

December 2024

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast is Offered Daily

Assorted Cereal

Assorted Muffins or Cinnamon Buns

Fruit Juice & Milk Included

Your Complete Lunch will Include:

1. Start with at least One Fruit or Vegetable
 - Assorted Fresh & Canned Fruit
 - Fresh Rainbow Vegetable Tray
 - Baby Carrots
 - Hot Vegetable of the Day
2. Choose One Daily Menu Entrée Items:
In addition offered daily:
 - Chef Salad
 - Boar's Head Deli Bar
 - Smucker's PBJ
 - Assorted Pizza
3. Choose One 8 oz. Milk
 - Low-Fat White or Flavored Milk

Featured Specials of the Day

Monday, December 2

Cheeseburger on bun

Lettuce, Tomato, Pickles

Potato Puffs

Tuesday, December 3

Chicken Tenders w/ dinner roll

Sweet Potato Fries

Wednesday, December 4

Cheese Pizza Crunchers w/marinara sauce

Fresh Steamed Broccoli

Thursday, December 5

Chicken w/gravy

Mashed Potatoes

Green Beans

Dinner Roll

Friday, December 6

Chicken Quesadilla w/ sour cream & salsa

Brown Rice

Corn

Did You Know

Meal Applications may be submitted at anytime.
You may apply online at: www.linqconnect.com
or email Cindy Brooks at: Seymourschools.org

Reminder: Students who qualify for Reduced-Price
Meals will receive free breakfast & lunch

It is never too late to apply

Holiday Honors

At this Holiday season, we'd like to say thanks
to the men and women of the Police Department,
Fire Department, and Emergency Medical Services
who protect and save our lives every day
throughout the year.



**Please see reverse for
items available daily**

Fe

Monday, December 9

Chicken Filet on bun
Lettuce, Tomato, Pickles
Potato Puffs

Tuesday, December 10

Tacos w/lettuce, tomato, cheese,
salsa, sour cream
Corn

Wednesday, December 11

Cheese Pizza Crunchers w/marinara sauce
Fresh Steamed Broccoli

Thursday, December 12

Chicken Nuggets w/dinner roll
Mashed Potatoes
Green Beans

Friday, December 13

Meatball Grinder w/mozzarella cheese
Oven Fries

Featured Specials of the Day

Monday, December 16

Mandarin Orange Chicken
Brown Rice
Broccoli Florets

Tuesday, December 17

Cheeseburger on bun
Lettuce, Tomato, Pickles
Oven Fries

Wednesday, December 18

Mozzarella Sticks w/marinara sauce
Fresh Steamed Green Beans

Thursday, December 19

Chicken Filet on bun
Lettuce, Tomato, Pickles
Potato Puffs

Friday, December 20

Dutch Waffle w/syrup
Turkey Sausage Patty
Hash Brown Potato
Mixed Berries Cup

*Our best wishes for
a safe and happy
Holiday season
for our students
and staff, our
families, our
community,
and our
nation.*



*From Cindy Brooks, Food Services Director
& the School Nutrition Staff at your school*



**Last day of school:
Friday, December 20**

**Classes resume:
Thursday, January 2**