

## SPECIALIST CHOICE BOARD

## Pick **ONE** activity for the special(s) you have today!



	K	1	2	3	4	5
Art	<ol> <li>Draw a picture of a favorite toy.</li> <li>Draw a picture of the weather outside.</li> <li>Draw a picture of your favorite summer activity.</li> </ol>	<ol> <li>Draw your favorite character from a book.</li> <li>Draw a picture of your favorite animal and the place it lives.</li> <li>Draw a plate filled with your favorite foods. Don't forget dessert.</li> </ol>	<ol> <li>Use your imagination to create a new animal that combines features from at least 3 different animals.</li> <li>Draw and color a picture that uses only warm or cool colors.</li> <li>Make an abstract drawing using different types of lines.</li> </ol>	<ol> <li>Use items from around the house to create a sculpture.</li> <li>Create a color wheel using items you find from around your home.</li> <li>Create a self-portrait of how you're feeling today.</li> </ol>	<ol> <li>Find an item or toy and make a still-life drawing of it.</li> <li>Create a new kind of candy. Draw, color, and name it.</li> <li>Create a monster and draw it lives.</li> </ol>	<ol> <li>Create a comic or drawing that tells a story. Add speech bubbles.</li> <li>Transform something from your recycling bin into artwork.</li> <li>Create a new animal species using body parts of at least 5 different creatures.</li> </ol>
Music	<ul> <li>1.Play any song and tap a steady beat on 6 different places on your body. Steady beat doesn't change!</li> <li>2. Sing to a stuffed animal a bedtime song in a quiet singing voice.</li> </ul>	<ol> <li>Read a story using your singing voice.</li> <li>March a steady beat to your favorite music.</li> </ol>	<ol> <li>Create musical instrument from a household item and play it along with your favorite song.</li> <li>Choose a song and draw a picture inspired by it.</li> </ol>	<ol> <li>Find a song, sing along and create a dance routine for it.</li> <li>Choose a song and draw a picture inspired by it.</li> </ol>	<ol> <li>Find 10 items around your home that could be used as music instruments, play them along with a song.</li> <li>Choose a song and draw a picture inspired by it.</li> </ol>	<ol> <li>Find 10 items around your home that could be used as music instruments, play them along with a song.</li> <li>Choose a song and draw a picture inspired by it.</li> <li>Practice a musical instrument or recorder for 10 minutes.</li> </ol>
P.E.	<ol> <li>Create your own obstacle course.</li> <li>1 minute Challenges-how many can you do?         <ul> <li>Mountain climbers</li> <li>Jumping Jacks</li> <li>Burpees</li> </ul> </li> </ol>	<ol> <li>Create your own obstacle course.</li> <li>1 minute Challenges-how many can you do?         <ul> <li>Mountain climbers</li> <li>Jumping Jacks</li> <li>Burpees</li> </ul> </li> </ol>	<ul> <li>1.Create your own obstacle course.</li> <li>2. 1 minute Challenges-how many can you do?</li> <li>-Mountain climbers</li> <li>-Jumping Jacks</li> <li>-Burpees</li> </ul>	<ol> <li>Create your own obstacle course.</li> <li>1 minute Challenges-how many can you do?</li> <li>-Mountain climbers</li> <li>-Jumping Jacks</li> <li>-Burpees</li> </ol>	<ol> <li>Create your own obstacle course.</li> <li>1 minute Challenges-how many can you do?</li> <li>-Mountain climbers</li> <li>-Jumping Jacks</li> <li>-Burpees</li> </ol>	<ol> <li>Create your own obstacle course.</li> <li>1 minute Challenges-how many can you do?         <ul> <li>Mountain climbers</li> <li>Jumping Jacks</li> <li>Burpees</li> </ul> </li> </ol>