

December 2024

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast is Offered Daily

Assorted Cereal

Assorted Muffins or Cinnamon Buns

Fruit Juice & Milk Included

Your Complete Lunch will Include:

1. Start with at least One Fruit or Vegetable
 - Assorted Fresh & Canned Fruit
 - Fresh Rainbow Vegetable Tray
 - Baby Carrots
 - Hot Vegetable of the Day
2. Choose One Daily Menu Entrée Items:
In addition offered daily:
 - Chef Salad
 - Boar's Head Deli Sandwiches
 - Smucker's PBJ
 - Bagel & Yogurt Plate
3. Choose One 8 oz. Milk
 - Low-Fat White or Flavored Milk

Featured Specials of the Day

Monday, December, 2

Dutch Waffle w/turkey sausage

Turkey & Cheese Sandwich

Hash Brown Potato

Strawberry Cup

Tuesday, December 3

Chicken Nuggets w/dinner roll

Ham & Cheese Sandwich

Sweet Potato Fries

Vegetable Dragon Juice

Wednesday, December 4

Pasta w/meat sauce

Turkey & Cheese Sandwich

Fresh Steamed Broccoli

Thursday, December 5

Chicken w/gravy & Dinner Roll

Ham & Cheese Sandwich

Mashed Potatoes

Green Beans

Friday, December 6

Big Daddy Cheese Pizza

Turkey & Cheese Sandwich

Mixed Green Salad

Did You Know

Meal Applications may be submitted at anytime.
You may apply online at: www.linqconnect.com
or email Cindy Brooks at: Seymourschools.org

Reminder: Students who qualify for Reduced-Price
Meals will receive free breakfast & lunch

It is never too late to apply

Holiday Honors

At this Holiday season, we'd like to say thanks
to the men and women of the Police Department,
Fire Department, and Emergency Medical Services
who protect and save our lives every day
throughout the year.



**Please see reverse for
items available daily**

Featured Specials of the Day

Monday, December 9

French Toast Sticks w/turkey sausage
Turkey & Cheese Sandwich
Hash Brown Potato
Mixed Berry Cup

Tuesday, December 10

Tacos w/lettuce, tomato, cheese
Ham & Cheese Sandwich
Corn

Wednesday, December 11

Mozzarella Sticks w/marinara sauce
Turkey & Cheese Sandwich
Fresh Steamed Green Beans

Thursday, December 12

Mandarin Orange Chicken
Ham & Cheese Sandwich
Brown Rice
Broccoli

Friday, December 13

Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Mixed Green Salad

Featured Specials of the Day

Monday, December 16

Philly Steak w/cheese
Turkey & Cheese Sandwich
Oven Fries

Tuesday, December 17

Chicken Nuggets w/dinner roll
Ham & Cheese Sandwich
Sweet Potato Fries
Corn

Wednesday, December 18

Snow Flake Waffle
Turkey Sausage Patty
Turkey & Cheese Sandwich
Hash Brown Potato

Thursday, December 19

Big Daddy Cheese Pizza
Ham & Cheese Sandwich
Mixed Green Salad

Friday, December 20

Mozzarella Sticks w/marinara sauce
Turkey & Cheese Sandwich
Green Beans

*Our best wishes for
a safe and happy
Holiday season
for our students
and staff, our
families, our
community,
and our
nation.*



*From Cindy Brooks, Food Services Director
& the School Nutrition Staff at your school*



**Last day of school:
Friday, December 20**

**Classes resume:
Thursday, January 2**