



SAFETY TIPS FOR ICY CONDITIONS

- **Beware of Black Ice** – Many people slip and fall on black ice, a thin coating of ice that forms on the ground when the temperature dips below freezing. Before stepping on a surface, test the area with your foot to see if it is slick.
- **Be a Defensive Walker** – Be aware of surface conditions. Walk slowly and watch your footing when getting out of your vehicle.
- **Focus** – Pay attention to each step you take. Take small steps and shuffle your feet.
- **Use Detours** – Choose your path carefully and avoid wet or icy surfaces when possible.
- **Wear Proper Footwear** – Some materials are very slippery on snow and ice. Rubber soled shoes or boots are less likely to slip on icy surfaces than leather soled shoes or high heels.
- **Use Ice Cleats** – This light weight, slip-on accessory is worn on the bottom of shoes to enhance traction in the snow and ice. A cotton sock also can be worn over shoes to safely walk over icy surfaces.