

# COMMUNITY DAY CHARTER SCHOOL

**Breakfast Meal Pattern Requirements**  
 Milk: 8 oz.  
 Fruit or Veg: 1c/8oz.  
 Grain: 2oz.

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**Lunch Meal Pattern Requirements**  
 Milk: 8 oz.  
 Fruit: 1c/8oz  
 Veg: 1c/8oz.  
 Grain: 2oz.  
 Protein: 2oz.

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Allergy meals will not contain whole eggs, dairy, and items listed below.

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Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

| MONDAY                                                                                                                                           | TUESDAY                                                                                                                        | WEDNESDAY                                                                                                                                 | THURSDAY                                                                                                                                | FRIDAY                                                                                                                |
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| <h1>DECEMBER 2024</h1>                                                                                                                           |                                                                                                                                |                                                                                                                                           |                                                                                                                                         |                                                                                                                       |
| <b>DECEMBER 2</b>                                                                                                                                | <b>DECEMBER 3</b>                                                                                                              | <b>DECEMBER 4</b>                                                                                                                         | <b>DECEMBER 5</b>                                                                                                                       | <b>DECEMBER 6</b>                                                                                                     |
| <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk        | <b>Breakfast:</b> Corn Muffins, Apple Slices, Milk<br><b>Lunch:</b> Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk         | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk            | <b>Breakfast:</b> Pancakes, Oranges, Milk<br><b>Lunch:</b> Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk     | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk |
| <b>DECEMBER 9</b>                                                                                                                                | <b>DECEMBER 10</b>                                                                                                             | <b>DECEMBER 11</b>                                                                                                                        | <b>DECEMBER 12</b>                                                                                                                      | <b>DECEMBER 13</b>                                                                                                    |
| <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> American Chop Suey, Broccoli, Pears, Milk                    | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk    | <b>Breakfast:</b> Banana Bread, Oranges, Milk<br><b>Lunch:</b> Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk |
| <b>DECEMBER 16</b>                                                                                                                               | <b>DECEMBER 17</b>                                                                                                             | <b>DECEMBER 18</b>                                                                                                                        | <b>DECEMBER 19</b>                                                                                                                      | <b>DECEMBER 20</b>                                                                                                    |
| <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk                     | <b>Breakfast:</b> Muffin Tops, Apple Slices, Milk<br><b>Lunch:</b> Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk | <b>Breakfast:</b> Banana Bread, Oranges, Milk<br><b>Lunch:</b> Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk         | <b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk<br><b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk |
| <b>DECEMBER 23</b>                                                                                                                               | <b>DECEMBER 24</b>                                                                                                             | <b>DECEMBER 25</b>                                                                                                                        | <b>DECEMBER 26</b>                                                                                                                      | <b>DECEMBER 27</b>                                                                                                    |
| <h2>HOLIDAY BREAK</h2>                                                                                                                           |                                                                                                                                |                                                                                                                                           |                                                                                                                                         |                                                                                                                       |

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider