

Pre-K Lunch

*Pre-K School
Lunch Menu
Fall 2024*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Nov 25	Nov 26	Nov 27	Nov 28	Nov 29
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> RPS Burger Potato Wedges Mandarin Oranges Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mini Mozz Bites Marinara Cup Green Beans Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> <i>Thanksgiving Break</i> <i>RPS Closed</i> 	<ul style="list-style-type: none"> <i>Thanksgiving Day</i> <i>RPS Closed</i> 	<ul style="list-style-type: none"> <i>Thanksgiving Break</i> <i>RPS Closed</i>
<i>Week 2</i>	Dec 2	Dec 3	Dec 4	Dec 5	Dec 6
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> Crispy Chicken Sandwich Potato Wedges Frosty Peaches Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Taco Seas. Beef w/ Tortilla Chips Ranchero Beans Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Sweet & Sour Chicken Rice Bowl Seasoned Green Beans Chilled Pears Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mac & Cheese Seasoned Broccoli Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Big Daddy's Pizza Seasoned Corn Chilled Pineapple Unflavored Low-Fat Milk
<i>Week 3</i>	Dec 9	Dec 10	Dec 11	Dec 12	Dec 13
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> Hot Dog Seasoned Corn Mandarin Oranges Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Pizza Dippers Marinara Cup Green Beans Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Chicken Nuggets Steamed Broccoli Applesauce Cups Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Turkey Croissant Seasoned Carrots Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Big Daddy's Pizza Seasoned Corn Frosty Mixed Berries Unflavored Low-fat Milk

Additional Daily Entree Option

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Nutrition Bites

Celebrate the season with sweet potatoes, Virginia's harvest of the month! Packed with fiber, vitamins A and C, and a natural hint of sweetness, they're a delicious addition to your plate. Look for these nutrient-packed root veggies at your local farmer's market or store this season!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request