shawx490@umn.edu

## MIDDLE SCHOOL

SPORT	GRADES	START DATE
Boys/Girls Cross Country*	6-8	4-Sep
Co-Ed Soccer	6-8	4-Sep
Girls Volleyball	6-8	4-Sep
HFL Football*	6-8	14-Aug

Middle School Sports for 6-8 Grade are held 4 days a week, Monday - Thursday.

\*Cross Country grades 6-8 will be participating at the High School and are invited to begin on 8/12.

\*HFL website for registration:  
[hopkinsfb.com/footballregistration](http://hopkinsfb.com/footballregistration)

## GETTING REGISTERED

Registration will open the on July 17, 2024.

To get registered every athlete needs to have an up-to-date physical on file (within 3 years)

Register BEFORE the start date of your activity using the QR Code below.

Payment online or cash or check brought into the Athletic Office.

## 24-25 Athletic Opportunities Registration QR Code





# HOPKINS WINTER ATHLETIC OPPORTUNITIES 2024-2025

## HIGH SCHOOL

SPORT	GRADES	LEVELS	START DATE	HEAD COACH CONTACT
Adapted Floor Hockey	7-12	Varsity	Nov 11	CI- Anna_Coleman@rdale.org PI - ontodanext1robins@gmail.com (Jonah Pridey)
Boys Basketball	9-12	Varsity/JV/10/9	Nov 18	Ken Novak Jr. ken.novak@comcast.net
Girls Basketball	9-12	Varsity/JV/10/9	Nov 11	Tara Starks coachstarks@yahoo.com
Gymnastics	7-12	Varsity/JV	Nov 11	Emily Hogan emjo18@yahoo.com
Boys Hockey	9-12	Varsity/JV	Nov 11	Dylan Talkovic talkovicd@gmail.com
Girls Hockey	7-12	Varsity/JV	Oct 28	Ryan St. Martin hopkinsparkhockey@gmail.com
Boys Swim & Dive	7-12	Varsity/JV	Dec 2	Sam Dumford samdumford@gmail.com
Nordic Ski	7-12	Varsity/JV/7-8	Nov 11	Brett Schulze schulzebrett@gmail.com
Alpine Ski	9-12	Varsity/JV	Nov 11	Jason Langlie jasonalanglie@gmail.com
Dance Team	9-12	Varsity/JV	Oct 22	Marit Green marit.sletten@gmail.com
Wrestling	9-12	Varsity/JV	Nov 18	Ben Cousins benjamin.cousins@hopkinsschools.org

## MIDDLE SCHOOL

SPORT	GRADES	START DATE	END DATE
Boys/Girls Dance	6-8	Oct 28	Jan 13
Girls Basketball	6-8	Oct 28	Dec 20
Boys/Girls Wrestling	6-8	Oct 28	Dec 20
Boys Basketball	6-8	Jan 6	Feb 28
Boys/Girls Alpine Ski	7-8	Nov 11	Feb 11

\*\*Middle School Sports for 6-8 Grade are held 4 days a week, Monday - Thursday.

## GETTING REGISTERED

[Register Here >](#)



Registration will open on Friday, October 11, 2024.

To get registered every athlete needs to have an up-to-date physical on file (within 3 years)  
Register BEFORE the start date of your activity using the QR Code below.

Payment online or cash or check brought into the Athletic Office.

**Website:** [athletics.hopkinsschools.org](https://athletics.hopkinsschools.org)

**Insta:** [@hopkinsroyalsactivities](https://www.instagram.com/hopkinsroyalsactivities)



# HOPKINS SPRING ATHLETIC OPPORTUNITIES 2024-2025

## HIGH SCHOOL

SPORT	GRADES	LEVELS	START DATE	HEAD COACH CONTACT
Adapted Bowling	7-12	Varsity	Feb 24	Lori Komoto Lori.komoto@hopkinsschools.org
Adapted Softball	7-12	Varsity	March 10	CI - Rosinta_Wilker@rdale.org PI - Marcus@robinsathletics.com
Baseball	9-12	Varsity/JV/B/9	March 17	Jason Mihalakis jason.mihalakis@catchfire.com
Softball	7-12	Varsity/JV/B	March 10	Carl Yancy Carl.Yancy@hopkinsschools.org
Boys Golf	7-12	Varsity/JV	March 17	TBD TBD
Girls Golf	7-12	Varsity/JV	March 17	Karl Schroeder Karl.Schroeder@hopkinsschools.org
Boys Lacrosse	7-12	Varsity/JV	March 31	Evan Hylok evanjhylok@gmail.com
Girls Lacrosse	7-12	Varsity/JV/7-8	March 31	Jon Smart Jon.Smart@hopkinsschools.org
Synchronized Swim	7-12	Varsity/JV	March 3	Alex Raak alexandrraak@gmail.com
Boys Tennis	7-12	Varsity/JV	March 24	Barb Meyer coach2263@aol.com
Boys Track & Field	9-12	Varsity/JV	March 10	Nick Lovas Nick.Lovas@hopkinsschools.org
Girls Track & Field	9-12	Varsity/JV	March 10	Mitchell Schank mitchell.schank@hopkinsschools.org
Clay Target	7-12	Varsity/JV	TBD	Mark Czech czechtpt@gmail.com
Boys Volleyball	7-12	Varsity/JV	March 17	TBD TBD

## MIDDLE SCHOOL

SPORT	GRADES	START DATE	END DATE
Track & Field	6-8	March 24	May 23

## GETTING REGISTERED

*Register Here >*



Registration will open on Friday, February 14, 2024.

To get registered every athlete needs to have an up-to-date physical on file (within 3 years)

Register BEFORE the start date of your activity using the QR Code below.

Payment online or cash or check brought into the Athletic Office.

**Website:** [athletics.hopkinsschools.org](https://athletics.hopkinsschools.org)

**Insta:** [@hopkinsroyalsactivities](https://www.instagram.com/hopkinsroyalsactivities)