LUNCHPAD

Council Rock Lunch Menu DECEMBER 2024

Vegetable Options: Cucumbers, Baby Carrots, Side Salad

Fruit Options: Banana, Orange, Assorted Apples, Peaches, Pears, Mixed Fruit, Grapes

Lunch Prices

Milk Options: 1% Low-fat Milk, Chocolate Fat-Free Milk A variety of assorted 100% fruit juices are available daily

A Program meal must include food from at least 3 food groups. 1 item must be $\frac{1}{2}$ cup of vegetables, $\frac{1}{2}$ cup of fresh fruit, or 100% fruit juice to follow USDA guidelines for the NSLP.

Paid: \$3.35				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Orange Chicken with Brown Rice	J Doritos Walking Taco with Beef & a Cinnamon Churro	4 Chicken Parmesan Flatbread	5 Fiery Jalapeno Cheddar Burger with Fries	6 Buffalo Chicken Ranch Wrap with Fries
Boneless Chicken Wings Red Pepper Strips, Mixed Fruit, Orange Wedges	Mini Corn Dogs Pinto Beans, Zucchini, Peaches, Apples	Mozzarella Pizza Crunchers (V) Baby Carrots, Broccoli, Pears, Bananas	Spicy Popcorn Chicken Rainbow Veggie Blend, Celery, Applesauce, Pears	Grilled Cheese Sandwich (V) Side Salad, Baby Carrots, Apricots, Apples
Chicken Patty Sandwich with CRSD Sauce & Pickles	TACO TUESDAY 1 O Turkey Barbacoa Soft Tacos	Chicken & Veggie 기 Dumplings w/ General Tso Sauce & Veggie Fried Rice	72 French Toast Sticks (V) with or without Sausage	73 Chicken Drumstick w/Mashed Potatoes & Biscuit
Boneless Chicken Wings Baby Carrots, Broccoli, Bananas, Apples, Orange Wedges	Mini Corn Dogs Baby Carrots, Red Pepper, Cucumber Slices, Banana Applesauce, Pears	Mozzarella Pizza Crunchers (V) Garbanzo Beans, Peas, Peaches, Apples	Spicy Popcorn Chicken Baby Carrots, Cucumber Slices, Celery, Apples, Pears, Applesauce	Grilled Cheese Sandwich (V) Side Salad, Cucumber Slices, Apricots, Apples
16 Buffalo Popcorn Chicken	17 Tater Tot Beef Nachos	18 Popcorn Chicken Mashed	79 Waffle Bar (V)	20 Spaghetti Marinara with
with Mac & Cheese Boneless Chicken Wings Baby Carrots, Cucumber Slices, Peas, Mixed Fruit, Apples, Orange Wedges	Mini Corn Dogs Baby Carrots, Mexican Street Corn, Cucumber Slices, Pears, Apples	Potato Bowl Mozzarella Pizza Crunchers (V) Peas, Celery, Red Pepper, Bananas, Pears	with or without Sausage Spicy Popcorn Chicken Garbanzo Beans, Broccoli Red Pepper, Applesauce, Pears, Orange Wedges	Meatballs & Texas Toast Grilled Cheese Sandwich (V) Rainbow Veggie Blend, Baby Carrots, Cucumber Slices, Apricot, Banana
23	24	25	26	27
SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
30 school closed To See our Gluten-	37 SCHOOL CLOSED	Featured Salads Monday: Turkey Ch Tuesday: Popcorn		Turkey & Cheese Wrap, Mayonnaise Simple Egg

EVERYDAY MFNII

Free Menu

Scan Here

Gril

- Chicken Patty Sandwich
- Spicy Chickon Sandwick
- Cheeseburger
- Chicken Tenders with Roll

Monday: Tuesday: Wednesday: Thursday: Friday: Turkey Chef Popcorn Chicken Beef Nacho Buffalo Chicken Chef Salad

Pizza

- Cheese Pizza
- Pepperoni Pizza
- Specialty Pizza

Week of 2nd – Sausage
Week of 9th – Jerk Chicken LTO
Week of 16th – Buffalo Chicken

Pizza Pizza

Salad With Egg

Limited Time Offer December 9th – 13th

Salad, Sandwich Homemade Tuna Salad,

Daily Salad Options:

V: Lacto-ovo Vegetarian. May contain milk and/or eggs