## **Upland Unified School District**

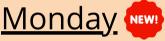


## breakfast daily

Whole Grain Breakfast Bread Variety

Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

## breakfast specials



Chicken Waffle Sandwich <u>Wednesday</u>

Egg & Cheese Tamale or Three Cheese Turkey Sausage Burrito

<u>Friday</u>

Pancakes or Waffles & Turkey Sausage

Local Farm-Fresh Seasonal Fruit & Veggies Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)





\*Menu subject to change \*This institution is an equal opportunity provider and employer"

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+	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
served daily	2 Chicken Strips & Chips crispy chicken strips reduced-fat chips	<b>3 Teriyaki Chicken</b> served over brown rice fortune cookie asian salad bar	<b>4 Bean and Cheese</b> <b>Pupusa</b> warm, corn masa filled with beans and cheese	5 National Comfort Food Day chicken parmesan	<b>6</b> Hot Dog juicy jennie-o turkey hot dog on a whole grain hot dog bun
Farm Fresh Salad Bar is Offered Daily	american salad bar		taco salad bar	pizza crackers seasonal salad bar	american salad bar
Local Driftwood Dairy California Milk 1% White Milk or Non-Fat	9 <i>Mational Pastry</i> Day chicken tamale pan dulce taco salad bar	10 Turkey Pepperoni Calzone seasonal salad bar	<b>11</b> Mini Corn Dogs served with a variety of condiments american salad bar	12 Grilled Chicken Burger served on a brioche bun sandwich salad bar	13 Chicken & Cheese Quesadilla fiesta salad bar
Chocolate Milk (Lunch Only)	16 Orange Chicken served over brown rice fortune cookie asian salad bar	17 <i>Maple Syrup</i> Day chicken drumstick maple waffle breakfast salad bar	<b>18 Mozzarella Sticks</b> served with warm marinara sauce american salad bar	<b>19 Chicken Alfredo</b> <b>Pasta</b> land o' lakes alfredo sauce penne pasta snickerdoodle cookie seasonal salad bar	20 Chef's Choice
<ul> <li>New item</li> <li>Outsubfarmtoschool</li> <li>Outsubfarmtoschool</li> <li>Outsubfarmtoschool</li> </ul>					