

# Ardsley High School

Welcome to our  
Lunch Cafe

12/2/2024 - 12/6/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Chicken & Broccoli Alfredo  
grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta 🍴  
Steamed Zucchini  
Fresh Apple

Famous Chili Cheese Fries  
golden baked potato wedges topped with chili and cheese 🍴  
Garden Salad  
Fresh Banana

Incredibowls Chicken & Vegetable Rice  
fluffy rice topped with vegetable stir fry and baked chicken 🍴  
Steamed Broccoli  
Fresh Pear

Pulled Pork Sliders  
tender pulled pork with barbecue sauce and coleslaw on a soft bun 🍴  
Homemade Carrot & Raisin Slaw  
Watermelon Slices

Cinnamon French Toast  
slices of French toast baked to perfection 🍴  
Sausage Patty  
Potato Puffs  
Fresh Apple

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



Sausage Pizza  
traditional pizza slice topped with sausage 🍴

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Buffalo Chicken Wrap  
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍴

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warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍴

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Sausage Onions & Peppers Sandwich  
Italian sausage sandwich topped with sauteed onions and peppers 🍴

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Deli Bar  
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich  
Sausage Onions & Peppers Sandwich 🍴

Available Daily: Made to Order and ALWAYS Fresh!



Crispy Chicken  
Garden Salad 🍴  
Caesar Salad 🍴  
NY Yogurt Parfait with Graham  
Crackers 🍴  
Apple Cinnamon Smoothie 🍴

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Caesar Salad 🍴  
NY Yogurt Parfait with Graham  
Crackers 🍴  
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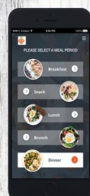
Crispy Chicken  
Garden Salad 🍴  
Caesar Salad 🍴  
NY Yogurt Parfait with Graham  
Crackers 🍴  
Apple Cinnamon Smoothie 🍴

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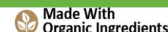
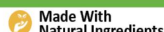
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. \* Menu is subject to change, notice posted when available. \* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. \* This institution is an equal opportunity provider.



# Ardsley High School

Welcome to our  
Lunch Cafe

12/9/2024 - 12/13/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Pasta with Meat Sauce  
*freshly cooked pasta with meat sauce* 🍴  
Spiced Roasted Green Beans w/ Parmesan  
Fresh Apple

Chicken Fajita  
*seasoned chicken sauteed corn & black bean salsa*  
Fresh Orange

BBQ Chicken Sauce & Toss  
*popcorn chicken glazed with BBQ sauce*  
Cajun Roasted Broccoli  
Fresh Banana

Nachos Grande  
*tortilla chips topped with freshly prepared mexi style meat and cheese* 🍴  
Steamed Zucchini  
Fresh Green Grapes

Nashville Hot Kickin' Chicken  
*freshly prepared chicken drizzled with hot sauce, topped with coleslaw and pickled chips* 🍴  
Buttered Corn  
Fresh Apple  
Corn Bread



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Hand Crafted Buffalo Chicken Pizza  
*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍴

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*fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp* 🍴

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Chicken Parmesan Sandwich  
*chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll*

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Reuben  
*hand crafted sandwich topped with thinly sliced deli meat, melted Swiss cheese, shredded sauerkraut and french dressing, pressed and grilled to perfection*

Deli Bar  
*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
Reuben

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*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
Reuben

Available Daily: Made to Order and ALWAYS Fresh!



Grilled Chicken and Cranberry Salad  
*Salad with chicken and dried cranberries* 🍴  
Chicken Caesar Salad 🍴  
Fruity Granola Parfait 🍴  
Dinner Rolls

Crispy Chicken Garden Salad  
*fresh garden salad topped with baked crispy chicken and served with dinner roll(s)* 🍴  
NY Fruity Yogurt Parfait with Granola  
*local NY low fat vanilla yogurt topped with strawberries, blueberries, and granola* 🍴

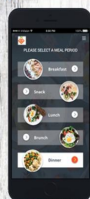
Grilled Chicken and Cranberry Salad  
*Salad with chicken and dried cranberries* 🍴  
Chicken Caesar Salad 🍴  
Fruity Granola Parfait 🍴  
Dinner Rolls

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*Salad with chicken and dried cranberries* 🍴  
Chicken Caesar Salad 🍴  
Fruity Granola Parfait 🍴  
Dinner Rolls

Grilled Chicken and Cranberry Salad  
*Salad with chicken and dried cranberries* 🍴  
Chicken Caesar Salad 🍴  
Fruity Granola Parfait 🍴  
Dinner Rolls



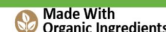
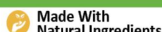
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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# Ardsley High School

Welcome to our  
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12/16/2024 - 12/20/2024



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Homemade Mac & Cheese  
*pasta in cheese sauce, garnished with parsley*  
Green Beans  
Fresh Apple

Tot Spot's Loaded Tater Tots  
*crispy tater tots topped with creamy cheese sauce and bacon with a sour cream and scallion garnish*  
Orange Glazed Carrots  
Fresh Strawberries

Homemade Pasta & Meatballs  
*freshly baked meatballs with tomato sauce over pasta*  
Spinach Salad  
Fresh Banana

Crispy Tacos  
*homemade spicy taco meat inside a crispy taco shell topped with cheese*  
Sweet Corn  
Cucumber Coins  
Fresh Orange

Yard Bird Classic Chicken Sandwich  
*a delicious chicken filet on a hearty bun, served with special sauce and a pickle*  
Fresh Orange



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



BBQ Chicken Pizza  
*freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion*

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*freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion*

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



South of the Border Wrap  
*warm chicken, seasoned rice, and cheddar cheese wrapped in a tortilla*

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar  
*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
Toasty Garlic Mozzarella Sandwich with Tomato

Deli Bar  
*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
Balsamic Glazed Vegetable Sandwich

Deli Bar  
*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
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*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
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*an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich*  
Balsamic Glazed Vegetable Sandwich

Available Daily: Made to Order and ALWAYS Fresh!



Chicken Caesar Salad  
*fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls*

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NY Fruity Yogurt Parfait with Granola  
*local NY low fat vanilla yogurt topped with strawberries, blueberries, and granola*

Fruity Granola Parfait

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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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# Ardsley High School

Welcome to our  
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12/23/2024 - 12/27/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



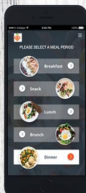
Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Available Daily: Made to Order and ALWAYS Fresh!



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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# Ardsley High School

Welcome to our  
Lunch Cafe

12/30/2024 - 12/31/2024

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



LET'S CELEBRATE!



LET'S CELEBRATE!

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



LET'S CELEBRATE!

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



LET'S CELEBRATE!

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along



LET'S CELEBRATE!



Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain



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