

SOUTH Elementary Sites:





ILC - Lindstrom - Foster
Jefferson - Williams

NORTH Elementary Sites:

Baxter - Pyle - Ramona
Washington - Woodruff

Secondary Site:

LF

- KEY:**
 Served Warm (Breakfast)
 Freshly Prepared
 **BUSD Freight Farm Lettuce**
 **Farm Fresh** (Locally farmed produce)



Bellflower Unified School District

December 2024

Elementary & Secondary Menu
(Breakfast & Lunch will be served at all sites)

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

Daily Choices:


























Breakfast & Lunch:
Juice and Fruit Variety

Milk Options (choose 1):

Non-fat Milk, 1% Milk,
NF Chocolate* (M & F)

Condiments:

Mustard, Ketchup, Mayo,
BBQ, Ranch & Italian
Dressing, Syrup

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  Cereal & Graham Crackers, Craisins or French Toast Sticks w/ Apple Glaze  Grilled Ham & Cheese Sandwich Butternut Squash Soup or Chicken Crisp Tacos Salsa Berry Blast Juice	3  Strawberry Elote or Egg, Cheese & Bacon Breakfast Burrito Fruit Cup  Spaghetti & Meat Sauce w/ Garlic Toast  Freight Farm Lettuce Ranch Dressing or Pull Apart Cheese Bread Marinara Sauce Cup Apple Slices	4  Cereal & Graham Crackers, Craisins or Yogurt Parfait  Orange Chicken Steamed Rice Steamed Broccoli or Beef BBQ Rib Sandwich Jicama w/Tajin Pineapple Spears	5  Turkey Sausage Breakfast Pizza or  Fresh Berry Cream Cheese Bagel Grapes Mac and Cheese Corn or Chicken Corn Dog Fresh Celery w/ Ranch Pkt  Farm Fresh Apple	6  Cereal & Graham Crackers, Craisins or Breakfast Fruit Pizza  Green Chile Beef Burrito w/ Beans or Deep Dish Cheese or Pepperoni Pizza Carrot Sticks w/ Ranch Pkt Fruit Cup
9  Cereal & Graham Crackers, Craisins or French Toast Sticks w/ Apple Glaze  Chicken Taco Salad w/Cilantro Ranch Dressing or Bean & Cheese Pupusa Salsa Orange Juice	10  Concha Variety or Turkey Sausage Sandwich Peach Cup  Chicken Broccoli Alfredo Garlic Toast  Freight Farm Lettuce Italian Dressing Pkt or Deluxe Chicken Sandwich w/ Ketchup, BBQ Pkt Apple Slices	11  Cereal & Graham Crackers, Craisins or Yogurt Parfait  Chicken Enchilada Casserole Salsa or Chicken Nuggets Jicama w/Tajin Pineapple Spears	12  Breakfast Fried Rice or  Muffin Orange Slices  Chicken Drumstick Dinner Roll Mashed Potatoes or Grilled Cheese Sandwich Cucumbers w/ Tajin Pkt  Farm Fresh Pear	13  Cereal & Graham Crackers, Craisins or Waffle w/ Banana & Syrup Pkt  Cheesy Beef Nachos Pinto Beans or Deep Dish Cheese or Pepperoni Pizza Carrot Sticks w/ Ranch Pkt Fruit Cup
16  Cereal & Graham Crackers, Craisins or French Toast Sticks w/ Apple Glaze  Grilled Ham & Cheese Sandwich Butternut Squash Soup or Chicken Crisp Tacos Salsa Berry Blast Juice	17  Strawberry Elote or Egg, Cheese & Bacon Breakfast Burrito Fruit Cup  Spaghetti & Meat Sauce w/ Garlic Toast  Freight Farm Lettuce Ranch Dressing or Pull Apart Cheese Bread Marinara Sauce Cup Apple Slices	18  Cereal & Graham Crackers, Craisins or Yogurt Parfait  Orange Chicken Steamed Rice Steamed Broccoli or Beef BBQ Rib Sandwich Jicama w/Tajin Pineapple Spears	19  Turkey Sausage Breakfast Pizza or  Fresh Berry Cream Cheese Bagel Grapes Mac and Cheese Corn or Chicken Corn Dog Fresh Celery w/ Ranch Pkt  Farm Fresh Apple	20 <p>Minimum Day</p>  Cereal & Graham Crackers, Craisins or Waffle w/ Banana & Syrup Pkt Sack Lunch
23	24	25	26	27

HAPPY
Holidays

School Closed



Winter Fruits