




KILGORE HIGH SCHOOL LUNCH

JANUARY 2025

Menu subject to change based on food availability. Water available at no charge at every meal. Variety of milk offered at meal service.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		NEW YEAR'S BREAK! NO SCHOOL!	NEW YEAR'S BREAK! NO SCHOOL!	NEW YEAR'S BREAK! NO SCHOOL!
6	7	8	9	10
STAFF DEVELOPMENT DAY! NO SCHOOL! 	STAFF DEVELOPMENT DAY! NO SCHOOL!	8 Entrée choice Spaghetti w/meat sauce <i>Served w/breadstick</i> Mega meat pizza Buffalo chicken pizza <u>Grain/Vegetable/Fruit Choice:</u> Ranch roasted broccoli Sweet corn Diced apricots or Craisins	9 Entrée choice Sweet & sour chicken fried rice Steak strips Buffalo chicken baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit Honey dill baby carrots Roasted green beans w/bacon Diced apricots or Craisins	10 Entrée choice Hamburger Cheeseburger Spicy tuna sandwich w/pickled veggies <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Baked beans Spicy cucumber salad Diced apricots or Craisins
13	14	15	16	17
13 Entrée choice Parmesan ranch chicken sammie Spicy grilled cheese sandwich <u>Grain/Vegetable/Fruit Choice:</u> Garden salsa sunchips Potato tots Baby carrot sticks Tajin grapefruit or Raisins	14 Entrée choice Street tacos (pork, chicken, lentil) Turkey bacon chef salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Seasoned pinto beans Honey dill baby carrots Tajin grapefruit or Raisins	15 Entrée choice Chicken alfredo pasta <i>w/breadstick</i> Thin crust supreme pizza French bread cheese pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh broccoli salad Sweet corn Tajin grapefruit or Raisins	16 Entrée choice Breaded chicken drumsticks TX beef chimichurri rice bowl TX no meat chili baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked cornbread Sweet potato fries Roasted green beans w/bacon Tajin grapefruit or Raisins	17 Entrée choice K filet chicken sandwich Spicy chicken filet sandwich Deluxe fish sandwich <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Creamy coleslaw Tajin grapefruit or Raisins
20	21	22	23	24
MARTIN LUTHER KING JR DAY! NO SCHOOL!	21 Entrée choice Soft tacos (shredded beef or turkey) Cilantro chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Zesty black beans Roasted ranch broccoli Apple or Happy New Year Italian ice	22 Entrée choice Pasta w/chicken meat balls <i>Served w/breadstick</i> Thin crust pepperoni pizza Selfie cheese pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh mixed greens salad Chili lime baby carrots Apple or Happy New Year Italian ice	23 Entrée choice General Tso's chicken noodle bowl Chicken pot sticker dumplings BBQ pulled pork baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked biscuit Honey dill baby carrots Asian vegetable blend Apple or Happy New Year Italian ice	24 Entrée choice BBQ pulled pork sandwich BBQ chicken sandwich <u>Grain/Vegetable/Fruit Choice:</u> Seasoned fries Veggie sticks Apple or Happy New Year Italian ice
27	28	29	30	31
27 Entrée choice Spicy meatball sub sammie Turkey croissant sandwich <u>Grain/Vegetable/Fruit Choice:</u> Harvest cheddar sunchips Cauliflower salad Potato tots Orange or Strawberry banana applesauce	28 Entrée choice Beef nacho grande Chicken/cheese quesadilla Popcorn chicken salad w/sunchips <u>Grain/Vegetable/Fruit Choice:</u> Spanish rice Refried beans Roasted green beans w/bacon Orange or Strawberry banana applesauce	29 Entrée choice Chicken spaghetti <i>Served w/breadstick</i> Selfie pepperoni Thin crust veggie pizza <u>Grain/Vegetable/Fruit Choice:</u> Fresh broccoli salad Ranch baby carrots Orange or Strawberry banana applesauce	30 Entrée choice Chicken wings Steak strips Chicken tinga baked potato <u>Grain/Vegetable/Fruit Choice:</u> Fresh baked maple biscuit Sweet corn Celery & carrot sticks Orange or Strawberry banana applesauce	31 Entrée choice Bulldog steak sandwich Spicy bulldog steak sandwich Pizza burger <u>Grain/Vegetable/Fruit Choice:</u> Shoestring fries Veggie sticks Orange or Strawberry banana applesauce