

December Menu

2024

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
2	3	4	5	6
Grilled Cheese Sandwich EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola	Baja Fish Taco with Tortilla Chips Chicken Tenders Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Baked Potato with Cheese Sauce & Toppings Chicken Corndog (Nitrate free) Yogurt & Granola	Penne Pasta with Grass Fed Organic Beef Bolognese EUSD Cheese Pizza EUSD BBQ Chicken Pizza Oatmeal Benefit Bar & String Cheese	Brunch for Lunch (French Toast & Grass Fed Pork Sausage) Mozzarella Breadsticks & Marinara Yogurt & Granola Fresh Baked Celebration Cookie
9	10	11	12	13
Pasta with Butter Parmesan Sauce & Garlic Bread EUSD Cheese Pizza EUSD Margarita Pizza Yogurt & Granola	Crunchy Grass Fed Organic Beef Taco Crispy Chicken Sandwich Impossible Burger (plant-based patty) Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Cheese Quesadilla Chicken & Waffles Yogurt & Granola	Fiesta Nachos with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & String Cheese	Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Homemade Macaroni & Cheese Yogurt & Granola Fresh Baked Sugar Cookie
16	17	18	19	<p align="center">Winter Break (December 20- January 3)</p>
Spaghetti with EUSD Marinara & Garlic Bread EUSD Cheese Pizza EUSD Pineapple Pizza Yogurt & Granola Whole fruit Popsicle	Grass Fed Carne Asada Taco Chicken Tenders Boar's Head Hummus & Pretzels , Granola Bar & String Cheese	Grilled Cheese Sandwich Orange Chicken with Organic Brown Rice Yogurt & Granola Fortune Cookie	Chik'n Nuggets (plant-based) & Oven Baked French Fries EUSD Cheese Pizza EUSD Sausage & Pepperoni Pizza Oatmeal Benefit Bar, String Cheese & Fruit Smoothie	

Daily Salad Bar:
Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: California Grown Halos & Locally Grown Snap Peas
Tuesdays: Locally Grown Sliced Apples & Celery
Wednesdays: Pineapple Chunks & Locally Grown Dassi Family Farm Cucumbers
Thursdays: Locally Grown Persimmons & Jicama Sticks
Fridays: Locally Grown Sliced Oranges

Various dressings are offered daily including a option.



Meals are FREE for all EUSD Students
Adults & Visitors:
\$6.00 for Lunch,
\$4.00 for Breakfast

Contains Pork:
Gluten Free:
Scratch-made:
Vegetarian:

Breakfast Menu

Breakfast is served daily before school. Breakfast includes a choice of 1 entrée, fruit, yogurt, milk, and string cheese. Smoothies are offered Fridays as a side.

Monday:
-Banana Bread
-Blueberry Oat Bar
-Assorted Cereal

Tuesday:
-Maple Belgian Waffle
-Pancake Bites
-Assorted Cereal

Wednesday:
-Fresh Baked Chocolate Chip Scone
-Breakfast Sandwich (Chicken Sausage, Egg & Cheese on English Muffin)
-Assorted Cereal

Thursday:
-Scratch-made Chocolate Chip Muffin
-Blueberry Oat Bar
-Assorted Cereal

Friday:
-Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese)
-Hidden Foods Mini Sprinkle Cake Muffins
-Assorted Cereal

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve GF items, but our kitchens are not GF facilities.
- Plant-based menu/Vegan options available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing)
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

****Menus are subject to change without notice****
This institution is an equal opportunity provider.