



KILGORE MIDDLE SCHOOL LUNCH

JANUARY 2025

Menu subject to change based on food availability. Water available at no charge at every meal. Variety of milk offered at meal service.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 NEW YEAR'S BREAK! NO SCHOOL!	2 NEW YEAR'S BREAK! NO SCHOOL!	3 NEW YEAR'S BREAK! NO SCHOOL!
6 STAFF DEVELOPMENT! NO SCHOOL!	7 STAFF DEVELOPMENT! NO SCHOOL!	8 Entrée choice Spaghetti w/meat sauce Mega meat pizza <u>Grain/Vegetable/Fruit Choice:</u> Garlic breadstick Roasted ranch broccoli Honey dill baby carrots Diced apricots or Raisins	9 Entrée choice Breaded drumsticks Steak strips Buffalo chicken baked potato <u>Grain/Vegetable/Fruit Choice:</u> Honey wheat roll Sweet potato fries Pepper slaw Diced apricots or Raisins	10 Entrée choice Hamburger Cheeseburger <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Baked beans Veggie sticks Diced apricots or Raisins
		13 Entrée choice Bacon swiss chicken sandwich Spicy grilled cheese sandwich <u>Grain/Vegetable/Fruit Choice:</u> Potato tots Spicy cucumber salad Tajin grapefruit or Craisins	14 Entrée choice Turkey barbacoa flautas Pork carnitas quesadilla Popcorn chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Seasoned pinto beans Honey dill baby carrots Tajin grapefruit or Craisins	15 Entrée choice Chicken alfredo pasta Thin crust supreme pizza <u>Grain/Vegetable/Fruit Choice:</u> Garlic breadstick Fresh mixed greens salad Sweet corn Tajin grapefruit or Craisins
20 MARTIN LUTHER KING JR. DAY! NO SCHOOL!	21 Entrée choice Soft tacos (shredded beef or turkey) Cilantro chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Zesty black beans Roasted ranch broccoli Apple or Happy New Year Italian ice	22 Entrée choice Pasta w/chicken meatballs <i>Served w/breadstick</i> Thin crust pepperoni pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Baby carrot sticks Apple or Happy New Year Italian ice	23 Entrée choice Chicken tenders Steak strips Chicken tinga baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit Fresh broccoli salad Crunchy chick peas Apple or Happy New Year Italian ice	24 Entrée choice BBQ pulled pork sandwich BBQ chicken sandwich Spicy tuna sandwich <i>w/pickled veggies</i> <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Veggie sticks Apple or Happy New Year Italian ice
27 Entrée choice Boneless chicken wings Nashville hot chicken <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and cheese Baby carrot sticks Broccoli salad Orange or Strawberry banana applesauce	28 Entrée choice Beef grande nachos Chicken/cheese quesadilla Turkey bacon salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Refried beans Ranch roasted broccoli Orange or Strawberry banana applesauce	29 Entrée choice Chicken spaghetti <i>Served w/breadstick</i> French bread cheese pizza <u>Grain/Vegetable/Fruit Choice:</u> Spicy cucumber salad Sweet corn Orange or Strawberry banana applesauce	30 Entrée choice General Tso's chicken noodle bowl Steak strips BBQ pork baked potato <u>Grain/Vegetable/Fruit Choice:</u> Cornbread star Cauliflower salad Roasted green beans w/bacon Orange or Strawberry banana applesauce	31 Entrée choice Bulldog steak sandwich Spicy bulldog steak sandwich Pizza burger <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Veggie sticks Orange or Strawberry banana applesauce